

# Supporting Carers in Telford and Wrekin

## Draft All Age Carers Strategy Summary 2024-2029



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Welcome to Telford and Wrekin's All Age Carers Strategy Summary, which sets out our vision for the next five years.

### The Vision

Our vision remains, and continues to be, that carers are recognised and valued by the wider community and statutory agencies, for the significant support and care they provide to vulnerable adults, children, and young people across the borough of Telford and Wrekin.

Our priorities for the All Age Carers Strategy is to work together so that as many carers as possible are informed, involved, valued and receive timely and appropriate support when needed.

Prevention and early intervention are key factors to help avoid the need for care and support, including information and advice, supporting with mental health and wellbeing, promoting healthy and active lifestyles, and reducing loneliness and isolation.

The All Age Carers Strategy is a commitment to providing services for family carers of all ages: We recognise the term 'carers' in this strategy summary will include young carers, parent carers and carers for adults.

## Facts and figures

In Telford and Wrekin we know that 1 in 10 of the borough's population (10.6%, 18,026 people) reported that they were providing unpaid care in 2021. This was greater than the proportion for England (8.9%) and the West Midlands (9.6%) and was the 10th highest proportion of all upper tier local authorities England.

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## Key areas of focus

From the information gathered in the engagement, four key areas were identified as key areas of focus:

- 1 further develop the all age approach to supporting carers across the borough;
  - 2 empower and co-produce with carers to drive change across the borough;
  - 3 support carers to have good physical, mental health and wellbeing;
  - 4 work in partnership with carers and the wider community to promote a carer friendly borough.
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## Next Steps

To support the delivery of this strategy an action plan will be developed. This action plan will be co-produced with carers, experts by experience and professionals through the Carers Network. Children's Services will also continue to promote the work with parent carers through the short breaks forum.

Updates and progress of the action plan will be reported to the Health and Wellbeing Board, Telford and Wrekin Integrated Place Partnership and the Shropshire, Telford and Wrekin Integrated Care Board.



**Successful implementation – carers and partners will know the strategy has been implemented when carers say they feel;**

- *'recognised and valued'*
- *'have a life of their own'*
- *'feel supported to maintain their physical and mental health and wellbeing'*
- The Carers Centre is said to be the 'go to' place all things carer related and that carers would recommend the younger adult carer support services to other carers.

**Successful implementation – carers and partners will know the strategy has been implemented when;**

- there is an increase in the numbers of carers on the carers register, which leads to an increase in the number of carers accessing carers services across the borough i.e. CVS
  - carers feel Telford and Wrekin is more *'carer friendly'*
  - organisations have used the All Age Carers Strategy for Telford and Wrekin to inform their policy and procedures and the way they work with carers or potential carers to improve carers lives.
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