



Youth Health Champion Volunteering Role Description

Volunteer role: (Job title)	Youth Health Champion
Volunteer responsibilities: (What are the main tasks?)	<p>Health related conversations with peers and family members.</p> <p>Promote and signpost individuals to services, activities and groups that would be beneficial to their physical and emotional health.</p> <p>Work with other youth health champions to help set up and deliver new health projects.</p> <p>Produce promotional material to support the scheme and health related topics.</p> <p>Encourage others to volunteer</p> <p>Act as a role model for positive health behaviours.</p>
Time commitment: (please state the overall time commitment, along with detail)	You can commit as much or little time as you like, but an hour a week would be useful.
Location: (please state where the volunteer will be based)	Multiple Locations including; schools, youth clubs and community centres.
Does this role require a DBS?	No – this role will not also include lone working.
Skills required:	<ul style="list-style-type: none"> • Interested in health and wellbeing of yourself and others. • Confidence to start conversations. • Enthusiasm. • Confidentially. • Creative Thinking

Volunteer Benefits: (for the volunteer – what can they get out of this opportunity?)

- Make a difference of health and wellbeing of others.
- Improve own physical and emotional health.
- Experience of working with people, helping your career prospects.
- Chance to meet new people and make new friends.
- Free training and networking opportunities.

Supervision:

Pardeep Sahota, Youth Health Champion Project Manager Apprentice, Community Participation Team

Training: (will the volunteer be required to attend any training beforehand? Please provide details)

- MECC Training (Making Every Contact Count)
- Introduction to Youth Health Champions
- Ollie based (health and wellbeing modules)

Evaluation:

Complete evaluation of the Youth Health Champion programme.

Regular meet ups, informal conversations

Contact:

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