

V Vegetarian
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Week 1



Monday

Big Breakfast *Back Bacon, Farm Assured Pork Sausage, Free Range Scrambled Egg* **V**

Vegetarian Sausage, Free Range Scrambled Egg **V**

Hash Browns, Plum Tomatoes, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection

Homemade Cookie Selection

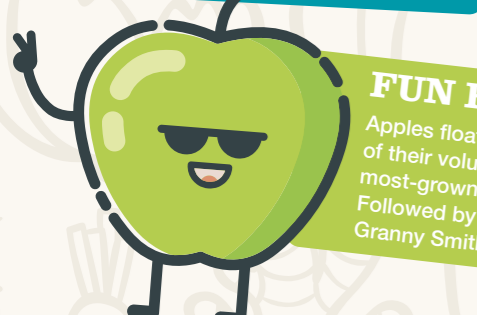
Tuesday

Gluten Free Pork Meatballs *Served with a Rich Tomato based Sauce*

Vegetarian Bolognese *Seasonal Vegetables & Mixed Beans in a Chef's Tomato Sauce* **V Ve**

Pasta, Carrots, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse



FUN FOOD FACTS
 Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

Wednesday

Traditional Roast served with a Rich & Tasty Gravy *Farm Assured Sliced meat*

Oven Roasted Vegetables **V** *topped with Mature Cheese served in a Yorkshire Pudding*

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Carrots, Homemade Bread Selection

Fruit topped Cheesecake

Thursday

Homemade Chicken Dunkers *Chicken strips coated in a Natural Breadcrumb served with Tomato Sauce or Mayonnaise*

Quorn Dunkers **V** *Quorn pieces coated in a light batter & baked*

Jacket Potato Wedges, Sweetcorn, Big Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Orange Muffin

Friday

Battered Fillet of Fish *White Fillet coated in a light batter* or **Salmon Fishcake**

Vegetable & Pasta Bake *Pasta, Mixed Beans & Vegetables in a Rich Tomato Sauce* **V Ve**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream

Week 2



Monday

Pork Sausage *Farm Assured Pork Sausages*

Vegetarian Sausage **V**

Creamed Potato, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Homemade Jam & Coconut Cake

Tuesday

Pizza Bar *Selection of Topped Pizzas with a Deep Crust Base* **V**

Pasta, Couscous, Big Seasonal Salad Selection, Homemade Bread Selection,

Chocolate Crunch

Wednesday

Traditional Roast with Rich & Tasty Gravy *Farm Assured Sliced meat*

Savoury Muffin **V**

Roast Potatoes, New Potatoes, Carrots, Cauliflower, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Fruit Flapjack

Sandwich Bar

Available daily by pre order

Thursday

Chicken Curry *Farm Assured tender pieces of Chicken in a Chef's Curry Sauce*

Pasta Neapolitan *Pasta & Vegetables in a Rich Tomato Sauce topped with Cheese* **V**

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse



Friday

Fish Finger *Fillet of Fish coated in a Crispy Breadcrumb* or **Battered Fillet of Fish** *White Fillet coated in a light batter*

Vegetable Pasta Bake *Pasta, Mixed Beans & Vegetables in a Rich Tomato Sauce* **V Ve**

Chips, Couscous, Baked Beans, Garden Peas, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection

Jelly with a Swirl of Cream

Week 3



Monday

Big Breakfast - *Back Bacon, Farm Assured Pork Sausage, Free Range Scrambled Egg* **V**

Vegetarian Sausage **V**

Hash Browns, Plum Tomatoes, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection

Chocolate Sponge & Custard

Tuesday

Cottage Pie *Farm Assured Minced Beef with Seasonal Vegetables topped with Creamed Potato*

Cheese Puff *Creamed Potato & Mature Cheese encased in Puff Pastry* **V**

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Muffin Selection

Wednesday

Traditional Roast served with a Rich & Tasty Gravy *Farm Assured Sliced meat*

Savoury Muffin **V**

Roast Potatoes, New Potatoes, Broccoli, Cauliflower, Carrots, Seasonal Salad Selection, Homemade Bread Selection

Golden Shortbread

Thursday

Pizza Bar *Selection of Topped Pizzas with a Deep Crust Base to include a vegetarian option* **V**

Pasta, Couscous, Big Seasonal Salad Selection, Homemade Bread Selection

Marble Sponge & Custard

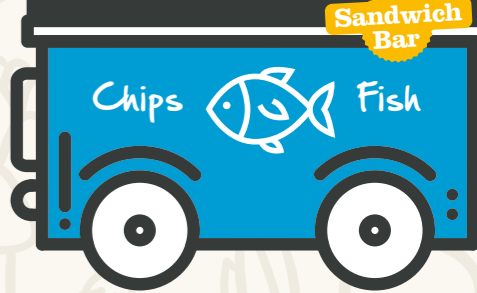
Chip Shop Friday

Battered Fillet of Fish *White Fillet coated in a light batter* or **Fish Finger** *Fillet of Fish coated in a Crispy Breadcrumb*

Vegetable Pasta Bake *Mixed Beans & Pasta in a Rich Tomato Sauce* **V**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream



FUN FOOD FACTS
 The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.



Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.