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# Hinduism



# What's it all about?

- Hinduism is a fascinating religion – one of the oldest in the world.
- They are a peaceful people who have respect for all living things. They are vegetarians because they believe that all animals have a soul.





- Hinduism is an Indian religion.
- It has 900 million followers.



# Hindu gods (deities)

- Hinduism is a religion that has thousands of gods – each god has a specific responsibility.
- Families can choose which gods to worship.
- Brahma – creator of the world.



# Vishnu – preserver of the universe



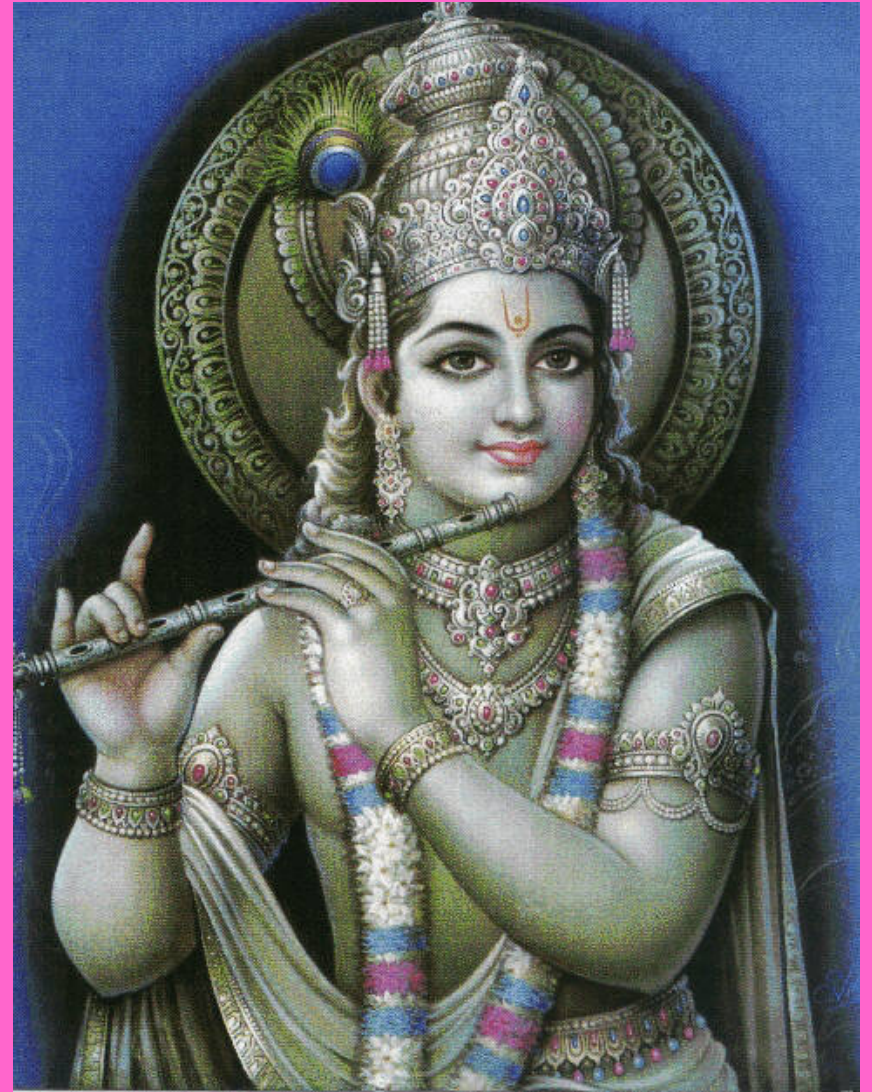
# Shiva – the Destroyer



# Ganesha – god of good luck



# Krishna – god of love and joy





# Lakshmi – goddess of wealth



# Saraswati – goddess of the arts



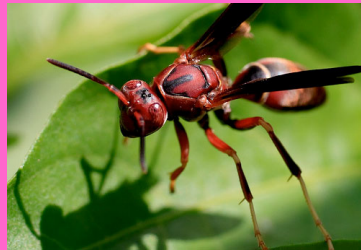
# Durga – the invincible goddess



# What do Hindus believe?

- Hindus believe in **REINCARNATION**. This means that when we die, our soul comes back again as something else.
- This is linked to the belief called **KARMA**:
- If we've lived a good life, we get to come back as something better.
- If we've led a bad life, then our next time around will be worse.

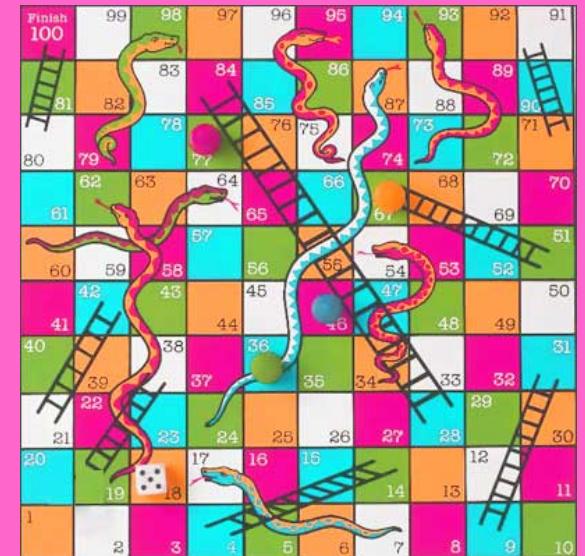
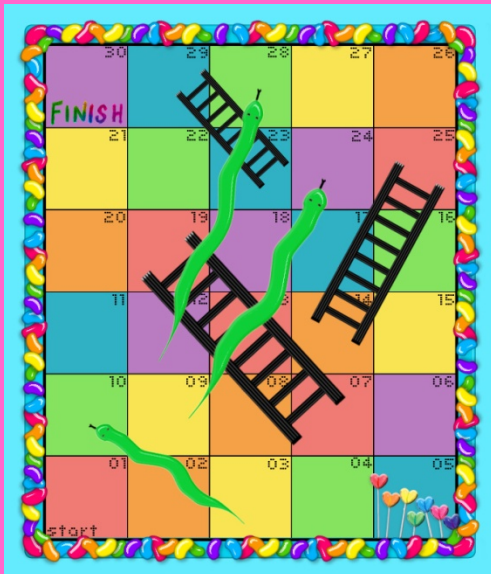
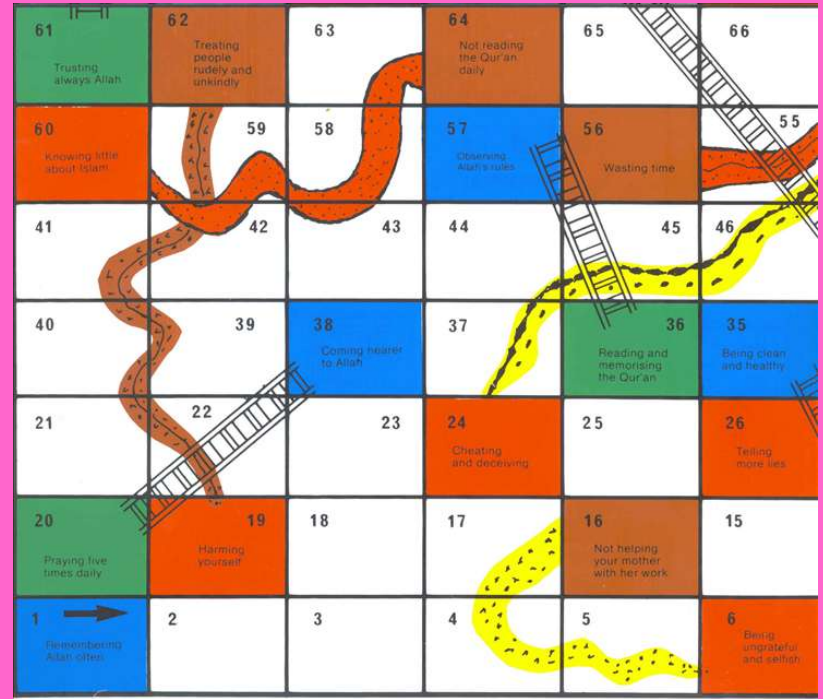
# Moksha



# Your actions affect your future

- Good actions make you have a better life next time.
- Kind
- Brave
- Intelligent
- Reliable
- Generous
- Bad actions make you have a worse life next time.
- Angry
- Liar
- Greedy
- Thief
- Lazy

They explained this to their children using a game



# Making your own Moksha game

- LEVEL 3
- Will have snakes and ladders and some actions written on the board.
- LEVEL 4
- Will have proportionate snakes and ladders to the actions. Refers to Moksha.
- LEVEL 5
- Will have proportionate snakes and ladders to detailed actions including explanations on other squares that explain Hinduism and the belief in Karma and Moksha.