## To understand what Hindus say is good and right

Hindu's first duty in order to please God is called Ahinsa. Ahinsa is the law of non-injury, which means not causing anybody any harm. Hindus believe that every living being, both human and animal, has a soul and should not be harmed or killed.

The cow is a very sacred animal to some Hindus. It is part of Hindu tradition to not eat beef because of how the cow is sacred. Sacred means that something is holy or special. The cow is sacred because it gives us life-sustaining milk, but asks for nothing in return.

Most Hindus respect the cow for her gentle qualities and for providing the nurturing milk. In Hinduism, the cow is a symbol of wealth, strength, selfless giving and a full Earthly life.

Cows are also connected with Krishna. Krishna is a form of Vishnu, who is the preserver. Krishna's foster parents were cowherds, which means that they looked after cows.

## Answer these questions using full sentences!

- 1) What is the Hindu first duty to please God called?
- 2) What is this the law of and what does it mean?
- 3) Why do Hindus believe in this law?
- 4) What animal is sacred to some Hindus?
- 5) What is it traditional for Hindus to not eat?
- 6) Why is the cow sacred?
- 7) What do most Hindus respect the cow for?
- 8) In Hinduism, what is the cow a symbol of?
- 9) Who are cows also connected with?
- 10) Who were Krishna's foster parents?
- 11) What do you think? Do you agree with Hindus, that no human and no animal should be harmed? Why / why not? Give <u>full</u> reasons!!
- \* Remember, if you like to eat beefburgers or sausages this will affect what you think.

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Copy the following passage, filling in the gaps choosing the correct word to make sense in the gap - the first letter of the words has been done!					
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Words t		th.	looked	Krishna	cow
_			gentle	Sacred	Vishnu
* Answer this question:  Do <u>you</u> agree with Hindus, that no human and no animal should be hurt or killed? Why or why not? Give <u>full</u> reasons!!  * Remember, if you like to eat beefburgers or sausages this will affect what you think.					
_			no human or a	nimal should be hu '	ırt or killed
			at no human or 1V	animal should be h	urt or killed