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## What is Shabbat?

Join us for Shabbat.	•	of rest. Is represents th days and on the	
is the	. Hebrew name for the c	lay we call the	
Shabbat is a day of	great joy eagerly awaite	ed throughout the week, and devote themselves to	a time when
The Sabbath day is	important to Jews becau	use it is stated in	
theComma	ndments.		
The word 'Shabbat'	means to	_or to	_•
	bathes and dresses up, t	ifternoon, when the hous he best dishes and table	
, ,		Shabbat must be set up ath meal is	
Before the meal	are lit. On s	Shabbat the meal begins	with a
blessing said over _	and two loave	s of	
Jewish families have	z the meal at the dining	table with a	_ tablecloth
and the best	and		

Jews spend time in	praying, prayer is not what distinguishes					
Shabbat from the rest of the week.						
Shabbat is a very full day when it is properly observed, and very relaxing. You really don't miss being unable to turn on the TV, drive a car or go						

Synagogue	rest	Friday	Sabbath	cease	six
Ten	Shabbat	seventh	cholent	shopping	Jews
bread	candles	white	wine	silver	cutlery