

FREE SCHOOL MEALS

Menu calendar

Summer Term 2025		Autumn Term 2025		Spring Term 2026	
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
16 JUN	WK 2	20 OCT	WK 2	23 FEB	WK 2
23 JUN	WK 3	27 OCT - HALF TERM		2 MAR	WK 3
30 JUN	WK 1	3 NOV	WK 1	9 MAR	WK 1
7 JUL	WK 2	10 NOV	WK 2	16 MAR	WK 2
14 JUL	WK 3	17 NOV	WK 3	23 MAR	WK 3
15 DEC		24 NOV	WK 1		
1 DEC					
8 DEC					
WK 1					

www.telford.gov.uk/freeschoolmeals

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made). Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income support
- Income-based Jobseeker's Allowance

- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999

- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit

- and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190

a year (after tax and not including any benefits you get)

All information correct at the time of going to print

OUR MENUS

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

Download your copy at www.telford.gov.uk/schoolmeals




We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.

All of our suppliers ensure full traceability of our Food.

Some of our menu choices

are developed with children through the Ratwell Project.



OUR INGREDIENTS

Where our food comes from

Fresh Fruit, Salads and Vegetables -
selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy
made from wholesome Welsh milk
in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued
support and helping us with
our special event days



Telford & Wrekin
Co-operative Council

**Protect, care and invest
to create a better borough**



SS PETER AND PAUL

CATHOLIC PRIMARY SCHOOL

SCHOOL MENU



Let's Dine

April 2025 to March 2026



V Vegetarian
Ve Vegan
H Halal

WEEK 1



WEEK 2



WEEK 3

MONDAY

Pork Meatballs *Farm Assured Pork Meatballs served with a Rich Tomato Sauce or Chef's BBQ Sauce*

Quorn Ball *served with a Rich Tomato Sauce or Chef's BBQ Sauce* V

Spaghetti, Sweetcorn, Carrots, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse

TUESDAY

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce*

Vegetarian Curry V

Rice, Farmhouse Mixed Vegetables, Seasonal Salad Selection, Bread

Fruit Crumble and Custard

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

WEDNESDAY

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Roasted Vegetables and Mixed Beans *served with a Yorkshire Pudding* V

Roast Potatoes, Creamed Potato, Garden Peas, Broccoli, Cauliflower, Seasonal Salad Selection, Bread

Muffin Selection

THURSDAY

Cheese and Tomato Pizza *with a selection of toppings* V

Potato Smiles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream

FRIDAY

Battered Fish *White fillet of fish coated in a light batter or Fishcake*

Mac 'n' Cheese V

Chips, Couscous, Peas, Baked Beans, Mushy Peas, Seasonal Salad Selection, Bread

Biscuit Selection

MONDAY

Chicken Nuggets *Farm Assured Chicken served with Tomato or BBQ Sauce*

Quorn Dippers V

Potato Smiles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream

TUESDAY

Beef Burger *Farm Assured Minced Beef Burger*

Vegetarian Burgers V

Potato Wedges, Garden Peas, Carrots, Seasonal Salad Selection, Bread

Raspberry Buns

WEDNESDAY

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Cheese Puff *Cheese and Creamed Potato encased in Puff Pastry* V

Roast Potatoes, New Potatoes, Carrots, Broccoli, Cauliflower, Seasonal Salad Selection, Bread

Sponge and Custard

THURSDAY

Beef Chili *Farm Assured Minced Beef in a Chef's Mild Spiced Chili Sauce*

Cheesy Beans V

Rice, Jacket Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Biscuit Selection

FRIDAY

Battered Fish *White fillet of fish coated in a light batter or Fishcake*

Vegetarian Sausage Roll V

Chips, Couscous, Peas, Baked Beans, Mushy Peas, Seasonal Salad Selection, Bread

Fruit Muffin

MONDAY

Hot Dog *Farm Assured Pork Sausage served in a Soft Bread Roll*

Quorn Dogs V

Potato Wedges, Carrots, Garden Peas, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse

TUESDAY

Beef Bolognese Bake *Farm Assured Minced Beef in a Chef's Tomato Sauce and Pasta Twists*

Vegetarian Bake V

New Potatoes, Farmhouse Mixed Vegetables, Seasonal Salad Selection, Bread

Rice Pudding with Jam

WEDNESDAY

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Bread

Biscuit Selection

THURSDAY

Chicken *Farm Assured Chicken served with a Rich Tomato Sauce or a Chef's Sweet and Sour Sauce*

Quorn pieces *served with a Rich Tomato Sauce or a Chef's Sweet and Sour Sauce* V

Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Syrup Sponge and Custard

FRIDAY

Battered Fish *White fillet of fish coated in a light batter or Salmon Fishcake*

Quorn Dippers V

Chips, Couscous, Peas, Baked Beans, Mushy Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream



Fresh Fruit available daily.
Cheese and Crackers available Monday, Wednesday and Friday.
Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

Sandwich Bar

Available daily by pre order



WE LET OUR LIGHT SHINE