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17 NOV	WK 3	10 NOV	WK 2	9 JUN	WK 1	28 APR	WK 1
24 NOV	WK 1	3 NOV	WK 1	23 JUN	WK 3	12 MAY	WK 3
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7 OCT	WK						

Week 1

Week 2

Week 3

Sandwich Bar Monday

Ham and Pineapple Pizza
 Cheese and Tomato Pizza **V**
 Potato Wedges, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread
 Vanilla Ice Cream

Sandwich Bar Tuesday

Beef Chili *Farm Assured Minced Beef in a Chef's Mild Chili Sauce* or **Beef Bolognaise** *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*
 Jacket Potato *with a choice of fillings*
 Baked Beans and Grated Cheese **V**
 Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
 Iced Sponge and Custard

Sandwich Bar Wednesday

Cottage Pie *Farm Assured Minced Beef cooked with a Tasty Gravy and topped with Creamed Potato*
 Shepherdess Pie *Seasonal Vegetables and Mixed Beans topped with Creamed Potato* **V**
 Roast Potatoes, Creamed Potato, Cauliflower, Carrots, Broccoli, Seasonal Salad Selection, Bread
 Jelly and Ice Cream

Sandwich Bar Thursday

Hot Dog *Farm Assured Pork Sausage served in a Soft Bread Roll*
 Vegetarian Sausage **V**
 Diced Potatoes, Baked Beans, Mixed Farmhouse Vegetables, Seasonal Salad Selection, Bread
 Fruit topped Pancakes

Sandwich Bar Friday

Battered Fish *White fillet of fish coated in a light batter* or **Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*
 Vegetarian Curry **V**
 Chips, Rice, Sweetcorn, Garden Peas, Seasonal Salad Selection, Bread
 Muffin Selection



Sandwich Bar Monday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*
 Quorn Sausage, Free Range Scrambled Egg **V**
 Smiley Faces, Baked Beans, Tomatoes, Mushrooms, Seasonal Salad Selection, Bread
 Arctic Roll

Sandwich Bar Tuesday

Ham and Pineapple Pizza
 Cheese and Tomato Pizza **V**
 Pasta, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread
 Fruit Flapjack

Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*
 Quorn fillet with a Rich and Tasty Gravy **V**
 Roast Potatoes, Creamed Potato, Cauliflower, Carrots, Broccoli, Seasonal Salad Selection, Bread
 Chocolate and Orange Muffin

Sandwich Bar

Available daily by pre order

Sandwich Bar Thursday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce* or **Chicken Goujons**
 Vegetable Pasta Bake *Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Sauce* **V**
 Rice, Green Beans, Carrots, Seasonal Salad Selection, Bread
 Marble Sponge and Custard



Sandwich Bar Friday

Battered Fish *White fillet of fish coated in a light batter* or **Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*
 Quorn Dippers *Tender Quorn pieces in a Light Batter* **V**
 Chips, Couscous, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread
 Vanilla Ice Cream

Sandwich Bar Monday

Ham and Pineapple Pizza
 Cheese and Tomato Pizza **V**
 Pasta, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread
 Arctic Roll

Sandwich Bar Tuesday

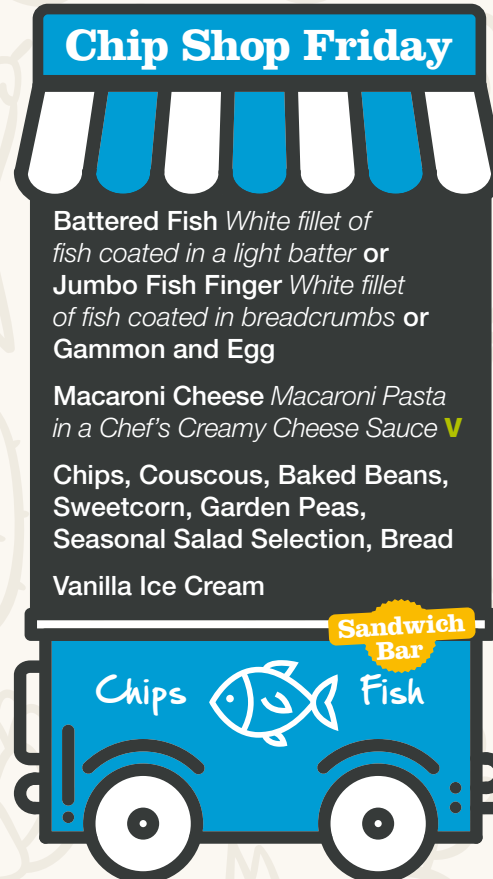
Beef Burger *Farm Assured Minced Beef Burger*
 Vegetable Burgers **V**
 Potato Wedges, Sweetcorn, Baked Beans, Seasonal Salad Selection, Bread
 Oat Cookie

Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*
 Cauliflower and Broccoli Bake *Cauliflower and Broccoli Florets in a Chef's Cheese Sauce* **V**
 Roast Potatoes, Creamed Potato, Carrots, Broccoli, Cabbage, Seasonal Salad Selection, Bread
 Chocolate Shortbread

Sandwich Bar Thursday

Chicken and Tomato Pasta Bake *Farm Assured Chicken baked with Pasta and Chef's Tomato Sauce*
 Vegetable Curry *Seasonal Vegetables in a Chef's Curry Sauce* **V**
 Rice, Green Beans, Carrots, Seasonal Salad Selection, Bread
 Apple Crumble and Custard



FUN FOOD FACTS
 Potatoes were the first vegetable to be grown in space.

FUN FOOD FACTS
 A pomegranate can hold up to 1400 seeds.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.