

There are many infections about in our local community, be mindful before visiting a relative or friend.

If you have suffered from any of the following in the last 2 days then please delay your visit until you have been without symptoms for 48 hours:

- Nausea
- Diarrhoea
- Vomiting

If you are suffering from a severe cold or flu-like illness, it is better if you delay your visit until you have recovered.

By taking these simple measures we can prevent infection from coming into our home and spreading amongst our more vulnerable residents.

THANK YOU FOR YOUR CO-OPERATION