

Staffordshire, Shropshire, Stoke and Telford & Wrekin Virtual Schools are delighted to be able to offer this bespoke training to our parents and carers of a previously looked after child who reside and or attend a school in the above areas. There is no cost to attend. All sessions are virtual and delivered via TEAMS. We hope we will see you soon. To book your place please email your name, course title and date, email address and local authority area to:

children.families.training@staffordshire.gov.uk

Education Training for Parents and Carers – Autumn Term 2023

Date and Time	Course Title	Outcomes
04/09/2023 10am – 12pm	Supporting Play and Development in the Early Years at Home	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Describe the importance and benefits of play • Understand the developmental stages of play and name the different types of play • Explore a range of Therapeutic Approaches that that focus on play <ul style="list-style-type: none"> - The PACE Approach - focus on P – using a Playful Approach - Play Therapy - a brief overview of Play Therapy - Theraplay - a brief overview and introduction to explore Therapeutic Play activities -
08/09/2023 12:30pm – 2:30pm	Supporting Maths in the Primary Years	<p><u>At the end of the course you will have an understanding of:</u></p> <ul style="list-style-type: none"> • The maths curriculum across the primary years • The importance of mathematical language • Key mathematical skills you can support with • The four calculations and the methods taught across the primary years • Resources and activities which can support maths in the home setting • Helpful tips for parents/carers
11/09/2023 12:30pm – 2:30pm	Transitioning to Secondary or Middle School	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Understand the secondary school application process for mainstream and the process if your young person has an EHC Plan • Consider what a secondary/middle school can offer your young person • Explore the challenges of transition and what good transition support look like • Identify how parents/carers can support with transition • Explore what you can do to support if your young person is struggling

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15/09/2023 10am – 12pm	Understanding the Special Educational Needs (SEN) Process	<p><u>This course is intended to help parents and carers answer the following questions:</u></p> <ul style="list-style-type: none"> • What does it mean if my young person is on the SEN register recorded as 'K'? • What is an IEP, pupil passport, my support plan? • Does my young person require an EHC Plan? • How can I progress an EHC Plan referral with a school? • Can I submit a request for an EHC Plan as a parent? • What is the EHC Plan process? What evidence is required? What does it entail? • How long does it take for an EHC Plan to be accepted and in place? • Does my young person need to attend a special school provision? What is the process?
18/09/2023 12:30pm – 2:30pm	Supporting Reading in the Primary Years	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Explain the importance of reading • Identify school reading schemes • Explore a range of resources parents/carers can use to support children's progress in reading
20/09/2023 12:30pm – 2:30pm	Supporting Study Skills in Key Stage 4	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Identify different ways young people learn • Explore different revision techniques for different types of learners • Support your young person with creating a revision timetable • Explore ways parents/carers can support with revision
29/09/2023 12:30pm – 2:30pm	Understanding Post 16 Education Options	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • To understand the statutory guidance for post 16 education • Describe the current laws regarding employment for post 16 young people • To explore post 16 education options for mainstream young people and young people with an EHC Plan • To understand the range of qualifications available for post 16 • To explore funding support for post 16 education
04/10/2023 5pm – 7pm	Supporting Writing in the Primary Years	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Explore how writing is taught across the primary years • Identify the different stages of writing • Explore a range of methods to support children's writing at home •

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<p>09/10/2023 12:30pm – 2:30pm</p>	<p>An introduction to Therapeutic Play</p>	<p><u>At the end of the course you will be able to</u></p> <ul style="list-style-type: none"> • Describe attachment theory and begin to understand how experiences in earlier relationships create attachment strategies that affect future relationships, impact upon memory systems and learning • Understand the impact of trauma on the brain • Define and be able to apply the principles of Therapeutic Play • Specify and explain the four components used in Therapeutic Play <ul style="list-style-type: none"> Structure Engagement Nurture Challenge • Apply Therapeutic Play Activities and approaches – relational ways of interacting with children
<p>16/10/2023 5pm – 7pm</p>	<p>An Introduction to Attachment / Trauma and the impact on Education</p>	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Describe attachment theory and the development of attachment • Explore trauma and the impact of trauma on the brain • Explore how experiences in earlier relationships create attachment strategies that systematically affect future relationships and impact upon memory systems and learning • Describe the four types of attachment applying attachment theory to how a young person presents in an educational setting • Think about how a young person who has experienced significant trauma can be supported in an educational setting
<p>20/10/2023 12:30pm – 2:30pm (change of date from 27th)</p>	<p>Supporting Maths in Key Stage 3</p>	<p><u>At the end of the course you will have an understanding of:</u></p> <ul style="list-style-type: none"> • The maths curriculum in Key Stage 3 • The transition from year 6 to year 7 • The importance of 'Declarative knowledge' at Key Stage 3 • Mathematical language (reasoning & problem solving) • Homework • Resources and activities which can support maths in the home setting • Helpful tips for parents/carers
<p>06/11/2023 10am – 12pm</p>	<p>An Introduction to Emotion Coaching</p>	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Explain the principals behind Emotion Coaching • Explain how the brain manages emotions, exploring the Hand Model of the Brain and the Fight, Flight, freeze response • Define different styles of managing emotions • Explain the steps involved in an Emotion Coaching response • Use some of the techniques and skills needed to Emotion Coach

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08/11/2023 12:30pm – 2:30pm	An Introduction to PACE	<p><u>At the end of the course you will be able to</u></p> <ul style="list-style-type: none"> • Explain trauma and its impact on the brain • Explain and use therapeutic parenting • Explain DDP (Dyadic Developmental Psychotherapy, Parenting and Practice) • Implement the principles of PACE in your relationship with young people
13/11/2023 5pm – 7pm	Supporting Phonics Development	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Explain phonics; using letters to produce sounds • Appreciate how phonics is taught in schools and how phonic skills and knowledge can be applied as the first approach in reading and writing • Apply strategies to improve outcomes for children's learning • Develop activities which can support phonics in a home setting
22/11/2023 12:30pm – 2:30pm	Supporting Study Skills in Key Stage 4	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Identify different ways young people learn • Explore different revision techniques for different types of learners • Support your young person with creating a revision timetable • Explore ways parents/carers can support with revision
24/11/2023 10am – 12pm	Promoting Emotional Self-Regulation	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Define the values of self-regulation • Support your young people to increase their emotional vocabulary to explain how they are feeling • Support your young people to develop a range of problem-solving skills, develop their resilience and use self-regulation to manage their emotions • Identify a range of calming and alerting strategies to manage emotions • Explore 'Zones of Regulation' and how they are used in schools to support self-regulation
27/11/2023 12:30pm – 2:30pm	Supporting Sensory Needs in an Education Environment	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Describe the 8 senses • Explore the challenges of hyper and hypo sensitivities within the 8 senses • Understand the challenges young people can have with sensory processing • Explore strategies to support sensory processing difficulties • Explore manageable strategies to support sensory needs that can be incorporated into the school or home day

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06/12/2023 12:30pm – 2:30pm	Supporting Reading in Key Stage 3	<p><u>At the end of the course you will:</u></p> <ul style="list-style-type: none"> • Explore reading within the Key Stage 3 English Curriculum • Explore Interventions to support reading in Key Stage 3 • Understand the importance of preparing for GCSE English • Explore what parents/carers can do to support reading at home
11/12/2023 12:30pm – 2:30pm	Transitioning to Reception Class	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Explore the challenges of transition to reception class • Identify key questions / discussion points you can have with your young person's nursery or pre-school provision and your young person's reception class teacher to prepare for transition to school • Describe how you can support with the transition of your young person into reception class • Consider a range of resources/activities you can do with your young person at home in preparation for starting school
15/12/2023 10am – 12pm	Supporting Play and Development in the Early Years at Home	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Describe the importance and benefits of play • Understand the developmental stages of play and name the different types of play • Explore a range of Therapeutic Approaches that that focus on play <ul style="list-style-type: none"> - The PACE Approach - focus on P – using a Playful Approach - Play Therapy - a brief overview of Play Therapy <p>Theraplay - a brief overview and introduction to explore Therapeutic Play activities</p>
18/12/2023 5pm – 7pm	Supporting Vocabulary Development in the Primary Years	<p><u>At the end of the course you will be able to:</u></p> <ul style="list-style-type: none"> • Describe the typical stages of speech and language development in babies, children and young people • Explore the increased risk of difficulties with language and communication for young people who have experienced trauma and the important role of parents/carers in promoting language and communication in early years • Develop practical ideas for promoting communication and language development in everyday life • Reduce the risk of misunderstandings <p>Find sources of additional support</p>

To book your place please email your name, course title and date, email address and local authority area to:
children.families.training@staffordshire.gov.uk