

V Vegetarian
 Ve Vegan
 H Halal

Week 1



Sandwich Bar
Monday

Pizza with Selection of toppings Cheese & Tomato Pizzas on a Deep Crust Base with a Selection of Toppings

Cheese & Tomato Pizzas V H

Potato Wedges, Baked Beans, Peas, Big Seasonal Salad Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

Sandwich Bar
Tuesday

Beef Bolognese Fresh Minced Beef cooked in a Rich Tomato based Sauce with Garlic Bread

Mac & Cheese with Garlic Bread V H

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Iced Sponge



FUN FOOD FACTS
 Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

Sandwich Bar
Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat or Roast Chicken H

Vegetarian Toad in The Hole Yorkshire Pudding filled With Vegetarian Sausage served with Gravy V

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection

Fruit Salad

Sandwich Bar
Thursday

Farm Assured Diced Chicken in a Chef's Curry Sauce Served with Naan Bread

Vegetarian Meatballs with Tomato Sauce V H

Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Chocolate Sponge and Custard

Sandwich Bar
Friday

Crispy Fillet of Fish Fillet of Fish Coated in a Crispy Batter or Salmon Fishcake H

Mixed Bean, Mushroom & Tomato Pasta Bake Roasted Vegetables with Mixed Beans in a Tomato Sauce topped with a Savoury Crumb V H

Chips, Baked Beans, Peas, Seasonal Salad Selection, Homemade Bread Selection

Cookie Selection

Week 2



Sandwich Bar
Monday

Big Breakfast Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg, Sausage H

Vegetarian Sausage, Free Range Scrambled Egg V

Potato Waffles, Baked Beans, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Homemade Bread Selection

Fruit Salad

Sandwich Bar
Tuesday

Chicken Pie Farm Assured diced Chicken in Gravy with a Puff Pastry Crust

Quorn and Vegetable Pie Vegetables and diced Quorn in a Vegetarian Gravy encased in a Filo Pastry Crust V H

Mashed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Shortbread Biscuit

Sandwich Bar
Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat or Chicken H

Oven Roasted Vegetables and Quorn Served in a Yorkshire Pudding & topped with Mature Cheese V

Roast Potatoes, Baby New Potatoes, Seasonal Vegetable Selection

Cookie Selection

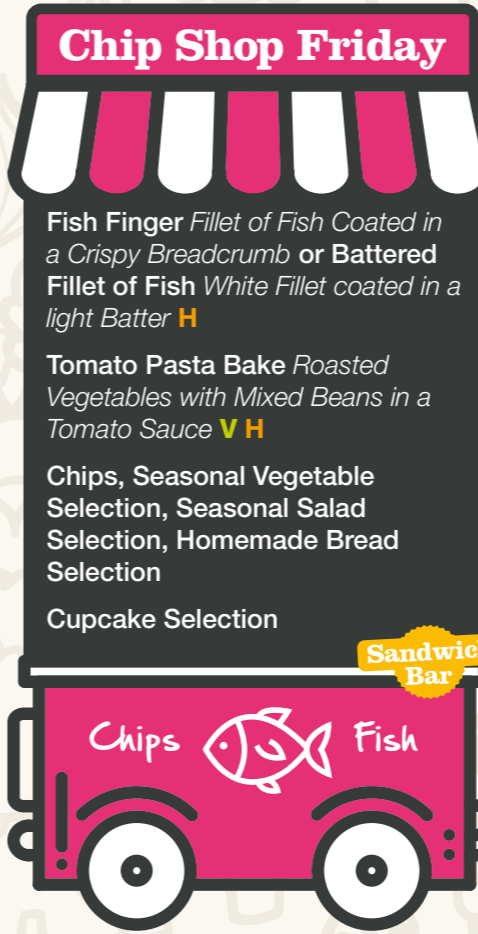
Sandwich Bar
 Available daily by pre order

Sandwich Bar
Thursday

Pizza with Selection of toppings Cheese & Tomato Pizzas V H

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection

Marble Sponge and Custard



Week 3



Sandwich Bar
Monday

Pork Sausage Farm Assured Pork Sausages or Sausages H

Vegetarian Sausages V

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Flapjack Biscuit

Sandwich Bar
Tuesday

Taco Tuesday Crispy Taco shell filled with Mexican Beef or Chicken

Cheese and Tomato Pizza V H

Potato Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection

Chocolate Cake and Peppermint Custard

Sandwich Bar
Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat or Roast Chicken H

Cheese & Egg Flan Grated Cheese, Egg & Milk baked in a pastry case V

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection

Strawberry Shortbread

Sandwich Bar
Thursday

Pork Meatballs Farm Assured Pork Meat Balls served in Gravy or Tomato Sauce

Quorn Pasta Bake Quorn Pieces cooked in a Rich Tomato based Sauce & mixed with Pasta Twists and baked V H

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Garlic Bread Selection

Apple Crumble & Custard

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Sandwich Bar
Friday

Crispy Chicken Nuggets

Vegetable Nuggets V H

Chips, Lemon Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Muffin Selection

Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.

FUN FOOD FACTS
 The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.