

V Vegetarian
Ve Vegan
H Halal

Week 1

Week 2

Week 3

Monday

Chicken Wrap *Farm Assured Chicken in a BBQ sauce in a Tortilla Wrap*

Fishless Fingers *Quorn Vegan fishless fingers* V H

Tuna or Cheese Sandwich Packed Lunch

Diced Potatoes, Vegetable Cous Cous, Baked Beans, Seasonal Salad Selection, Bread Selection

Chocolate Sponge and Chocolate Sauce

Wednesday

Roast Turkey with Yorkshire Pudding *Farm Assured Sliced Pork*

Vegetable and Bean Bake served in Yorkshire Pudding V H

Roast Potatoes, Mashed Potato, Carrots, Broccoli, Seasonal Salad Selection, Bread Selection

Orange and Chocolate Flapjack

Monday

Quorn Dippers with BBQ Sauce V H

Vegetable Lasagne V H

Tuna or Cheese Sandwich Packed Lunch

Pasta Twists, Peas and Sweetcorn, Seasonal Salad Selection, Bread Selection

Iced Bun

Thursday

Big Breakfast *Farm Assured Back Bacon, Pork Sausage, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V H

Hash Browns, Baked Beans, Plum Tomatoes, Seasonal Salad Selection, Bread Selection

Chocolate Crunch

Monday

Quorn Sausage Muffins V H

Quorn Bolognese V H

Tuna or Cheese Sandwich Packed Lunch

Pasta Twists, Carrots, Seasonal Salad Selection, Bread Selection

Shortbread Biscuit

Thursday

Breaded Chicken Dunkers *Farm Assured Chicken coated in a Natural Breadcrumb served with BBQ Sauce*

Quorn Nuggets *Individual Shaped Pattie coated in Crispy Batter* V H

Potato Wedges, Baked Beans, Seasonal Salad Selection, Bread Selection

Brownie with Chocolate Sauce

Tuesday

Pork Sausages *Farm Assured Pork Sausages served with a Rich and Tasty Gravy*

Quorn Sausage V H

Tuna or Cheese Sandwich Packed Lunch

Mashed Potatoes, Carrots, Garden Peas, Seasonal Salad Selection, Bread Selection

Jam Tart Biscuit

Thursday

Meatballs *Farm Assured Red Tractor Pork Meatballs served in Gravy or Tomato Sauce*

Vegetable and Bean Pasta Bake *Roasted Vegetables and Mixed Beans in a Tomato Sauce* V H

Pasta Twists, Seasonal Vegetables, Seasonal Salad Selection, Garlic Bread

Marbled Sponge and Custard

Tuesday

Crispy Fillet of Fish *Fillet of Fish Coated in a Crispy Batter or Salmon Fishcake* H

Cheese Flan *Pastry Tart filled with a savoury Egg Custard with Cheese and Onion* V H

Tuna or Cheese Sandwich Packed Lunch

Chipped Potatoes, Couscous, Garden Peas, Seasonal Salad Selection, Bread Selection

Cherry Cookie



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Tuesday

Chicken Curry *Tender pieces of Farm Assured Chicken in a Chef's Curry Sauce*

Vegetarian Meatballs V H

Tuna or Cheese Sandwich Packed Lunch

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Apple Crumble and Custard

Friday

Pizza with Ham Topping *Cheese and Tomato Pizzas Crust Base with a Cheese and Ham Topping*

Cheese and Tomato Pizza *Cheese and Tomato Pizzas Crust Base with a Cheese Topping* V H

Chipped Potatoes, Peas, Sweetcorn, Seasonal Salad Selection, Bread Selection

Ice Cream

Friday

Beef Burger in Bap *A Beef Pattie served in a Floured Bap*

Southern Fried Quorn Burger V H

Potato Wedges, Sweetcorn, Seasonal Salad Selection, Bread Selection

Cupcake Selection

Wednesday

Traditional Roast Pork *Farm Assured Sliced Meat served with a Rich Roast Gravy*

Quorn Fillet with Yorkshire Pudding V H

Roast Potatoes, Mashed Potato, Baton Carrots, Broccoli, Seasonal Salad Selection, Bread Selection

Lemon Iced Sponge

Wednesday

Toad in the Hole *Yorkshire Pudding served with Pork Sausages*

Cheese and Potato Pie V H

Mashed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Shrewsbury Biscuit



Lemons float, but limes sink... and ripe cranberries bounce like rubber balls.



RHUBARB GROWS SO QUICKLY THAT YOU CAN HEAR IT.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

Sandwich Option
Packed lunch available