How do Hindus pray & worship?

LO: To K & U what Puja is.

21-May-21

STARTER TASK:

Think Pair Share

How do Christians pray?
Talk to God?
What physical motions do they make?
What kind of things do they do to help them communicate with God?





EXT:

What does MEDITATE MEAN?

What does PUJA have to do with it?

What is PUJA?!

Task 1 of 3: What is WORSHIP?

 Think about each act below and in your PAIRS/GROUPS see if you think there is an odd one out... If there is, say why...

- 1. Taking breakfast to an ill family member while they are in bed.
- 2. Giving a friend a hug or a gift.
- 3. Cooking a meal for your parents.

Once we have RE-asoned and RE-flected... write a definition in your books for the KEYWORD OF 'WORSHIP' = ...

Hindus can worship <u>IN MANY PLACES</u> at Work!



The Shrine – The Murtis



The Mandir – The Hindu Temple



The Shrine at Home



Task 2 of 3: Understanding The Puja

- Watch this video and listen carefully to the meaning and methods of the Puja.
- The Puja is the way Hindus worship their gods / Brahman and give thanks.
- Feedback to class your observations





Task 2 of 3 continued: **DOING Puja!**

- Having watched the clip, and using your info sheet of the Puja ingredients and symbolism:
- Create a Poster of the Puja Tray and its ingredients.
- You must say and draw which God of the Trimurti you will be making an offering to AND why!



EXT:

Use your research so far / your info booklet to include:

What a Mantra is...
What the sound *AUM* is and why it is used / is important when Hindus do Puja...

Consolidation: What have we learnt?

- Show your KNOWLEDGE & UNDERSTANDING of Puja by doing 1 or all of the following!
- 1. An acrostic showing meaning of Puja.
- 2. Writing a Poem about what Puja is and what Hindus do it for.
- 3. Writing a comparison list (similarities/differences) between Hindu worship and Christian Worship.
- 4. Writing & RECITING ALOUD a song about Puja!

You are RE-sourceful & RE-flective learners!