



V Vegetarian  
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# Week 1



Sandwich Bar  
**Monday**

**Big Breakfast** Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg **V**

**Vegetarian Sausage** **V**

**Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Homemade Bread Selection**

**Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse**

Sandwich Bar  
**Tuesday**

**Gluten Free Pork Meatballs** Farm Assured Pork Meatballs served with a Rich Tomato Sauce or Gravy

**Vegetarian Balls** served with a Rich Tomato Sauce or Gravy **V**

**Pasta Twists, Seasonal Vegetables, Seasonal Salad Selection, Garlic Bread**

**Homemade Iced Buns**



**FUN FOOD FACTS**  
 Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

Sandwich Bar  
**Wednesday**

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced meat

**Oven Roasted Vegetables** Seasonal Vegetables served in a Yorkshire Pudding & topped with Mature Cheddar **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection**

**Homemade Muffin Selection**

Sandwich Bar  
**Thursday**

**Chicken Curry** Farm Assured Diced Chicken in a Chef's Curry Sauce

**Quorn Curry** Quorn pieces in a Chef's Curry Sauce **V**

**Boiled Rice, Big Seasonal Salad Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Marble Sponge & Chocolate Custard**

Sandwich Bar  
**Friday**

**Fish Finger** Fillet of Fish Coated in a Crispy Breadcrumbs or Salmon Fishcake

**Vegetable & Bean Pasta Bake** Mixed Beans & Pasta Twists cooked in a Rich Tomato Sauce topped with Cheese **V**

**Chips, Couscous, Seasonal Vegetables, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection**

**Let's Dine Fresh from the Farm Ice Cream**

# Week 2



Sandwich Bar  
**Monday**

**Toad in the Hole** Farm Assured Pork Sausage in a Yorkshire Pudding served with Onion Gravy

**Vegetarian Toad in the Hole** Vegetarian Sausage in a Yorkshire Pudding served with Onion Gravy **V**

**Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Iced Sponge & Custard**

Sandwich Bar  
**Tuesday**

**Pizza Bar** Selection of Topped Pizzas on a Deep Crust Base

**Vegetable Pasta Bake** Mixed Beans, Pasta & Roast Vegetables in a Rich Tomato Sauce **V**

**Jacket Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Homemade Cookie Selection**

Sandwich Bar  
**Wednesday**

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced meat

**Shepherdess Pie** Quorn Mince & Roasted Vegetables in a Tasty Gravy topped with Creamed Potato **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Homemade Bread Selection**

**Fresh Fruit Salad**

**Sandwich Bar**  
 Available daily by pre order

Sandwich Bar  
**Thursday**

**Beef Bolognese** Farm Assured Minced Beef in a Rich Tomato Sauce

**Vegetarian Balls** Served with a Rich Tomato Sauce **V**

**Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Chocolate Crunch**



Sandwich Bar  
**Friday**

**Fish Finger** Fillet of Fish Coated in a Crispy Breadcrumbs or Battered Fillet of Fish White Fillet coated in a light Batter

**Vegetable & Bean Parcel** Mixed Beans & Roast Vegetables encased in Puff Pastry **V**

**Chips, Couscous, Seasonal Vegetable Selection, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection**

**Homemade Fruit Flapjack**

# Week 3



Sandwich Bar  
**Monday**

**Big Breakfast** Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg **V**

**Vegetarian Sausage** **V**

**Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Homemade Bread Selection**

**Homemade Cookie Selection**

Sandwich Bar  
**Tuesday**

**Pizza Bar** Selection of Topped Pizzas on a Deep Crust Base

**Macaroni Cheese** Macaroni in a homemade Chef's Cheese Sauce topped with Sliced Tomatoes **V**

**Jacket Wedges, Seasonal Vegetable Selection, Big Seasonal Salad Selection, Homemade Bread Selection**

**Fruit Sponge & Custard**

Sandwich Bar  
**Wednesday**

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced meat

**Oven Roasted Vegetables** Served in a Yorkshire Pudding & topped with Mature Cheese **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Let's Dine Fresh from the Farm Ice Cream**

Sandwich Bar  
**Thursday**

**Homemade Breaded Chicken Dunkers** Farm Assured Chicken with a Chef's BBQ or a Rich Tomato based Sauce

**Quorn Dunkers** Quorn pieces coated in a light batter & oven baked **V**

**Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Bar, Homemade Bread Selection**

**Lemon Crunch**

**Chip Shop Friday**



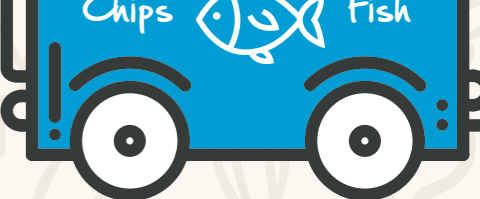
**Fish Finger** Fillet of Fish Coated in a Crispy Breadcrumbs or Battered Fillet of Fish White Fillet coated in a light Batter

**Vegetable Pasta Bake** Mixed Beans, Pasta & Roast Vegetables in a Rich Tomato Sauce **V Ve**

**Chips, Lemon Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Cupcake Selection**

Sandwich Bar



**FUN FOOD FACTS**

The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.



**Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.**