



V Vegetarian  
 Ve Vegan  
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# Week 1

## Sandwich Bar Monday

**Toad in the Hole** Farm Assured Pork Sausages in a Yorkshire Pudding

**Vegetarian Toad in the Hole** Vegetable Sausage in a Yorkshire Pudding **V**

**Creamed Potato, Baked Beans, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread**

**Golden Shortbread**

## Sandwich Bar Tuesday

**Pizza bar** Selection of Topped Pizza with a Deep Crust Base

**Crispy Garlic Bake** Selection of Seasonal Vegetables cooked with garlic & herbs topped with French Bread slices **V**

**Jacket Wedges, Seasonal Vegetable Selection, Baked Beans, Big Seasonal Salad Selection, Homemade Bread**

**Homemade Sponge**



## Sandwich Bar Wednesday

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced Meat

**Oven Roasted Vegetables** Served in a Yorkshire Pudding with Mixed Beans **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Homemade Bread**

**Cupcake Selection**

## Sandwich Bar Thursday

**Chicken Curry** Tender pieces of Farm Assured Chicken in a Chef's Curry Sauce

**Vegetable & Bean Parcel** Seasonal Vegetables & Mixed Beans encased in Puff Pastry **V**

**Boiled White, Wholegrain Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Naan Bread**

**Fresh Fruit Salad with Yoghurt**

## Sandwich Bar Friday

**Battered Fillet of Fish** White Fillet coated in a light batter or Salmon Fishcake

**Macaroni Cheese** Pasta Twists in a Creamy homemade Chef's Cheese Sauce **V**

**Chips, Couscous, Sweetcorn, Garden Peas, Seasonal Salad Selection, Homemade Bread**

**Let's Dine Fresh from the Farm Ice Cream**

**FUN FOOD FACTS**  
 Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

# Week 2

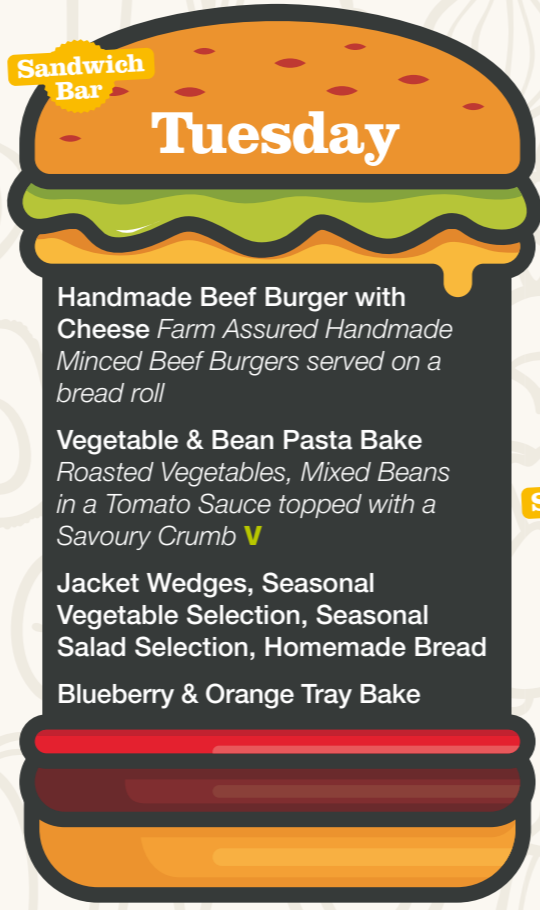
## Sandwich Bar Monday

**Big Breakfast - Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg** **V**

**Vegetarian Sausage** **V**

**Hash Browns, Baked Beans, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Homemade Bread**

**Flapjack**



## Sandwich Bar

Available daily by pre order

## Sandwich Bar Wednesday

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced Meat

**Vegetable & Bean Parcel** Roasted Seasonal Vegetables incased in Puff Pastry **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Homemade Bread**

**Strawberry & Vanilla Swirl Mousse**

## Sandwich Bar Thursday

**Beef Bolognese** Farm Assured Fresh Minced Beef cooked in a Rich Tomato based Sauce

**Pasta Neapolitan** Pasta & Vegetables in a Rich Tomato Sauce topped with Mature Cheese **V**

**Spaghetti, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Garlic Bread**

**Chocolate Crunch**

## Sandwich Bar Friday

**Battered Fillet of Fish** White Fillet coated in a light batter or Salmon Fishcake

**Cheese & Potato Bake** Creamed Potato & Mature Cheese topped with Sliced Tomato **V**

**Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread**

**Let's Dine Fresh from the Farm Ice Cream**

# Week 3

## Sandwich Bar Monday

**Pork Sausage** Farm Assured Pork Sausage & Rich & Tasty Gravy

**Cheese Puff** Creamed Potato, Mature Cheese & Onion encased in Puff Pastry **V**

**Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread**

**Homemade Cookie Selection**

## Sandwich Bar Tuesday

**Gluten Free Pork Meatballs in Gravy** Pork Meatballs served with a Rich & Tasty Gravy

**Vegetable & Bean Pasta Bake** Seasonal Vegetables, Mixed Beans in a Tomato Sauce with a Savoury Crumb topping **V**

**Pasta, Sweetcorn, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread**

**Let's Dine Fresh from the Farm Ice Cream**

## Sandwich Bar Wednesday

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced Meat

**Stuffed Pepper** Fresh Pepper filled with Seasonal Vegetables, Quorn Mince & Rice **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Homemade Bread**

**Sponge Cake topped with a Swirl of Cream**

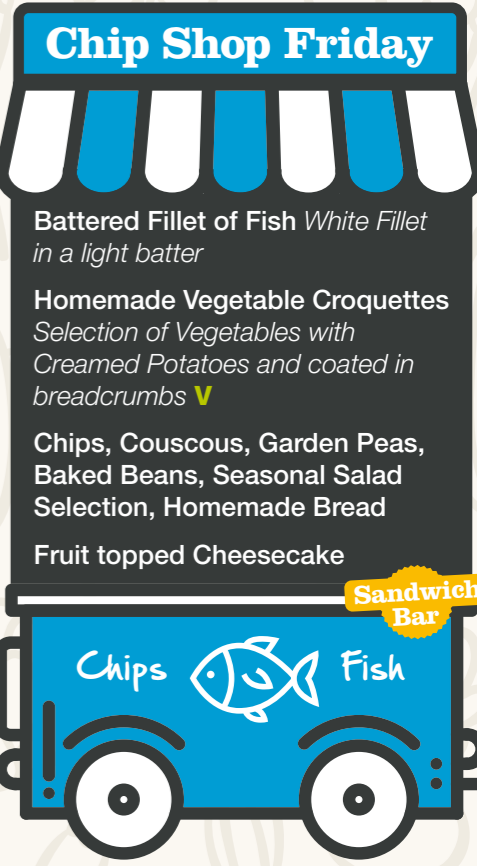
## Sandwich Bar Thursday

**Sweet & Sour Chicken** Farm Assured Diced Chicken in a Chef's Sauce

**Macaroni Cheese** Pasta in a Creamy homemade Chef's Mature Cheese Sauce **V**

**Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread**

**Jelly with a Swirl Cream**



**FUN FOOD FACTS**  
 The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.

**Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.**