

PODS CHARITY

“Involving and Supporting Families”

Preparing for Adulthood Navigator Service For SEND Families with young people 14-25years

What is Preparing for Adulthood (PFA)

It is helping a young person get ready for adult life, to become independent and to know where to get help if they need it.



What does a PFA Navigator support with?



- Navigating local service provision and activities
- Employment, Learning and Higher Education
- Good Health
- Friendships, Relationships and Community Inclusion
- Independent Living/Housing Options
- Life Skills

The Journey:

Planning early gives the young person time to make good choices

Working with families and young people from age 14

Young person encouraged to share thoughts and plans for their future with their family and other adults supporting them

Self or Professional referral

Or questions

please contact

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