

# Fact sheet

Created Date: 15 January 2021

Review Date: 15 January 2022

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## Bed Equipment

### Equipment to assist with transfers from bed

#### Bed Lever

**What is it for?** Used to assist someone in and out of bed, something to use for support when turning in bed and used to stabilise someone to stand from their bed.

#### Considerations?

- This is not a piece of equipment to stop someone from falling out of bed.
- There are different models depending on whether it is a divan or a slatted bed.
- Needs securing to the bed.
- Need to be mindful where this is fitted to avoid entrapment.
- Weight limit of the product.

#### Where can I get it from?

Various outlets, may wish to consider trying:

- Ableworld (Online or in store at Newport or Shrewsbury)
- <https://www.completecareshop.co.uk/beds-and-bedding/bed-grab-rails/>

**How much is it?** £20-£80



#### Pillow Lift

**What is it for?** Used to assist someone from lying down to sitting up and to assist with transfer out of bed.

#### Considerations?

- This is not used to keep someone propped up for sleeping, but to assist with the transfer.
- Can be noisy so may disturb other occupants in the bedroom.
- Needs charging.
- Weight limits of the product.

#### Where can I get it from?

Various outlets, may wish to consider trying:

- <https://www.completecareshop.co.uk/beds-and-bedding/pillow-and-leg-lifters/>
- <https://www.manageathome.co.uk/search/pillow%20lift>

**How much is it?** £300-£750



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## Leg Lifter

**What is it for?** Foot slides into the looped end and is held at the other end then used to lift the foot into bed.

### Considerations?

- Should not be used if the person has poor skin on their feet or legs.
- It can be difficult to get the foot into the loop.
- Requires good upper body strength.

### Where can I get it from?

Various outlets, may wish to consider trying:

- Ableworld (Online or in store at Newport or Shrewsbury)
- <https://www.manageathome.co.uk/search/leg%20lift>
- <https://www.completecareshop.co.uk/wheelchairs/wheelchair-accessories/>

**How much is it?** £3 - £10



If you would like an assessment or a conversation about the right equipment for you, please contact the **Wellbeing Independence Partnership on telephone: 01952 385385 (option 2)** who will take a referral for the Occupational Therapy Team. This may take place at our Independent Living Centre or at home.

The Occupational Therapy Team will not assess for a hospital bed, mattresses or for rails to stop someone from falling out of bed. If you need assistance with this you will need to speak to your GP about a nursing assessment.

We will only assess and provide equipment to assist with the transfer and not for sleeping position, again you will need a health assessment if you are medically required to sleep propped up.



Text relay



Telephone interpretation

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