



V Vegetarian  
 Ve Vegan  
 H Halal

# Week 1



## Sandwich Bar Monday

**Gluten Free Pork Meatballs** *Pork Meatballs served with a Rich Tomato Sauce or Gravy*

**Vegetarian Balls** *Served in a Rich & Tasty Tomato Sauce* **V**

**Pasta Twists, Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse**

## Sandwich Bar Tuesday

**Pizza Bar** *Selection of Topped Pizza with a Deep Crust Base*

**Quorn Parcel** *Diced Quorn & Roast Vegetables encased in Puff Pastry* **V**

**Jacket Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Chocolate Sponge & Custard**



**FUN FOOD FACTS**  
 Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

## Sandwich Bar Wednesday

**Traditional Roast with a Rich & Tasty Gravy** *Farm Assured Sliced Meat*

**Oven Roasted Vegetables** *Served in a Yorkshire Pudding & topped with Mature Cheese* **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Muffin Selection**

## Sandwich Bar Thursday

**Homemade Chicken Dunkers** *Served with a Tomato Sauce*

**Pasta Neapolitan** *Pasta in a Tomato Sauce topped with Cheese* **V**

**Half a Jacket Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Golden Shortbread**

## Sandwich Bar Friday

**Fish Finger** *Fillet of Fish Coated in a Crispy Breadcrumbs or Salmon Fishcake*

**Quorn Dunkers** **V**

**Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Let's Dine Fresh from the Farm Ice Cream**

# Week 2



## Sandwich Bar Monday

**Big Breakfast** *Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg* **V**

**Vegetarian Sausage** **V**

**Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Homemade Bread Selection**

**Muffin Selection**

## Sandwich Bar Tuesday

**Pizza Bar** *Selection of Topped Pizza with a Deep Crust Base*

**Macaroni Cheese** **V**

**Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Fruit Crumble & Custard**

## Sandwich Bar Wednesday

**Traditional Roast with a Rich & Tasty Gravy** *Farm Assured Sliced Meat*

**Quorn & Vegetable Parcel** *Diced Quorn & Roast Vegetables encased in Puff Pastry* **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Jelly with a Swirl of Cream**

## Sandwich Bar

Available daily by pre order

## Sandwich Bar Thursday

**Chicken Curry** *Tender pieces of Farm Assured Chicken in a Chef's Curry Sauce*

**Pasta Neapolitan** *Seasonal Vegetables in a Rich Tomato Sauce with Pasta & topped with Cheese* **V**

**Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Naan Bread**

**Apple Flapjack**

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

## Sandwich Bar Friday

**Fish Finger** *Fillet of Fish Coated in a Crispy Breadcrumbs or Battered Fillet of Fish White Fillet coated in a light Batter*

**Quorn Dunkers** *Tender Quorn pieces in a Light Batter* **V**

**Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Cookie Selection**

**Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.**

# Week 3



## Sandwich Bar Monday

**Pork Sausage with a Rich & Tasty Gravy** *Farm Assured Pork Sausage served with Onion Gravy*

**Vegetarian Sausage** *Served with a Rich & Tasty Gravy* **V**

**Creamed Potato, Seasonal Vegetable Selection, Big Seasonal Salad Selection, Homemade Bread Selection**

**Rice Pudding served with Jam**

## Sandwich Bar Tuesday

**Beef Bolognese** *Farm Assured Minced Beef in Rich Tomato Sauce*

**Vegetarian Bolognese** *Seasonal Vegetables & Mixed Beans in Rich Tomato Sauce* **V Ve**

**Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Swiss Crumble & Custard**

## Sandwich Bar Wednesday

**Traditional Roast with a Rich & Tasty Gravy** *Farm Assured Sliced Meat*

**Oven Roasted Vegetables** *Served in a Yorkshire Pudding & topped with Mature Cheese* **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Fruit Jelly with a Swirl of Cream**

## Sandwich Bar Thursday

**Chicken Dunkers** *Served with either BBQ, Tomato or Sweet & Sour Sauces*

**Quorn Dunkers** **V**

**Boiled Rice or Diced Herby Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Selection**

**Muffin Selection**

## Chip Shop Friday

**Battered Fillet of Fish** *White Fillet coated in a light Batter or Fish Finger Fillet of Fish Coated in a Crispy Breadcrumbs*

**Vegetarian Burger** **V**

**Chips, Lemon Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Let's Dine Fresh from the Farm Ice Cream**

**FUN FOOD FACTS**  
 The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.

