Date: DD/MM/YYYY

FOR PARENTS WITH A CHILD TESTING POSTIVE AT XXXXX

**Advice for child to self-isolate for 10 days**

Dear Parent,

We have been advised that your child (insert name) test result has come back positive for Covid-19. We hope that (INSERT NAME) is starting to feel better.

**What to do now**

As your child has tested positive for Covid-19, they should remain at home for at least 10 days from the date when their symptoms appeared.

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14 day period starts from the day when the first person in the house became ill.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

**Contact Tracing Information – what happens next?**

You will be contacted by the Telford and Wrekin Health Protection Hub team to go through your child’s recent contacts.

You can contact the Health Protection Hub by emailing [healthprotectionhub@telford.gov.uk](mailto:healthprotectionhub@telford.gov.uk)

**Symptoms of COVID-19**

The most common symptoms of coronavirus (COVID 19) are recent onset of:

* A new continuous cough and/or
* High temperature and/or
* A loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness**.

**How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

* Wash your hands with soap and water often – do this for at least 20 seconds
* Use hand sanitiser gel (with 60% alcohol) if soap and water are not available
* Wash your hands as soon as you get home
* Cover your nose and mouth with a tissue or your sleeve (not your hands) when you cough or sneeze
* Put used tissues in the bin immediately and wash your hands afterwards

**Further information**

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Headteacher