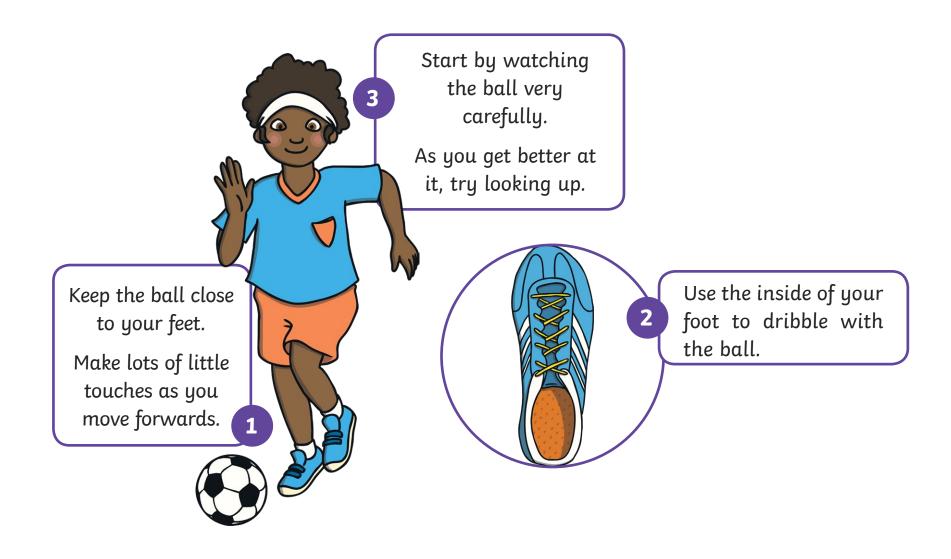
In football you move with the ball (dribble) by using your feet to kick the ball.





Practise dribbling with both your left and your right foot.

If the ball runs away, you can get control of it again by placing your foot on the ball.