



V Vegetarian  
 Ve Vegan  
 H Halal

# Week 1



## Monday

**Gluten Free Pork Meatballs** Farm Assured Pork Meatballs served with a Rich & Tasty Tomato Sauce  
**Cheese Puffs** V  
 Baby Jacket Potatoes, Couscous, Broccoli, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection  
 Golden Shortbread Finger & Fruit Salad

## Wednesday

**Traditional Roast with a Rich & Tasty Gravy** Farm Assured Sliced meat  
**Oven Roasted Vegetables** Served in a Yorkshire Pudding & topped with Mature Cheese V  
 Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Garden Peas, Homemade Bread Selection  
 Apple & Rhubarb Crumble & Custard

## Tuesday

**Jacket Potato Bar - Beef Chilli, Curry, Cheese & Beans** V, Tuna Mayonnaise  
**Macaroni Cheese** Pasta Twists in a Creamy Homemade Mature Cheese Sauce V  
 Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection  
 Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse



## Thursday

**Homemade Sausage Roll** Farm Assured Pork sausage meat encased in Puff Pastry or **Chicken Curry** Tender pieces of Chicken in a Chef's Curry Sauce  
**Vegetable & Bean Parcel** Seasonal Vegetables and Mixed Beans in Puff Pastry V  
 Jacket Wedges, Sweetcorn, Green Beans, Seasonal Salad Selection, Homemade Bread Selection  
 Let's Dine Fresh from the Farm Ice Cream

## Friday

**Battered Fillet of Fish** White Fillet coated in a light batter or **Fish Finger** Fillet of Fish Coated in a Crispy Breadcrumbs  
**Savoury Muffin** V  
 Chips, Pasta Twists, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection  
 Homemade Cookie Selection



**FUN FOOD FACTS**  
 Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

# Week 2



## Monday

**Pizza Bar** Selection of Topped Pizzas with a Thin & Crispy Base V  
**Jacket Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection**  
 Flapjack



## Tuesday

**Homemade Beef Burgers** Handmade Farm Assured Minced Beef  
**Vegetarian Sausage** V  
 Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection  
 Jelly with a Swirl of Cream

## Wednesday

**Traditional Roast with a Rich & Tasty Gravy** Farm Assured Sliced meat  
**Vegetable Loaf** V  
 Roast Potatoes, Creamed Potato, Fresh Carrots, Cauliflower, Garden Peas, Homemade Bread Selection  
 Chocolate Sponge & Peppermint Custard

## Thursday

**Big Breakfast - Back Bacon, Farm Assured Pork Sausage, Free Range Scrambled Egg** V  
**Vegetable & Bean Parcels** Roast Seasonal Vegetables encased in Puff Pastry V  
 Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Homemade Bread Selection  
 Fruit topped Cheesecake

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

## Friday

**Fish Finger** Fillet of Fish coated in a Crispy Breadcrumbs or **Battered Fillet of Fish** White Fillet coated in a light batter  
**Savoury Muffin** V  
 Chips, Couscous, Baked Beans, Garden Peas, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection  
 Muffin Selection

# Week 3



## Monday

**Hot Dogs or Homemade Beef Burger** Handmade Farm Assured Minced Beef Burger Both served in a Soft Bread Roll  
**Vegetarian Sausage, Free Range Scrambled Egg** V  
 Potato Waffles, Baked Beans, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Homemade Bread Selection  
 Shortbread & Custard

## Tuesday

**Pizza Bar** Selection of Topped Pizzas with a Deep Crust Base  
**Vegetable Crumble** Seasonal Vegetables topped with a Oaty Wholemeal Crumble V  
**Pasta, Seasonal Vegetable Selection, Big Seasonal Salad Selection, Homemade Bread Selection**  
 Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

## Wednesday

**Traditional Roast with a Rich & Tasty Gravy** Farm Assured Sliced meat  
**Oven Roasted Vegetables** Served in a Yorkshire Pudding & topped with Mature Cheese V  
 Roast Potatoes, Creamed Potato, Fresh Carrots, Broccoli, Cauliflower, Homemade Bread Selection  
 Fruit Crumble & Custard

## Thursday

**Chicken Curry** Tender pieces of Farm Assured Chicken in a Chef's Curry Sauce or **Beef Bolognese** Farm Assured Minced Beef cooked in a Rich Tomato based Sauce  
**Vegetable & Bean Parcels** Roast Seasonal Vegetables encased in Puff Pastry V  
 Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection  
 Muffin Selection

## Chip Shop Friday

**Battered Fillet of Fish** White Fillet coated in a light batter or **Salmon Fishcake**  
**Pasta Neapolitan** Pasta & Vegetables in a Rich Tomato Sauce topped with Mature Cheese V  
 Chips, Pasta Twists, Baked Beans, Garden Peas, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection  
 Let's Dine Fresh from the Farm Ice Cream



**FUN FOOD FACTS**  
 The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.



Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.