

# Ramadan

Ramadan is the ninth month of the Islamic calendar and the holiest month in Islam. Ramadan begins when you see the new moon.



# Fasting

*During the month of Ramadan Muslims fast for the entire month from dawn to dusk. This means that healthy grown ups, who are Muslims do not eat or drink anything, including water, during the day while the sun shines.*



# Why do Muslims Fast?

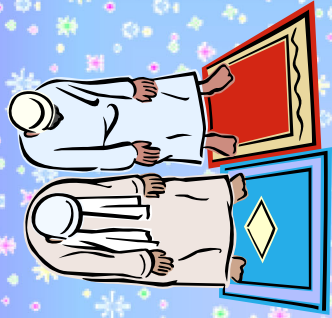
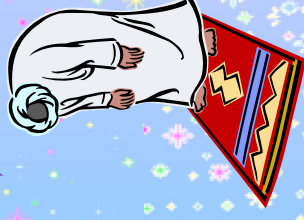


For Muslims fasting is one of the five pillars (essential religious duties) of their faith. Fasting teaches self-control, encourages a focus on prayer and allows them to devote their attention to worship, and get closer to Allah.



# Prayer and Quran

*During Ramadan Muslims try to say more prayers and try to read the Holy Quran more, so they can gain Allah's favour and get closer to Allah. Muslims believe that Ramadan is a month of great blessings and mercy from Allah. It is the month of forgiveness.*



# Prayer and Quran



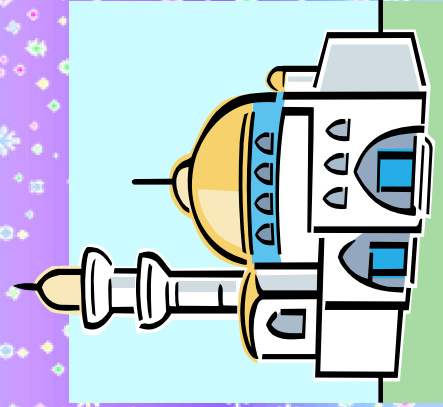
Muslims believe that during the month of Ramadan, their holy book (the Quran) was sent from Allah to guide the people.



# Eid-ul-Fitr



Eid-ul-fitr is the first day of the new month after Ramadan. Muslim families celebrate Eid-ul-Fitr by putting on new clothes and going to the Mosque for the morning prayer. They prepare all different kinds of foods like somosa, pakoras, kebabs, and much more. They go and visit their friends and family, and children may receive gifts of money, new clothes and toys.



On Eid day Muslim people say "Eid Mubarak!" which means "Have a Blessed Eid!"

