

KETLEY BANK, OAKENGATES & ST GEORGES



FREE Group Led Rides!

During September Shropshire Cycle Hub will be offering a series of led rides as part of the KOG Community Cycling Project. Join us for the opportunity to stay active, enjoy nature and the outdoors with a qualified ride leader.

- Build confidence in the safety of a small group
- Variety of distances at a gentle pace along low traffic routes wherever possible
- Stay active and make new friends



RIDE DATES:

OAKENGATES

Mon 4th Sep 5pm - 7pm
Wed 13th Sep 10am - 12pm
Sat 16th Sep 10am - 12pm

ST GEORGES

Sat 2nd Sep 10am - 12pm
Mon 11th Sep 1pm - 3pm
Wed 20th Sep 5pm - 7pm

KETLEY BANK

Wed 6th Sep 10am - 12pm
Sat 9th Sep 1pm - 3pm
Mon 18th Sep 5pm - 7pm

TO REGISTER OR FIND OUT MORE CONTACT:

email: KOG@shropshirecyclehub.uk call: 07485 212320
or search online/facebook for: 'KOG community cycling project'