



Sports link Free Easter Half Term online events

Join us this Easter Half Term and enjoy an array of Sports activities for you and your Young person to enjoy!

SUITABLE FOR YOUNG PERSONS

Fitness with Gwen

SUITABLE FOR YOUNG PEOPLE IN KS3 & KS4

BEGINNERS GROUP DATES

Time: 9am - 9.30am

13 April

14 April

16 April

Fun beginners fitness workout without the use of any equipment. bring your trainers and bottle of water!

[REGISTER HERE](#)

INTERMEDIATE GROUP DATES

Time:

13 April 1pm-1.30pm

14 April 3pm-3.30pm

16 April 1pm-1.30pm

This session is more advanced than the Beginners, but not too challenging and still fun! bring your bottle of water and trainers!

[REGISTER HERE](#)

These sessions have been recorded and the videos will be made available for you to watch at home. Please make sure an adult is present when your young person is participating.

Apr



Your teacher:

Gwen Fennell

Gwen is zealous about fitness, education, and nutrition by helping others achieve their potential and beyond. She is a passionate and determined individual who continues to strive to the best she can be in whatever endeavours she pursues.

Mini PE with Embrace PE

Fun PE activities that can be done at home with equipment that can be used from things found around your home. Bring a bottle of water and get ready for fun!

KS1 SESSION DATES

Time:

13 April 10am-10.30am

14 April 2pm-2.30pm

16 April 10am-10.30am

[REGISTER HERE](#)

KS2 SESSION DATES

Time:

13 April 11am-11.30am

15 April 9am-9.30am

16 April 11am-11.30am

[REGISTER HERE](#)

These sessions have been recorded and the videos will be made available for you to watch at home. Please make sure an adult is present when your young person is participating.



Your Teacher:

Simon Evitts

Sport has always been a passion of mine with Rugby being my number one sport, this has given me core values such as teamwork, respect, discipline, enjoyment, being a role model, and fairness which I use in my everyday life.

Table Tennis with TT Kidz

Fun activities from the table tennis team at Table Tennis England. Swap your paddle and balls for pans and socks!! Please make sure to have enough room to take part safely!

KS1 & KS2 SESSION DATE

Time:

14 April 11am-11.30

[REGISTER HERE](#)

KS3+ SESSION DATE

Time:

15 April 11am-11.30am

[REGISTER HERE](#)

This session has been recorded and the videos will be made available for you to watch at home. Please make sure an adult is present when your young person is participating.



TT Kidz

TT Kidz Schools is an exciting new programme that introduces the great game of table tennis to Key Stage 2 students from any educational facility. The programme aims to deliver fun, inspiring and engaging sessions to allow young people to have positive experiences in table tennis.

Cricket with Wicketz

SUITABLE FOR KS1 & KS2

Fun Filled cricket activities, for you to enjoy at home, from the coaches of Wicketz. Limited equipment needed, please make sure there is enough space for you to take part!

Bring a bottle of water and get ready for fun!

KS1-KS2 SESSION DATE

Time:

14 April 1pm-1.30pm

[REGISTER HERE](#)

KS2-KS3 SESSION DATE

Time:

15 April 1pm-1.30pm

[REGISTER HERE](#)

These sessions have been recorded and the videos will be made available for you to watch at home. Please make sure an adult is present when your young person is participating.



Wicketz

Wicketz is a cricket programme initially aimed at young person aged between 8-19 years, living in areas with high levels of poverty. It provides year round weekly cricket sessions as well as workshops that teach vital life skills.

Aspirations talk with TJ

SUITABLE FOR YOUNG PEOPLE KS3 – POST 16

DATE

Time:

16 April 2pm-2.30pm

[REGISTER HERE](#)

Inspirational talk from TJ about his life, being in care and how sport inspired him to better his life.

This session has been recorded and the videos will be made available for you to watch at home from 2pm 16 April.