

# Happy Healthy & Active Holiday Fund

2022



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# Happy Healthy & Active Holiday Fund

Enabling Children, Young People & Families on income-related Free School Meals to access holiday activities and a meal to improve wellbeing, in a time when many services cease and helping them to return to school where they left off.

- Confirmed Funding from the Department of Education for 3 years – inclusive, engaging & enriching holiday activities
- School aged children from reception to year 11 (inclusive) who receive benefits-related free school meals(FSM), inclusive of Special Educational Needs & Disabilities (SEND)
- Working together – 6911 CYP on FSMs of which 2631 SEND. Targeted promotion, partnerships
- Community Centred Asset based approach – strengths, maximise assets, not for profit



# HHAH Fund – key criteria

Funding for this programme is available for Easter, Summer and Christmas holidays. Each day should consist of 4 hours of provision.

## Easter

- all participating children to benefit from at least a week of face-to-face provision at Easter (minimum 4 days).

## Summer

- For LA's that have a summer holiday that spans 6 full calendar weeks, participating children to be offered at least 4 weeks face-to-face provision (minimum 16 days).
- For LA's that have a summer holiday less than 6 full calendar weeks, children to be offered at least 3 weeks face-to-face provision (minimum 12 days).
  - If only 3 weeks are offered in summer, then these LA's expected to offer additional week during half term period so that overall provision reaches 6 weeks across year.

## Christmas

- All participating children to benefit from at least a week of support (minimum 4 days).
  - Preference is 4 days of face-to-face provision however where this is not possible, it should consist of at least 2 days of face-to-face provision and 2 days of HAF support in the form of high quality food hampers and activity packs.



## HHAH Fund – key criteria

- Prioritise HHAH funding to provide FREE places for CYP, including those with SEND, on benefit/income related FSMs. Other eligibility criteria (15%)
- Recognition of Dept. of Education & T&WC on promotion

### Standards - Food

- **One meal a day, preferably hot (inc.snacks) school standards** [School Food Standards weblink](#)
- The standards are intended to help children develop healthy eating habits to ensure that they get energy and the nutrition they need across the whole school day.
- The food standards are based on the Eatwell guidelines, in the standards it explains why each food group is important and gives advice on how to deliver them
- Special Dietary Requirements – Food allergies/intolerances, Cultural, Vegetarian/Vegan
- **Natasha's Law** requires full labelling of ingredients on all prepacked food.



# HHAH Fund – key criteria

## Standards – at least

- Enriching Activities: new skills & knowledge - creative / nature (walks)
- Physical Activities: min 60 minutes per session: [Physical activity for children & young people: 5 to 18 years](#)
- Nutritional Education: improve knowledge and awareness of healthy eating. Engagement prep, cooking & growing
- Food Education – Advice sessions for parents & carers source, prepare & cook nutritious and low cost food
- Environmental Impact
- Signpost to support services

## Resource links

### Healthy Nutritious Meals:

[Primary School Menus](#)

[Food Standards food allergy and intolerance training](#)

[Guidance around Food Parcels](#)

<https://natashas-law.com/>

### Physical Activity

[Change 4 Life](#)

[Active Recovery Hub](#)



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# Happy Healthy & Active Holiday Fund

- We ran this in both the Summer and Christmas Holidays 2021, mainly using community based providers, building on existing holiday provision locally
- Only 1 primary school took part in the summer and 3 primary plus 1 secondary at Christmas
- However, in other parts of the country, provision mainly in schools
- For your children, in your community – help reduce the emotional and physical impact of what has been a difficult two years
- Evidence suggests that by keeping young people healthy, active and supported over the holidays, engagement and ultimately attainment is improved



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# Happy Healthy & Active Holiday Fund

What might the days look like?

- Can include use of external delivery partners – so for example a day might include 2 hours of physical education (eg CAP, Arthog Outreach) and 2 hours of enrichment from external providers
- Can include organised trips, for example going to the theatre, ice skating, swimming (you need to consider transport – coach hire? Use of school minibuses?)
- Catering Service can support with food

# HHAH Fund: Support available - ACTIVITY/FOOD POTENTIAL DELIVERY PARTNERS

## What is a Happy Healthy Active Holiday (HHAH) Delivery Partner?

A HHAH Delivery Partner is able to provide elements of the required delivery of HHAH Clubs; e.g. food to the standard required, a venue the club can run from or the required physical or enrichment activities (e.g. arts and crafts, sports, dance or educational activity).

## How will Holiday Club providers find out about the Potential Delivery Partners and make contact?

All Potential Delivery Partners details have been collated onto one list which is on the website.

Schools/ Holiday Club providers can make direct contact with Potential Delivery Partners through the contact details provided.

Schools can also use other external providers that you might use for term time activities eg Bright Star Boxing

## What are the responsibilities of a HHAH Club Provider when utilising a Potential Delivery Partner?

Potential Delivery Partners have been asked to provide basic information regarding their organisation and activity. It's the responsibility of the HHAH provider to check all relevant documentation to ensure inclusiveness, quality, safety, safeguarding and value for money (you may also like to ask for examples of delivery and testimonials from previous customers).

Please visit the [HHAH website](#) and the [current list of Delivery partners](#)



# HHAH Fund: Support available- VOLUNTEERS

A central point for volunteer recruitment to support our community partners:

- Creating a generic role description based on needs
- Creating a supporting risk assessment for the role an support you by doing DBS checks and
- Creating the adverts for recruitment and promoting on the Council's social media channels and [Volunteer Telford](#) website
- Supporting applicants through the enrolment process to include:
  - DBS checks
  - Support with mandatory training, which we can provide online
- Match volunteers to community groups/partners as needed

Email: [volunteering@telford.gov.uk](mailto:volunteering@telford.gov.uk)



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## HHAH Fund – GENERAL RESOURCES

- [Change 4 Life](#) – navigate to **10 Minute Shake Up** games

These 10-minute bursts of fun will really get your kids moving and can add variety towards the 60 active minutes they need every day!

- **The government's [HAF 2021 programme](#): top tips and resources**
- [www.hafactive.co.uk](http://www.hafactive.co.uk) set of resources: “Ingredients to ensure success of holiday programme”
- **StreetGames:** <https://www.streetgames.org/>
- [I COACH KIDS](#) global movement for coaches, pledge, website and resources
- [Sport England Activity Hub](#) a recovery hub launched to help more children to be active
- [Phunky Foods](#) recipes and resources
- [Let's Dine](#) including a [sample of school food standard recipes](#) and [healthy recipe cards for family meals](#)
- [Healthy Telford](#) – ideas and tips to help physical and mental health [including video recipes](#)

# HHAH Funding – key points

## Requirements

- Maximum of up to £25 per child, per 4x hour session.
- Slight variation in funding may be accepted for provision focussed for children with SEND.
- Applications must meet all the essential criteria: Enrichment, Healthy meal, Physical exercise and Nutritional education
- Must demonstrate value for money

## Eligible costs - include

- Staffing
- Purchase and preparation of healthy food
- Procurement of specialist activity providers
- Venue costs
- Transport to existing activities
- Purchase of equipment



# HHAH Funding – key points

## Ineligible costs - include

- Provision of fuel and food vouchers
- Any expenditure prior to grant agreement being issued
- Activities that benefit those who live outside of the borough, exceptions being when they attend a School in the borough
- Costs for staffing where the project is part of someone's existing role

## Accessing funding

- Download and complete an application form
- Make enquiries/ Send to [grant.aplications@telford.gov.uk](mailto:grant.aplications@telford.gov.uk)
- Panel will confirm a decision quite quickly
- Grant agreement issued to be signed by the applicant
- Once grant agreement is signed, and first payment of 75% will be issued
- Once monitoring information is returned, second and final payment will be issued
- Costs incurred that cannot be recovered will be honoured

# HHAH Fund: Support available - PARENTAL REGISTRATION

Schools can choose whether to open their offer to the general registration process or whether to register themselves from their own school community (we would recommend that secondary schools also open up to partner primary schools)

You decide how many places you can offer for young people.

# HHAH Fund: NEXT STEPS

## Next Steps:

- Contact Andy Cooke or Annleigh Reynolds of potential interest – [andy.cooke@telford.gov.uk](mailto:andy.cooke@telford.gov.uk) / [Annleigh.Reynolds@telford.gov.uk](mailto:Annleigh.Reynolds@telford.gov.uk)
- Applications need to be completed – application pack included with example

## Contacts & further information:

[www.telford.gov.uk/hhah](http://www.telford.gov.uk/hhah)

