



V Vegetarian  
Ve Vegan  
H Halal

# Week 1



## Monday

**Big Breakfast** Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg **V**

**Vegetarian Sausage** **V**

**Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Homemade Bread Selection**

Let's Dine Fresh from the Farm Ice Cream

## Tuesday

**Cheese, Tomato & Ham Pizza**  
Selection of Topped Pizzas on a Deep Crust Base

**Cheese & Tomato Pizza** On a Deep Crust Base **V**

**Diced Potatoes, Big Seasonal Salad Selection, Potato Salad, Pasta Salad, Homemade Bread Selection**

Fruit Jelly with a Swirl of Cream



## Wednesday

**Traditional Roast with a Rich & Tasty Gravy** Farm Assured Sliced meat

**Oven Roasted Vegetables** Mixed Beans Served in a Yorkshire Pudding **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

Homemade Cookie Selection

## Thursday

**Beef Bolognaise** Fresh Minced Beef cooked in a Rich Tomato based Sauce

**Pasta Neapolitan** Seasonal Vegetables & Pasta Twists in a Rich Tomato Sauce, topped with Cheese **V**

**Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Bar, Homemade Bread Selection**

Iced Sponge & Custard

## Friday

**Battered Fillet of Fish** Fillet of Fish Coated in a Crispy Batter or Salmon Fishcake

**Vegetable Nuggets** **V**

**Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Bar, Homemade Bread Selection**

Muffin Selection

# Week 2



## Monday

**Homemade Beef Burger** Farm Assured handmade Beef Burger served with Onions

**Vegetarian Burger** Served with Onions **V**

**Diced Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Soft Bread Roll**

Homemade Chocolate Crunch

## Tuesday

**Soft Wrap with a Selection of Fillings** to include Tuna Mayonnaise, Ham, Egg Mayonnaise **V**, Cheese **V**

**Jacket Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

Homemade Sponge & Custard

## Wednesday

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced meat

**Vegetable & Bean Parcel** Mixed Beans & Roast Vegetables encased in Puff Pastry **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

Homemade Cookie Selection

## Thursday

**Gluten Free Pork Meatballs** Pork Meatballs served with a Rich Tomato Sauce or Gravy

**Vegetable Pasta Bake** Mixed Beans & Pasta Twists in a Rich Tomato Sauce **V Ve**

**Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

Homemade Fruit Tart & Custard



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

## Friday

**Battered Fillet of Fish** White Fish Fillet coated in a light Batter or Salmon Fishcake

**Cheese Puff** Creamed Potato & Cheddar Cheese encased in Puff Pastry **V**

**Chips or Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

**Chocolate & Vanilla Swirl Mousse** or Strawberry & Vanilla Swirl Mousse

# Week 3



## Monday

**Big Breakfast** Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg **V**

**Vegetarian Sausage** **V**

**Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Homemade Bread Selection**

Homemade Cookie Selection

## Tuesday

**Chicken & Tomato Pasta Bake**  
Oven baked Chicken & Pasta in a Tomato Sauce

**Macaroni Cheese** Macaroni in a Homemade Cheese Sauce topped with Sliced Tomatoes **V**

**Garlic Bread, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Garlic Bread**

Homemade Fruit Sponge & Custard

## Wednesday

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced meat

**Quorn & Vegetable Parcel** Diced Quorn & Roasted Vegetables encased in Puff Pastry **V**

**Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

Let's Dine Fresh from the Farm Ice Cream

## Thursday

**Chicken Curry** Farm Assured tender pieces of Chicken in a Chef's Curry Sauce

**Cheese Puff** Seasonal Vegetables, mixed with Cheese and encased in Puff Pastry **V**

**Boiled Rice, Pasta Twists Seasonal Vegetable Selection, Seasonal Salad Selection, Pitta Bread**

Homemade Lemon Crunch

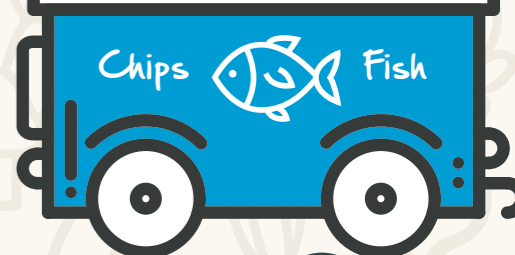
## Chip Shop Friday

**Battered Fillet of Fish** White Fillet coated in a light Batter or Salmon Fishcake

**Quorn & Vegetable Pasta Bake**  
Quorn, Roasted Vegetables & Pasta in a Rich Tomato Sauce **V**

**Chips, Lemon Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection**

Homemade Cupcake Selection



### FUN FOOD FACTS

Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.



### FUN FOOD FACTS

The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.



Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.