

Inclusive Library Booklist

Proud to be Deaf: discover my community and my language

Ava Beese, Nick Beese and Lilli Beese



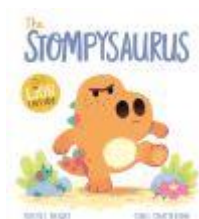
A child-led book that celebrates deaf culture and introduces readers to British Sign Language.

Ava is like any other 7-year-old. She likes to talk and laugh with her friends, is obsessed with dogs and loves being active. Ava is also deaf – and she is proud of it. She loves her deaf community, that she is bilingual, and that she experiences the world differently from hearing people.

She talks about her experiences at school making friends with hearing children and teaches readers the BSL alphabet and BSL phrases.

The Stompysaurus

Rachel Bright and Chris Chatterton



One morning, Stompysaurus wakes from a happy dream, feeling excited for the new day, until things start to go a bit wrong. His brother's being a tease, his breakfast isn't his usual favourite, and NOTHING is going right. His STOMPS and ROARS start rising inside him, until they EXPLODE!

But a tricky start doesn't have to mean a stompy finish. Can Stompysaurus find a new way of looking at things and turn his day around?

The perfect picture book to help children learn to overcome feelings of anger and annoyance when it seems like everything is going wrong.

Sometimes I'm a Baby Bear, Sometimes I'm a Snail

Moira Butterfield and Gwen Millward



Author Moira Butterfield deftly broaches the many different feelings children face – from feeling cuddly like a baby bear or playful like a puppy, to wanting some peace and quiet alone, like a snail curled up in its shell.

Developing emotional and social intelligence is a huge part of young children's development, and parents are often left grappling with how best to discuss feelings of shyness, social anxiety, and physical boundaries with their children.

The Zoo Inside Me

Ruth Doyle and Yessica Baeten



Uses animals to illustrate the emotions of a child who doesn't react to normal social cues in the way that other children might. Sometimes we feel brave as a lion or shy like a mouse, and the zoo inside our heads reflects how we behave on the outside. You can't see it, but this little boy is part mischievous monkey, part curious llama, and part chameleon, hiding from the world. Sometimes it feels like there's not enough room for our jumbling feelings, but the zoo inside all of us makes us who we are – reaching out to the world from the part you can't see.

Going Out

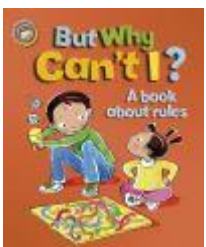
Anthony Lewis



A signing guide for hearing and deaf children that contains forty everyday signs taken from British Sign Language. All children naturally communicate with gestures, even before they develop the ability to speak. By teaching simple sign language to children from as young as seven months, we can help them to convey their emotions and their needs, as well as giving them a valuable head start in their social and intellectual development.

But Why Can't I? a book about rules

Sue Graves and Desideria Guicciardini



An introduction to the concept of rules, why they are made, and why we should adhere to them. George thinks rules are silly. When Jenny comes to babysit, George refuses to keep to the rules. But that makes playing dangerous and not fun at all! Can George learn why rules are important?

I Didn't Do It! a book about telling the truth

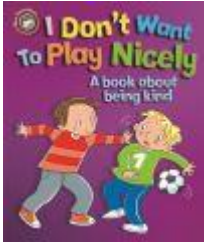
Sue Graves and Desideria Guicciardini



Explores the concept of honesty through a story. Poppy doesn't always tell the truth at home. She doesn't always tell the truth at school either. Now she's getting other children into trouble. Can she learn that it's better to own up than tell a lie?

I Don't Want to Play Nicely: a book about being kind

Sue Graves, Desideria Guicciardini and Emanuela Carletti



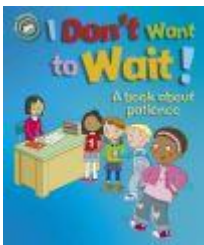
An introduction to the concept of selfishness.

Finn struggles with caring for other children at school. He can be selfish and often plays too aggressively. When the other children complain, Mr Hare has an idea. He chooses Finn as the buddy for Jake, a new boy at school.

However, Finn does not help Jake, and the other children become really upset with Finn for being so unkind. Finn is soon left out by the other children and is left feeling miserable and lonely. Can Mr Hare help Finn find a way to make it all better?

I Don't Want to Wait! a book about patience

Sue Graves, Desideria Guicciardini and Emanuela Carletti



An introduction to the concept of patience.

Maisy hates waiting for anything! She gets really cross if she has to wait her turn, at school or at home. When her sister Lola is late, and then Maisy has to wait for her to play, Maisy is really cross and upset.

Lola teaches her some ways to be more patient. Will Maisy be able to show more patience at the park the following day?

I Hate Everything! a book about feeling angry

Sue Graves and Desideria Guicciardini



An introduction to the concept of the emotion of anger.

Sam is having a bad day, and nothing is going right. Dad is too busy to play with him, he doesn't like his lunch and he doesn't enjoy Archie's party. Can Aunt Jen help him to stop feeling so angry?

Why Should I? a book about respect

Sue Graves, Desideria Guicciardini and Emanuela Carletti



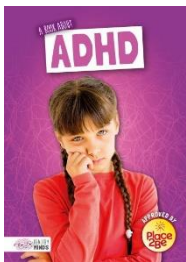
An introduction to the concept of respect.

Arin really struggles with showing respect for his own possessions or those of others. He doesn't see why he should respect other people's space or opinions either.

But when everyone gets upset with him, Arin feels upset, too. Grandpa helps to explain how being respectful shows care for others, and how treating others how he wishes to be treated himself will make him, and others, feel happier.

ADHD

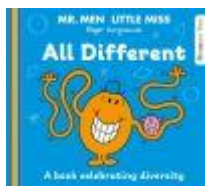
Holly Duhig



Explains what Attention Deficit Hyperactivity Disorder is, how it affects people and what can be done to help people overcome it.

All Different: a book celebrating diversity

Roger Hargreaves and Adam Hargreaves



An empowering and engaging Mr Men and Little Miss story about appreciating and celebrating our differences. Little Miss Tiny wishes she was taller. But Mr Tickle loves his long arms, perfect for tickling. Do you appreciate what make you unique? The Mr Men and Little Miss are all different, and it's time for them to realise that they're all uniquely brilliant in their own way!

Be Kind: a book about kindness

Roger Hargreaves and Adam Hargreaves



Lots of the Mr Men and Little Miss are kind. Mr Happy loves making his friends happy by doing kind deeds. But it can be easier to do what you want without thinking of others. Have you ever found it difficult to be kind?

Mr Mean probably finds it the hardest to be kind. Can Mr Happy and Little Miss Giggles help him learn that small acts of kindness bring much happiness?

Feeling Sad: a book about coping with sadness

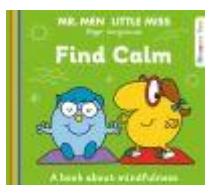
Roger Hargreaves and Adam Hargreaves



Little Miss Curious tries to cheer up Mr Jelly when he is feeling sad. Little Miss Curious approaches life with many questions and some confusion, while Mr Jelly is scared to engage with much of what life has to offer. They both feel sad sometimes, but with help from their friends, they'll understand more about their different emotions.

Find Calm

Roger Hargreaves and Adam Hargreaves



Little Miss Busy needs help from Mr Calm when she feels overwhelmed. Little Miss Busy is always very busy dashing here and there with many things to do, while Mr Calm takes a calmer, more mindful approach to life. Can he help Little Miss Busy to do the same?

Try Again

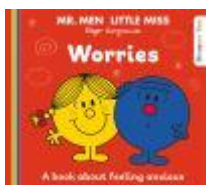
Roger Hargreaves and Adam Hargreaves



Little Miss Brave approaches life head on, bravely facing any challenge. Mr Bump finds that he bumps and trips his way through life, but he always bounces back. Do you try again if things go wrong? It can be hard to be resilient when times are tough, but being able to adapt and recover from change or misfortune is as important for us as it is for the Mr Men and Little Miss.

Worries: a book about feeling anxious

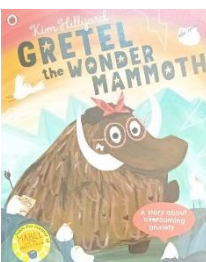
Roger Hargreaves and Adam Hargreaves



Mr Worry worries about everything. It sometimes starts with a funny feeling in his tummy. Do you ever feel worried? Everyone worries sometimes, but Mr Worry worries all the time. Can Mr Calm and Little Miss Sunshine help him to ease his worries?

Gretel the Wonder Mammoth: a story about overcoming anxiety

Kim Hillyard



When the last mammoth on earth emerges from an ice block, she learns to find happiness in the strange new world she has woken up in. One peaceful Tuesday morning, a loud CRACK could be heard as the last mammoth on earth broke free from her icy shell – here comes Gretel the Wonder Mammoth! Everyone is so excited to meet her but as she settles into her new life, Gretel starts to feel a little overwhelmed and even a bit lonely...

All Cats Are on the Autism Spectrum

Kathy Hoopmann



All new cats take a playful look at the world of autism, and these fun feline friends will strike a chord with all those who are familiar with autistic traits, bringing to life common characteristics such a sensory sensitivities, social issues, and communication difficulties.

All Dogs have ADHD

Kathy Hoopmann



All Dogs have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD), it explores a variety of traits that will be instantly recognisable to those who are familiar with ADHD. Charming colour photographs of dogs bring to life familiar ADHD characteristics such as being restless and excitable, getting easily distracted, and acting on impulse.

It combines humour with understanding to reflect the difficulties and joys of raising a child with ADHD and celebrates what it means to be considered 'different.'

The Worry Jar

Lou John and Jenny Bloomfield

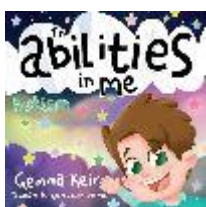


When Frida's worries begin to overwhelm her, her granny helps her put them to one side and enjoy herself.

Frida worries all the time. Big worries. Small worries. All-the-time worries. Then, one day, her granny teaches her an amazing trick.

The Abilities in Me: Autism

Gemma Keir

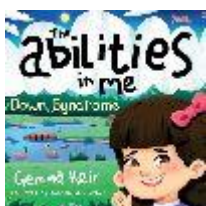


Explore the day in the life of a young girl and boy with autism through bright, colourful illustrations and text.

Perfect for teachers, parents, and children alike, this book will bring awareness of the condition and teach children how to be supportive and be kind.

The Abilities in Me: Down Syndrome

Gemma Keir

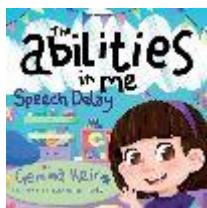


Explore the day in the life of a young girl, through bright colourful illustrations and text.

Perfect for teachers, parents, and children alike, this book will bring an awareness of the condition and teach children how to be supportive and kind.

The Abilities in Me: Speech Delay

Gemma Keir

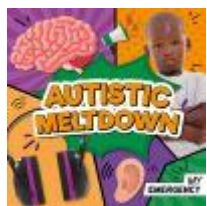


Explore the day in the life of a young girl, through bright colourful illustrations and text.

Perfect for teachers, parents, and children alike, this book will bring an awareness of the condition and teach children how to be supportive and kind.

Autistic Meltdown

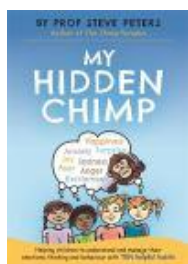
Chris Mather and Drue Rintoul



A look at autistic meltdowns, the warning signs and what you can do to help in an emergency.

My Hidden Chimp: helping children to understand and manage their emotions, thinking and behaviours with ten helpful habits

Steve Peters



This is a children's guide with easy-to-follow explanations and simple strategies to help them understand how their chimp brain works. With 10 habits to put into practice, such as smiling, saying sorry and talking about your feelings, children can work on controlling their anxiety and emotions and understanding why they sometimes behave and feel the way they do.

Play Time

Anthony Lewis



A signing guide for hearing and deaf children that contains forty everyday signs taken from British Sign Language.

All children naturally communicate with gestures, even before they develop the ability to speak. By teaching simple sign language to children from as young as seven months, we can help them to convey their emotions and their needs, as well as giving them a valuable head start in their social and intellectual development.

Me and My Sister

Rose Robbins



Explore the relationship with an autistic sibling in which a boy highlights similarities he and his sister share as well as how they are different to each other.

This appealing brother and sister duo spend a lot of their days together, eating meals, going to school, and playing. But life with an autistic sibling is not always easy.

Talking is not my Thing

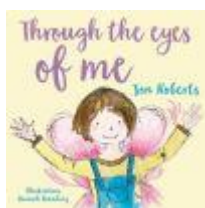
Rose Robbins



Although she can't talk, this little girl understands everything and has plenty to say and lots of ideas. Through body language, drawing pictures, making gestures, or using flash cards, she is able to contribute to their life together. Her brother and granny are able to understand her whether she needs help or is helping them!

Through the Eyes of Me

Jon Roberts and Hannah Rounding



A colourful picture book for children which gives insight into the world of a child with autism. Readers will meet 4-year-old Kya who loves to run, read, look at and rip up stickers.

Through the book, children will learn why Kya does certain things, doesn't like some things, and really loves other things.

The Little Fear

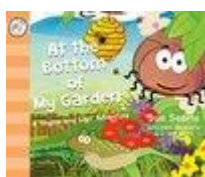
Luke Scriven



When Sam lets in a little fear one night, he's sure it won't be any bother. But before he knows it, the fear has grown and grown and grown. Until even the sunniest of sunny days doesn't feel very sunny anymore. There's only one thing for it, Sam must try and be a little bit brave...

At the Bottom of my Garden

Sue Searle, Cath Smith, and Chris Hammond

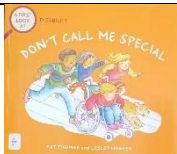


'Come and see my new friends' my littlest daughter says as she takes my hand and leads me into the woods to meet a new bug or worm that has caught her eye. Her adventures inspired this story, her love of nature and her questions about the world around her.

This Rhyme and Sign Adventure book capture and awe and wonder of childhood.

Don't Call Me Special: a first look at disability

Pat Thomas and Lesley Harker



Introduces some types of disability, how these may affect people's lives and emphasising that we can all work and play together.

I See Things Differently: a first look at autism

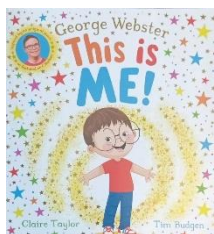
Pat Thomas and Clare Key



Explains in simple terms what autism is and how it affects people who have this condition.

This Is Me

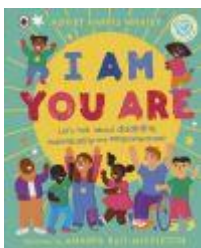
George Webster and Tim Budgen



This is me. I am George. My eyes are sparkly, just like my mum. Like my dad, I'm determined and brave, and like my sister, I'm full of FUN! In this beautifully written and gorgeously illustrated picture book, a little boy called George wants to tell you all about himself. You see, just like lots of people in the world, George has Down Syndrome, and he knows it doesn't define him – as there are so many other things that make George wonderful, and Down Syndrome is just one of them. Our differences make us special. We don't all have to be the same. Imagine how boring the world would be if everyone had the same name.

I am, You Are

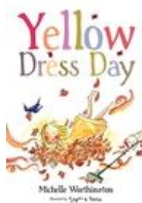
Ashley Harris Whaley, Hannah Wood, and Ananya Rao-Middleton



I am, You Are is a powerful book to help children and adults have meaningful discussions about disability and ableism. This book is written by disability activist Ashley Harris Whaley to support children, parents, teachers, and carers by explaining what disability is and why it should be celebrated.

Yellow Dress Day

Michelle Worthington and Sophie Norsa



Ava wears a different coloured dress for each type of day – a red dress for hot days, a purple dress for rainy days and a blue dress for cold days. One whistling, whirly, windy morning, Ava and her puppy want to go out and play. But Ava's favourite coloured dress is missing. Will Ava's mother find something for her to wear on her yellow dress day?