

15 DEC	WK 1	14 JUL	WK 3
8 DEC	WK 3	7 JUL	WK 2
1 DEC	WK 2	30 JUN	WK 1
24 NOV	WK 1	23 JUN	WK 3
17 NOV	WK 3	16 JUN	WK 2
10 NOV	WK 2	9 JUN	WK 1
3 NOV	WK 1	2 JUN	WK 3
27 OCT - HALF TERM		16 JUN	WK 2
20 OCT	WK 2	9 JUN	WK 1
13 OCT	WK 1	2 JUN	WK 3
6 OCT	WK 3	16 JUN	WK 2
29 SEPT	WK 2	9 JUN	WK 1
22 SEPT	WK 1	2 JUN	WK 3
15 SEPT	WK 3	16 JUN	WK 2
8 SEPT	WK 2	9 JUN	WK 1
1 SEPT	WK 1	2 JUN	WK 3
Autumn Term 2025		16 JUN	WK 2
5 JAN	WK 1	9 JUN	WK 1
12 JAN	WK 2	2 JUN	WK 3
19 JAN	WK 3	16 JUN	WK 2
26 JAN	WK 1	9 JUN	WK 1
2 FEB	WK 2	2 JUN	WK 3
9 FEB	WK 3	16 JUN	WK 2
16 FEB - HALF TERM		9 JUN	WK 1
23 FEB	WK 2	2 JUN	WK 3
2 MAR	WK 3	16 JUN	WK 2
9 MAR	WK 1	9 JUN	WK 1
16 MAR	WK 2	2 JUN	WK 3
23 MAR	WK 3	16 JUN	WK 2
Spring Term 2026		9 JUN	WK 1

MENU CALENDAR

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less than £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

FREE SCHOOL MEALS DID YOU KNOW?

OUR INGREDIENTS

Where our food comes from

**Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.

**The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

**Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

**Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

**Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

**Meat** - our meat is Red Tractor sourced in the UK.

**Cheese** - produced in Nantwich, Cheshire.

**Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough



OUR MENUS

ST PATRICK'S CATHOLIC PRIMARY SCHOOL

PRIMARY SCHOOL MENU

April 2025



TO



March 2026

Let's Dine

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



Download your copy at www.telford.gov.uk/schoolmeals



V Vegetarian  
Ve Vegan  
H Halal

# WEEK 1

# WEEK 2

# WEEK 3

## Monday

**Big Breakfast** *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

**Vegetarian Sausage, Free Range Scrambled Egg** V

Hash Browns, Baked Beans, Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Vanilla Ice Cream

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Quorn Slice** *served with a Rich and Tasty Gravy* V

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Broccoli, Seasonal Salad Selection, Bread

Shortbread Biscuit

## Monday

**Pork Sausage** *Farm Assured Pork Sausage*

**Vegetarian Sausage** V

Creamed Potato, Carrots, Green Beans, Seasonal Salad Selection, Bread

Vanilla Ice Cream

## Thursday

**Gluten Free Meatballs** *Farm Assured Meatballs served with Rich Tomato Sauce or Rich and Tasty Gravy*

**Vegetarian Balls** V

Pasta Twists, Farmhouse Mixed Vegetables, Seasonal Salad Selection, Bread

Chocolate Brownie

## Monday

**Pizza Bar – Cheese and Tomato Pizza** *Selection of toppings on a Cheese and Tomato Deep Crust Base to include Ham, Pineapple V, Sweetcorn V, Mixed Peppers V*

Potato Wedges, Sweetcorn, Garden Peas, Seasonal Salad Selection, Bread

Golden Shortbread

## Thursday

**Chicken Curry** *Farm Assured Chicken in a Chef's Curry Sauce*

**Quorn Curry** *Quorn pieces in a Chef's Curry Sauce* V

Boiled Rice, Cauliflower, Garden Peas, Seasonal Salad Selection, Bread

Flapjack

## Tuesday

**Beef Bolognaise** *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

**Quorn Bolognaise** V

Pasta Twists, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread

Sponge and Custard

## Thursday

**Chicken Dunkers** *Farm Assured Chicken coated in a Natural Breadcrumb served with BBQ or Tomato Sauce*

**Quorn Dunkers** *served with BBQ or Tomato Sauce* V

Boiled Rice, Green Beans, Sweetcorn, Seasonal Salad Selection, Bread

Fruit Jelly

## Tuesday

**Pizza Bar – Cheese and Tomato Pizza** *Selection of toppings on a Cheese and Tomato Deep Crust Base* V

Potato Wedges, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread

Iced Muffins

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Seasonal Vegetables and Mixed Beans** *Served with a Yorkshire Pudding* V

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Cabbage, Seasonal Salad Selection, Bread

Jam and Coconut Sponge and Custard

## Friday

**Battered Fish** *White fillet of fish coated in a light batter* **or Fishcake**

**Cheese and Potato Puff** *Creamed Potato and Grated Cheese encased in Puff Pastry* V

Chips, Couscous, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Selection of Cookies

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Seasonal Vegetables and Mixed Beans** *served with a Yorkshire Pudding* V

Roast Potatoes, Creamed Potato, Carrots, Broccoli, Green Beans, Seasonal Salad Selection, Bread

Vanilla Ice Cream or Mousse

## Friday

**Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*

**Fishless Fingers** V

Couscous, Chips, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Fruit Muffin Selection



**FUN FOOD FACT**

**FUN FACT**  
Potatoes were the first vegetable to be grown in space.



**WE WORK, WE LOVE, WE LEARN. WE PRAY.  
WE SPREAD THE GOSPEL MESSAGE EVERY DAY**

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday.  
Individual Yoghurts available Tuesday and Thursday. All items subject to availability.



**FUN FOOD FACT**

**FUN FACT**  
A pomegranate can hold up to 1400 seeds.

