

V Vegetarian
 Ve Vegan
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Week 1



Sandwich Bar
Monday

Chicken Strips *Farm Assured Chicken in a Chef's BBQ or a Rich Tomato based Sauce*

Vegetarian Balls V

Pasta Twists, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Cupcake Selection

Sandwich Bar
Tuesday

Pork Sausages *Farm Assured Pork Sausages with a Rich & Tasty Gravy*

Vegetarian Sausage with a Rich & Tasty Gravy V

Creamed Potato, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Fruit Flapjack



FUN FOOD FACTS
 Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

Sandwich Bar
Wednesday

Traditional Roast with a Rich & Tasty Gravy *Farm Assured Sliced meat*

Oven Roasted Vegetables *Served in a Yorkshire Pudding & topped with Mature Cheese* V

Roast Potatoes, Creamed Potato, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

Sandwich Bar
Thursday

Beef Lasagne *Farm Assured Minced Beef in a Rich Tomato Sauce between layers of Béchamel Sauce & Pasta sheets*

Macaroni Cheese *Pasta Macaroni cooked and Baked in a Rich Cheese Sauce Topped with Sliced Tomatoes* V

Jacket Potato Wedges, Seasonal Vegetables, Seasonal Salad Selection, Garlic Bread

Raspberry Bun

Sandwich Bar
Friday

Fish Finger *Fillet of Fish Coated in a Crispy Breadcrumbs or Salmon Fishcake*

Vegetarian Burger V

Chips or Couscous, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream

Week 2



Sandwich Bar
Monday

Cheese & Tomato Pizza *Thin & Crispy Pizza Base topped with Mature Cheese* V

Jacket Wedges, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Iced Sponge & Custard

Sandwich Bar
Tuesday

Big Breakfast *Farm Assured Pork Sausage, Back Bacon & Free Range Scrambled Egg* V

Vegetarian Sausage V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Homemade Bread Selection

Golden Shortbread

Sandwich Bar
Wednesday

Traditional Roast with a Rich & Tasty Gravy *Farm Assured Sliced meat*

Vegetable & Bean Parcel *Mixed Beans & Roast Vegetables encased in Puff Pastry* V

Roast Potatoes, Creamed Potato, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

Sandwich Bar
 Available daily by pre order

Sandwich Bar
Thursday

Homemade Chicken Dunkers *Farm Assured Chicken Fillet coated in Breadcrumbs*

Quorn Dunkers *Quorn pieces coated in a light batter & baked* V

Oven Baked Baby Potatoes or Rice, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Chocolate Sponge & Chocolate Custard

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Sandwich Bar
Friday

Fish Finger *Fillet of Fish Coated in a Crispy Breadcrumbs or Battered Fillet of Fish White Fillet coated in a light Batter*

Vegetable Pasta Bake *Mixed Beans with Pasta in a Rich Tomato Sauce* V

Chips or Couscous, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream

Week 3



Sandwich Bar
Monday

Gluten Free Meatballs *Pork Meatballs served in a Rich Tomato Sauce or Gravy*

Cheese & Potato Pie *Creamed Potatoes & Mature Cheese in a Short Crust Flan* V

Pasta Twists, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Fruit Sponge & Custard

Sandwich Bar
Tuesday

Cheese & Tomato Pizza *Thin & Crispy Pizza topped with Rich Tomato base and Grated Cheese* V

Vegetable & Bean Parcel *Mixed Beans Roasted Vegetables encased in Puff Pastry* V

Baby New Potatoes, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Lemon Shortbread

Sandwich Bar
Wednesday

Traditional Roast with a Rich & Tasty Gravy *Farm Assured Sliced meat*

Oven Roasted Vegetables *Served in a Yorkshire Pudding & topped with Mature Cheese* V

Roast Potatoes, Creamed Potato, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Fruit Jelly with a Swirl of Cream

Sandwich Bar
Thursday

Hot Dog *Farm Assured Pork Sausage served in a Finger Roll*

Vegetarian Hot Dog *Vegetarian Sausage served in a Finger Roll* V

Herby Diced Potatoes, Seasonal Vegetables, Seasonal Salad Selection, Soft Finger Roll

Iced Sponge & Custard

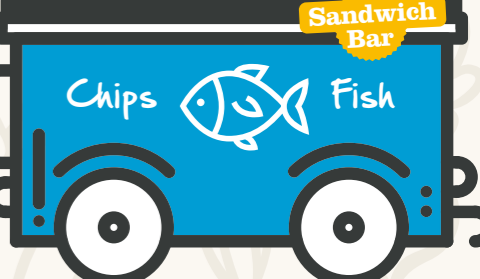
Chip Shop Friday

Battered Fillet of Fish *White Fillet coated in a light Batter or Fish Finger Fillet of Fish Coated in a Crispy Breadcrumbs*

Vegetable & Bean Pasta Bake *Roasted Vegetables, Pasta & Mixed Beans in a Rich Tomato Sauce topped with a Savoury Crumb* V

Chips, Lemon Couscous, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Chocolate Crunch



FUN FOOD FACTS
 The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.

Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.