

## School and parent/carer resources available on NSPCC websites

| Parent/carer resources  | Website location/link  |
|---|--|
| <p><b>Our Speak out Stay safe assembly</b> – suitable for home-learning.</p> <p><b>Activities for kids at home</b> - Keep busy while learning about staying safe and speaking out with our at-home activities for primary school children.</p> <p>New books/fun crafts available from the NSPCC shop.</p>   | <p><a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/</a></p> <p><a href="http://www.nspcc.org.uk/activities">www.nspcc.org.uk/activities</a></p> <p><a href="https://shop.nspcc.org.uk/collections/books">https://shop.nspcc.org.uk/collections/books</a><br/> <a href="https://shop.nspcc.org.uk/collections/things-to-do-at-home">https://shop.nspcc.org.uk/collections/things-to-do-at-home</a></p> |
| <p><b>Supporting children with special educational needs and disabilities</b></p> <p>Advice for parents and carers on supporting SEND children during coronavirus (COVID-19).</p>   | <p><a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/coronavirus-supporting-children-special-educational-needs-disabilities/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/coronavirus-supporting-children-special-educational-needs-disabilities/</a></p>   |
| <p><b>Online Safety Hub</b></p> <p>Visit our Online Safety Hub for advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more.</p> <p><b>Keeping Children Safe Online blog</b></p> <p>Parents, carers and professionals can keep up to date with the latest child safety online news on our Keeping Children Safe Online blog.</p>   | <p><a href="https://www.nspcc.org.uk/keeping-children-safe/online-safety/">https://www.nspcc.org.uk/keeping-children-safe/online-safety/</a></p> <p><a href="http://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog">www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog</a></p>   |
| <p><b>Talking PANTS with your children</b></p> <p>Talk PANTS is a simple conversation to help keep your child safe from sexual abuse. You can find out more and download the free resources on our website.</p> <p>Penguin and Ladybird have also partnered with the NSPCC to create a brand new Pantosaurus book aimed at children ages 4 - 8. The book is available in English and they will also ensure the content is made available in Welsh. All profits from the sale of this book will support the NSPCC.</p> | <p><a href="http://www.nspcc.org.uk/pants">www.nspcc.org.uk/pants</a></p> <p>You can find copies of the new book on sale, either in Matalan's selected stores and online, selected SPAR stores or at: <a href="https://shop.nspcc.org.uk">https://shop.nspcc.org.uk</a>.</p>   |
| <p><b>Coronavirus (COVID-19) advice and support for parents and carers</b></p> <p>Whether you're working from home with your kids or supporting children with anxiety due to coronavirus, we've got tips and advice for you.</p>  | <p><a href="https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/">https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/</a></p>   |
| <p><b>Supporting your child at home</b></p> <p>Tips for talking to a child worried about coronavirus (COVID-19)</p>   | <p><a href="https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/">https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/</a></p>   |

**You can also find a variety of [NSPCC videos](#) on YouTube, including the selection below which you may find helpful.**

| NSPCC Videos for parents   | Website location/link  |
|--|--|
| <p><b>Infant Mental Health with NSPCC</b></p> <p><b>The Baby Show</b></p> <p>We're joined by Clinical Psychologists for NSPCC who work with children aged 0-5 and their families. Here they are talking through Infant Mental Health, what it is and offering tools and advice to not only support your babies &amp; toddlers, but also yourself and your own mental health. They have also answered some of your questions around the affects of lockdown on your baby and your mental health and how to stay positive during these times.</p> <p><b>Look Say Sing Play</b></p> <p>Right from birth, every time you talk, sing or play with your baby, you're not just bonding, you're building their brain.</p> <p><b>Singing Day   Look Say Sing Play   NSPCC</b></p> <p><b>Our Brain's Air Traffic Control (Executive Function)   NSPCC</b></p> <p><b>Building Strong Brain Architecture   NSPCC</b></p> | <p><a href="https://www.youtube.com/watch?v=YrgROexMLgQ">https://www.youtube.com/watch?v=YrgROexMLgQ</a></p> <p><a href="#">The Baby Show - YouTube</a></p><br><p><a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/</a></p> <p><a href="#">Sign up for brain-building tips</a></p><br><p><a href="https://www.youtube.com/watch?v=KySkBRvJxNw">https://www.youtube.com/watch?v=KySkBRvJxNw</a></p><br><p><a href="#">Our Brain's Air Traffic Control (Executive Function)   NSPCC - YouTube</a></p><br><p><a href="#">Building Strong Brain Architecture   NSPCC - YouTube</a></p> |

## Specifically for schools

| School/teacher resources   | Website location/link   |
|--|---|
| <b>Speak out Stay safe online (assembly)</b>   | <a href="https://learning.nspcc.org.uk/services/speak-out-stay-safe">https://learning.nspcc.org.uk/services/speak-out-stay-safe</a>   |
| <b>Keeping up-to-date:</b><br>Our weekly awareness email for child protection policy, practice and research is a good way to keep up-to-date with the changing legislation and guidance in all four nations of the UK. Sign up to CASPAR | <a href="https://learning.nspcc.org.uk/newsletter/caspar/">https://learning.nspcc.org.uk/newsletter/caspar/</a>   |
| <b>Let children know you're listening</b><br>Helping adults respond to children disclosing abuse. We've created evidence-informed resources to help adults ensure children always feel listened to.                                      | <a href="https://learning.nspcc.org.uk/research-resources/2019/let-children-know-you-re-listening">https://learning.nspcc.org.uk/research-resources/2019/let-children-know-you-re-listening</a>                                     |
| <b>Child protection training courses</b>   | <a href="https://learning.nspcc.org.uk/training/schools-safeguarding-courses/">https://learning.nspcc.org.uk/training/schools-safeguarding-courses/</a>   |
| <b>Safeguarding and child protection consultancy</b>   | <a href="https://learning.nspcc.org.uk/services/child-protection-consultancy">https://learning.nspcc.org.uk/services/child-protection-consultancy</a>   |
| <b>Designated and lead officer training</b>  | <a href="https://learning.nspcc.org.uk/training/designated-lead-courses/">https://learning.nspcc.org.uk/training/designated-lead-courses/</a>   |
| <b>Monthly Safeguarding in Education Updates email</b>   | <a href="https://learning.nspcc.org.uk/newsletter/safeguarding-in-education-update/">https://learning.nspcc.org.uk/newsletter/safeguarding-in-education-update/</a>   |
| <b>Teaching resources</b>  | <a href="https://learning.nspcc.org.uk/safeguarding-child-protection-schools/teaching-resources-lesson-plans/">https://learning.nspcc.org.uk/safeguarding-child-protection-schools/teaching-resources-lesson-plans/</a>             |
| <b>Briefings and factsheets on key topics</b>  | <a href="https://learning.nspcc.org.uk/research-resources/">https://learning.nspcc.org.uk/research-resources/</a>   |
| <b>Safeguarding in Education Self-Assessment Tool (ESAT)</b>   | <a href="https://learning.nspcc.org.uk/research-resources/schools/safeguarding-education-self-assessment-tool-esat/">https://learning.nspcc.org.uk/research-resources/schools/safeguarding-education-self-assessment-tool-esat/</a> |
| <b>Safeguarding d/Deaf and disabled children and young people</b>  | <a href="http://www.nspcc.org.uk/disabled">http://www.nspcc.org.uk/disabled</a>   |
| <b>Online Safety Hub</b><br>Visit our Online Safety Hub for advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more.                               | <a href="https://www.nspcc.org.uk/keeping-children-safe/online-safety/">https://www.nspcc.org.uk/keeping-children-safe/online-safety/</a>   |
| <b>Keeping Children Safe Online blog</b><br>Parents, carers and professionals can keep up to date with the latest child safety online news on our Keeping Children Safe Online blog.   | <a href="http://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog">www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog</a>  |

## **Schools and COVID-19**

The coronavirus pandemic has created huge challenges and disruption for schools. As circumstances change, schools need to continually adapt their practices and how they are supporting children and young people. We've produced a range of resources to help, which are updated as the guidance changes.

<https://learning.nspcc.org.uk/safeguarding-child-protection-schools>

<https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus>

<https://learning.nspcc.org.uk/research-resources/2020/coronavirus-briefing-safeguarding-guidance-information-schools>