

V Vegetarian
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Week 1



Sandwich Bar
Monday

Big Breakfast *Back Bacon, Farm Assured Pork Sausage, Free Range Scrambled Egg* **V**

Vegetarian Sausage **V Ve**

Hash Browns, Plum Tomatoes, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection

Homemade Cookie Selection

Sandwich Bar
Tuesday

Red Tractor Beef Bolognese *Fresh Minced Beef cooked in a Rich Tomato based Sauce*

Vegetable Bolognese **V Ve** *Seasonal Vegetables & Mixed Beans in a Chef's Sauce*

Pasta, Carrots, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse



FUN FOOD FACTS

Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

Sandwich Bar
Wednesday

Traditional Roast with a Rich & Tasty Gravy *Farm Assured Sliced meat*

Oven Roast Vegetables **V** *topped with Mature Cheese*

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Carrots, Homemade Bread Selection

Fruit Topped Cheesecake

Sandwich Bar
Thursday

Homemade Chicken Dunkers *Farm Assured Chicken coated in a Natural Breadcrumbs served with Tomato Sauce or Mayonnaise*

Quorn Dunkers **V** *Quorn pieces coated in a light batter & baked*

Savoury Vegetable Rice, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Orange Muffin

Sandwich Bar
Friday

Battered Fillet of Fish *White Fillet coated in a light batter* or **Salmon Fishcake**

Pasta Bake **V Ve** *Pasta, Trio of Beans & Vegetables in a Rich Tomato Sauce*

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream

Week 2



Sandwich Bar
Monday

Pork Sausage *served with Onion Gravy* *Farm Assured Pork Sausages*

Vegetarian Sausage **V Ve**

Creamed Potato, Carrots, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Homemade Jam & Coconut Cake

Sandwich Bar
Tuesday

Pizza Bar *Selection of Topped Pizzas with a Deep Crust Base* **V**

Pasta, Couscous, Big Seasonal Salad Selection, Homemade Bread Selection,

Rice Pudding & Jam Sauce

Sandwich Bar
Wednesday

Traditional Roast with Rich & Tasty Gravy *Farm Assured Sliced meat*

Egg & Tomato Muffin **V**

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Fruity Flapjack

Sandwich Bar

Available daily by pre order

Sandwich Bar
Thursday

Chicken Curry *Farm Assured tender pieces in Chicken Breast in a Chef's Curry Sauce*

Tomato Pasta Bake **V Ve** *Pasta & Vegetables in a Rich Tomato Sauce*

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse



Sandwich Bar
Friday

Fish Finger *Fillet of Fish coated in a Crispy Breadcrumbs* or **Battered Fillet of Fish** *White Fillet coated in a light batter*

Pasta Bake **V Ve** *Pasta, Trio of Beans & Vegetables in a Rich Tomato Sauce*

Chips, Couscous, Baked Beans, Garden Peas, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection

Jelly with a Swirl of Cream

Week 3



Sandwich Bar
Monday

Big Breakfast - *Back Bacon, Farm Assured Pork Sausage, Free Range Scrambled Egg* **V**

Vegetarian Sausage **V Ve**

Hash Browns, Plum Tomatoes, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection

Chocolate Sponge & Custard

Sandwich Bar
Tuesday

Cottage Pie *Farm Assured Minced Beef with Seasonal Vegetables topped with Creamed Potato*

Homemade Cheese & Potato Slice **V** *Creamed Potato & Mature Cheese encased in Puff Pastry*

Baby New Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Fruit Muffin

Sandwich Bar
Wednesday

Traditional Roast with Rich & Tasty Gravy *Farm Assured Sliced meat*

Egg & Pepper Savoury Muffin **V**

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Carrots, Seasonal Salad Selection, Homemade Bread Selection

Golden Shortbread

Sandwich Bar
Thursday

Pizza Bar *Selection of Topped Pizzas with a Deep Crust Base to include a vegetarian option* **V**

Pasta, Couscous, Big Seasonal Salad Selection, Homemade Bread Selection

Chocolate Marble Cake

Chip Shop Friday



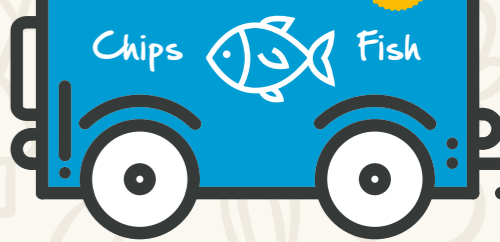
Battered Fillet of Fish *White Fillet coated in a light batter* or **Fish Finger** *Fillet of Fish coated in a Crispy Breadcrumbs*

Vegetable Pasta Bake **V** *Pasta & Seasonal Vegetables in a Rich Tomato Sauce topped with Mature Cheese*

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream

Sandwich Bar



FUN FOOD FACTS

The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.



Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.