# Why are cows important to Hindus?



## LI: To know why cows are sacred (important) to Hindus.



#### Where does milk come from?

### How does it get to the shops for us to buy it and use it?

Video clip showing where milk comes from and the process of milking a cow <a href="http://www.youtube.com/watch?v=qJLRXMziYwc">http://www.youtube.com/watch?v=qJLRXMziYwc</a> (old video).start from 2:30 minutes).

Cows are very important to Hindus because they are considered to be

like mothers.









Mothers give their babies milk, which is one of the most important things for growing up and staying





From milk you can make lots of other foods like cheese, yogurt, cream and butter. Do you eat any of these?















### Do you like to eat anything that is made from a milk product?









Mr Hirani loves pizza, with lots and lots of cheese!!

From butter, we can make ghee, which is an item that is used in many Hindu sacrifices and ceremonies like a Hindu wedding Ceremony as well as cooking.





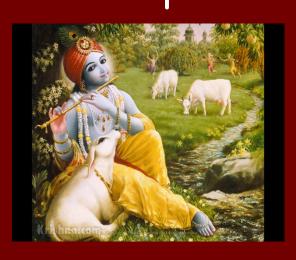


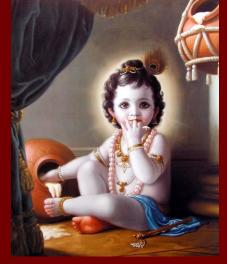
#### A Hindu Wedding





Ghee is used in the fire sacrifice to keep the fire going until the ceremony is over. Lord Krishna is a Hindu God that millions of people around the world believe in and worship.







Another main reason why cows are important is that they are Lord Krishna's favourite animal.

Lord Krishna and his brother, who is called Balarama, look after 900,000 cows and calves every day in the spiritual world.





Lord Krishna also loves butter, which he eats all the time and shares with his friends!

#### Plenary

LI: To know why cows are sacred (important) to Hindus.

What did you learn? Can you say why cows are sacred (important) to Hindus?

Do you like cows and why?