



The **CareLeaders**

# A Journey Through Care Training Session Information Course 1

Every Tuesday  
March 1st to April 5th  
15:30 to 17:00



Session Title	Session Overview	Session Link
Session 1: Children in Need – Born to love and to be loved	<p>This session helps practitioners understand the issues for young people before they come into care and how this impacts them.</p> <p>In this session we take an overview of the issues that affect children that may lead to them coming into the care system. We look at the child within the systems that affect them, including the family, school, community and wider society. We recognise that what affects children, also affects others and how attachment relationships and trauma are key to understanding what can go wrong and how children can be supported to recover and become resilient.</p>	<a href="https://www.eventbrite.co.uk/e/211175310037">https://www.eventbrite.co.uk/e/211175310037</a>
Session 2: Messages in Behaviour – What children are really telling us	<p>This session will help you recognise and respond to messages in children's behaviour.</p> <p>Our systems are often set up to 'manage' behaviour young people display rather than helping us understand why they are behaving as they do and what their behaviour communicates. This type of approach leads to services having a knowledge gap and practitioners missing important messages within behaviour and the causes of it. The language we use becomes a barrier between adults and children. Terms like 'complex', 'challenging' or 'risk taking' to describe behaviour leave young people feeling misunderstood and unheard, practitioners worried and overwhelmed and services not responding to what young people need. Practitioners deserve the knowledge to understand messages in children's behaviour so they can help children understand themselves.</p>	<a href="https://www.eventbrite.co.uk/e/211835544817">https://www.eventbrite.co.uk/e/211835544817</a>

Session Title	Session Overview	Session Link
<p>Session 3: Entering Care – The real reasons children enter care</p>	<p>This session explores the real-life experience of young people entering care.</p> <p>When young people enter care, it can seem like the system takes a young person's identity and gives them a new one, projecting them into a confusing world with new terminologies and often leaving them with little understanding of what's happening. Systems are set up to safeguard children, which can sometimes leave families in cycles of trauma and negative family dynamics. Services become overwhelmed with the increasing numbers of young people entering care and become more stretched. Children feel confused and lost in the system; parents are hurt and often frightened, whilst practitioners are under pressure to ensure all young people are safe. Families deserve to be supported and children have a right to understand what's happening to them.</p>	<p><a href="https://www.eventbrite.co.uk/e/211839677177">https://www.eventbrite.co.uk/e/211839677177</a></p>
<p>Session 4: Impact of Recording - How statutory recording can cause stigma</p>	<p>This session gives you the skills to record information that truly represents children and ensures they access services they need.</p> <p>We have all read information about children that only focuses on the negative things in their lives, creating barriers for young people to access important services such as education. Placements often reject children when they read this information, leaving social care under pressure to find adequate support for young people, whilst we share stories about young people that they didn't author and don't see.</p>	<p><a href="https://www.eventbrite.co.uk/e/211842415367">https://www.eventbrite.co.uk/e/211842415367</a></p>

Session Title	Session Overview	Session Link
Session 5: The Two Timestables – The demands of school and social care	<p>This session helps you support children in care in school more effectively.</p> <p>It is hard when teachers don't know their children in care. When there is a lack of communication between children's social care and school, schools don't get adequate information or support. When behaviour management is not attachment aware and trauma informed, we can punish 'challenging behaviour' rather than see the messages being communicated to us. This approach does not solve the issue for the child or the system but simply moves it elsewhere to be dealt with later, if at all. Virtual Schools become overwhelmed with avoidable exclusions, while young people are unheard and not educated. Head teachers are frustrated, teachers are under pressure and young people are rejected and unsupported. Every child deserves access to education and to learn in an environment that understands and supports them.</p>	<p><a href="https://www.eventbrite.co.uk/e/211851352097">https://www.eventbrite.co.uk/e/211851352097</a></p> <p>–</p>
Session 6: Leaving Care – Why young people disappear	<p>This session shows you how young people can transition from care into independent and meaningful lives.</p> <p>Leaving care is a cliff edge. When young people reach a certain age or status, overnight their support can disappear, leaving them to navigate complex and tricky systems to gain support and access to crucial services, such as education and housing. All children are classed as 'adults' and will have left care by 18; many leave well before this.</p>	<p><a href="https://www.eventbrite.co.uk/e/21925774697">https://www.eventbrite.co.uk/e/21925774697</a></p>

## Session Overview

We see a huge number of young people from care becoming homeless, not attending education, unemployed and having higher levels of mental health issues than their peers. These are the young people we know about; many young people just disappear. Leaders are frustrated at the lack of provision; practitioners worry, and young people are invisible. Young people deserve to lead successful independent lives with relationships that last a lifetime.