

Summer Term 2024		Autumn Term 2024		Spring Term 2025	
8 APR	WK 1	2 SEPT	WK 1	6 JAN	WK 1
15 APR	WK 2	9 SEPT	WK 2	13 JAN	WK 2
22 APR	WK 3	16 SEPT	WK 3	20 JAN	WK 3
29 APR	WK 1	23 SEPT	WK 1	27 JAN	WK 1
6 MAY	WK 2	30 SEPT	WK 2	3 FEB	WK 2
13 MAY	WK 3	7 OCT	WK 3	10 FEB	WK 3
20 MAY	WK 1	14 OCT	WK 1	17 FEB - HALF TERM	
27 MAY - HALF TERM		21 OCT	WK 2	24 FEB	WK 2
3 JUN	WK 3	28 OCT - HALF TERM		3 MAR	WK 3
10 JUN	WK 1	4 NOV	WK 1	10 MAR	WK 1
17 JUN	WK 2	11 NOV	WK 2	17 MAR	WK 2
24 JUN	WK 3	18 NOV	WK 3	24 MAR	WK 3
1 JUL	WK 1	25 NOV	WK 1	31 MAR	WK 1
8 JUL	WK 2	2 DEC	WK 2	7 APR	WK 2
15 JUL	WK 3	9 DEC	WK 3		
16 DEC	WK 1				

MENU CALENDAR



FREE SCHOOL MEALS DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025.

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-or' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit - your household income must be less than £7,400

All information correct at the time of going to print

OUR INGREDIENTS

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



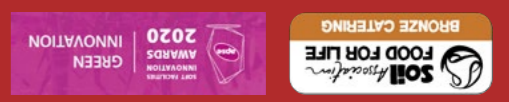
Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough

Let's Dine HAUGHTON SCHOOL MENU

April 2024 TO March 2025

OUR MENUS

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biodiesel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We offer a Vegetarian option as standard
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



V Vegetarian
 Ve Vegan
 H Halal

WEEK 1

WEEK 2



WEEK 3

Monday
 Pork Sausages served with a Rich and Tasty Gravy
 Vegetarian Sausage Creamed Potato and a Mini Yorkshire Pudding V
 Green Beans, Cauliflower, Seasonal Salad Selection, Bread
 Golden Shortbread

Wednesday
 Traditional Roast Chicken served with Rich and Tasty Gravy Farm Assured Sliced Meat
 Crispy Garlic Bake Seasonal Vegetables topped with French Bread V
 Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Bread
 Fruit topped Cheesecake

Tuesday
 Chicken in a Tomato and Herb Sauce Farm Assured Chicken
 Vegetarian Curry V
 Boiled Rice, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
 Muffin Selection

Thursday
 Beef Bolognese Farm Assured Minced Beef in a Rich Tomato Sauce
 Cheese and Potato Bake V
 Pasta Twists, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Garlic Bread
 Fruit Crumble and Custard

Friday
 Fish Friday – Jumbo Fish Finger
 Quorn Dunkers V
 Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread
 Ice Cream

Monday
 Big Breakfast Pork Sausage, Bacon, Free Range Scrambled Egg
 Vegetarian Sausage, Free Range Scrambled Egg V
 Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread
 Strawberry and Vanilla Swirl Mousse

Tuesday
 Chicken Curry Farm Assured Chicken
 Neapolitan Sauce V
 Boiled Rice, Pasta Twists, Sweetcorn, Garden Peas, Seasonal Salad Selection, Pitta Bread
 Chocolate Sponge and Sauce

Wednesday
 Traditional Roast Beef served with Rich and Tasty Gravy Farm Assured Sliced Meat
 Oven Roasted Vegetables and Beans served with a Yorkshire Pudding V
 Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Bread
 Flapjack

Thursday
 Chicken Dunkers
 Cheese and Tomato Pizza V
 Diced Potatoes, Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
 Iced Sponge Finger with Sprinkles

Friday
 Jumbo Fish Finger or Salmon Fishcake
 Quorn Nuggets V
 Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread
 Jelly with a Swirl of Cream



Monday
 Beef Burger Farm Assured Minced Beef Pattie
 Macaroni Cheese V
 Potato Wedges, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread
 Chocolate and Vanilla Swirl Mousse

Tuesday
 Meatballs in Gravy or Tomato Sauce
 Vegetarian Bolognese V
 Boiled Rice, Pasta Twists, Carrots, Green Beans, Seasonal Salad Selection, Garlic Bread
 Sponge and Custard

Wednesday
 Traditional Roast Sliced Chicken served with Rich and Tasty Gravy Farm Assured Sliced Meat
 Vegetarian Hotpot V
 Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Bread
 Cookie Selection

Thursday
 Chicken Dunkers
 Cheese and Tomato Pizza V
 Herby Diced Potatoes, Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
 Muffin Selection

Friday
 Jumbo Fish Finger or Battered Fillet of Fish
 Quorn Nuggets V
 Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread
 Ice Cream



Meeting individual needs

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.