



V Vegetarian  
Ve Vegan  
H Halal

# Week 1

## Sandwich Bar

Available daily by pre order

# Week 2



Sandwich Bar

## Monday

**Gluten Free Meatballs** *Farm Assured Pork Meatballs Served with a Tomato Sauce*

**Vegetarian Balls** V

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Pot, Homemade Bread Selection

Homemade Muffin Selection

Sandwich Bar

## Tuesday

**Homemade Pizza** *Cheese Topped Pizza with a Thin and Crispy Base* V

**Vegetable & Bean Pasta Bake** V

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Pot, Homemade Chunky Garlic Bread

Homemade Cookie Selection

Sandwich Bar

## Wednesday

**Traditional Roast with a Rich & Tasty Gravy** *Farm Assured Sliced Meat*

**Quorn & Vegetable Parcel** *Minced Quorn & Roasted Vegetables encased in Puff Pastry* V

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Homemade Bread Selection

Jelly with a Swirl of Cream

Sandwich Bar

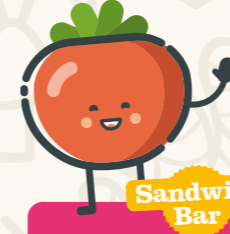
## Thursday

**Homemade Chicken Dunkers** *Farm assured Chicken coated in Breadcrumbs served with Curry Sauce*

**Quorn Dippers** V

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Pot, Homemade Bread Selection

Fruit topped Cheesecake



Sandwich Bar

## Monday

**Big Breakfast** - *Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg* V

**Vegetarian Sausage** V

Hash Browns, Baked Beans, Mushrooms, Tomatoes, Seasonal Salad Pot, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream

Sandwich Bar

## Tuesday

**Chicken Enchiladas** *Farm Assured Chicken in a Floured Wrap topped with Rich Tomato Sauce & Cheese*

**Vegetable Enchiladas** *Roasted Vegetables & Mixed Beans in a Floured Wrap with Rich Tomato Sauce & Cheese* V

**Jacket Potato Wedges**, Seasonal Vegetable Selection, Seasonal Salad Pot, Homemade Bread Selection

Golden Shortbread

Sandwich Bar

## Wednesday

**Traditional Roast with Rich & Tasty Gravy** *Farm Assured Sliced Meat*

**Quorn & Vegetable Parcel** *Minced Quorn & Roasted Vegetables encased in Puff Pastry* V

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Homemade Bread Selection

Fruit Jelly with a Swirl of Cream

Sandwich Bar

## Thursday

**Homemade Chicken Dunkers** *Farm Assured Chicken coated in Tasty Breadcrumbs served with a BBQ or Tomato Sauce*

**Quorn Dunkers** V

Savoury Rice, Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Pot, Homemade Bread Selection

Homemade Muffin Selection



## Chip Shop Friday

**Fish Finger** *Fillet of Fish Coated in a Crispy Breadcrumb*

**Crispy Garlic Bake** V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Pot, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

Sandwich Bar

Chips  Fish

Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Sandwich Bar

## Friday

**Fish Finger** *Fillet of Fish Coated in a Crispy Breadcrumb*

**Vegetable Pasta Bake** *Mixed Beans & Roasted Vegetables in a Tomato Sauce* V Ve

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Pot, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

### FUN FOOD FACTS

Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.



### FUN FOOD FACTS

The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.

