

V Vegetarian
 Ve Vegan
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Week 1



Sandwich Bar Monday

Pizza Bar Selection of Topped Pizzas with a Deep Crust Base

Spicy Mixed Bean Stroganoff Wrap
 Oven Roasted Vegetables & Mixed Beans in a Spicy Sauce V

Pasta Twists, Big Seasonal Salad Selection, Homemade Bread Selection

Marble Sponge & Custard

Sandwich Bar Tuesday

Beef Bolognese Farm Assured Minced Beef cooked in a Rich Tomato based Sauce

Vegetable Chilli Vegetables & Red Beans cooked in a Chef's Chilli Sauce V

Spaghetti, Seasonal Vegetables, Seasonal Salad Selection, Garlic Bread

Let's Dine Fresh from the Farm Ice Cream



FUN FOOD FACTS
 Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

Sandwich Bar Wednesday

Traditional Roast with Rich & Tasty Gravy Farm Assured Sliced Meat

Oven Roasted Vegetables Served in a Yorkshire Pudding with Mixed Beans V

Roast Potatoes, Creamed Potato, Garden Peas, Cabbage, Carrots, Homemade Bread Selection

Iced Lemon Fingers

Sandwich Bar Thursday

Homemade Chicken Dunkers
 Farm Assured Chicken Fillet coated in Breadcrumbs served with BBQ Sauce or Curry Sauce

Macaroni Cheese Macaroni Pasta in a Chef's Cheese Sauce V

Savoury Rice, Baby Jackets, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse

Sandwich Bar Friday

Battered Fillet of Fish White Fillet coated in a light batter or Salmon Fishcake

Roasted Vegetable & Cheese Tart
 Roasted Vegetables & Cheese mixed in an egg base, baked in a Short Crust Pastry V

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection

Rice Pudding with Coulis or Sultanas

Week 2



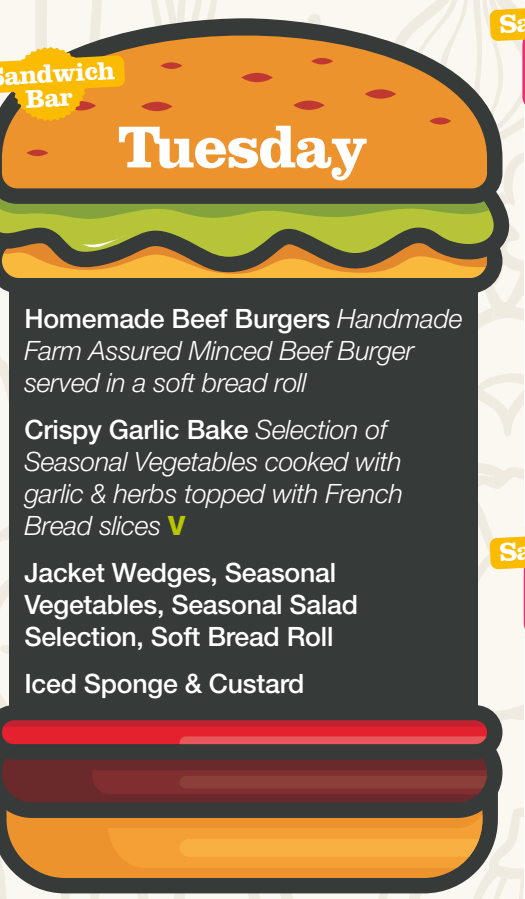
Sandwich Bar Monday

Pork Sausage Farm Assured Pork Sausage served with a Rich & Tasty Gravy

Vegetarian Sausage V or Creamy Pasta Bake V

Creamed Potatoes, Cabbage, Mixed Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Cookie Selection



Sandwich Bar

Available daily by pre order

Sandwich Bar Wednesday

Traditional Roast with Rich & Tasty Gravy Farm Assured Sliced Meat

Quorn & Vegetable Parcel Diced Quorn & Roasted Vegetables encased in Puff Pastry V

Roast Potatoes, Potato & Swede Mash, Fresh Baton Carrots, Broccoli & Cauliflower, Homemade Bread Selection

Danish Pastry or Coconut Cookie

Sandwich Bar Thursday

Chicken Korma Tender pieces of Farm Assured Chicken in a Chef's Curry Sauce

Pasta Neapolitan Pasta & Vegetables in a Rich Tomato Sauce topped with Mature Cheese V

Brown or White Rice, Sweetcorn, Mint Dip, Seasonal Salad Selection, Homemade Bread Selection, Pitta Bread Slice

Cupcake Selection

Sandwich Bar Friday

Fish Finger Fillet of Fish coated in a Crispy Breadcrumb or Battered Fillet of Fish White Fillet coated in a light batter

Homemade Vegetable Croquettes
 Seasonal Vegetables & Creamed Potato coated in breadcrumbs & oven baked V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Cook's Choice of Dessert

Week 3



Sandwich Bar Monday

Big Breakfast Back Bacon, Farm Assured Pork Sausage, Free Range Scrambled Egg V

Cheese Puff Mature Cheese, diced onion and Creamed Potato encased in Puff Pastry V

Hash Browns, Baked Beans, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Homemade Bread Selection

Chocolate Cake & Chocolate Sauce

Sandwich Bar Tuesday

Pizza Bar With a Selection of toppings

Cheese & Tomato V

Jacket Wedges, Couscous, Big Salad Bar, Homemade Bread Selection

Chocolate Crunch or Golden Shortbread

Sandwich Bar Wednesday

Traditional Roast with Rich & Tasty Gravy Farm Assured Sliced Meat

Quorn & Vegetable Stew Diced Quorn Vegetables & cooked in a Tasty Vegetarian Gravy V

Roast Potatoes, Creamed Potatoes, Broccoli & Cauliflower, Garden Peas, Carrots, Homemade Bread Selection

Apple Whirl & Custard

Sandwich Bar Thursday

Gluten Free Meatballs Pork Meatballs served in a Rich Tomato Sauce

Vegetable & Bean Parcel Mixed Beans & Roast Vegetables encased in Puff Pastry V

Baby Roasted Potatoes, Pasta Twists, Seasonal Vegetables, Seasonal Salad Selection, Homemade Chunky Bread

Let's Dine Fresh from the Farm Ice Cream

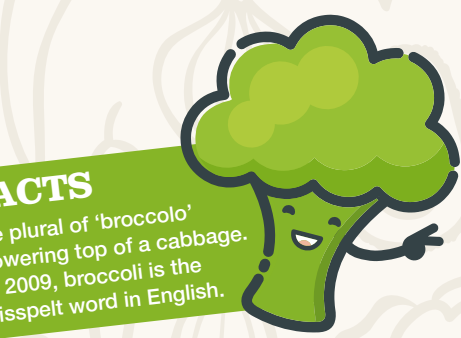
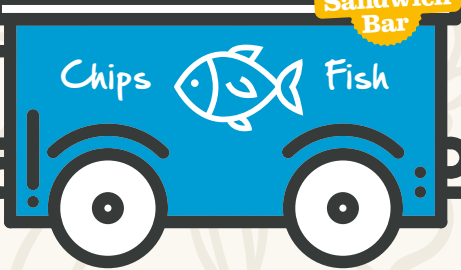
Chip Shop Friday

Battered Fillet of Fish White Fillet coated in a light batter or Fish Finger Fillet of Fish coated in a Crispy Breadcrumb

Savoury Muffin V

Chips, Boiled Potatoes, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Syrup Sponge & Custard



FUN FOOD FACTS
 The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.

Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.