

V Vegetarian
 Ve Vegan
 H Halal

Week 1



Monday

Pizza Bar Selection of Topped Pizzas with a Deep & Crisp Base **V**

Diced Potatoes, Seasonal Vegetables, Seasonal Salad Selection, Homemade Bread Selection

Homemade Cookie Selection

Tuesday

Big Breakfast Back Bacon, Pork Sausage, Free Range Scrambled Egg **V**

Vegetable Sausage **V Ve**

Hash Browns, Baked Beans, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Homemade Bread Selection

Apple Crumble & Custard



Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat

Oven Roast Vegetables Served in a Yorkshire Pudding & topped with Mature Cheese **V**

Roast Potatoes, Creamed Potato, Fresh Carrots, Broccoli, Cauliflower, Homemade Bread Selection

Jelly with a Swirl of Cream

Thursday

Red Tractor Beef Bolognese Farm Assured Minced Beef cooked in a Rich Tomato based Sauce

Macaroni Cheese Macaroni Pasta in a Chef's Cheese Sauce **V**

Pasta Twists, Big Seasonal Salad Selection, Homemade Bread Selection

Chocolate Iced Sponge

Friday

Battered Fillet of Fish White Fillet coated in a light batter or **Salmon Fishcake**

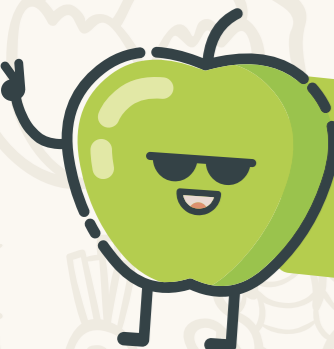
Vegetable Pasta Bake Seasonal Vegetables & Mixed Beans in a Rich Tomato Sauce with Pasta **V Ve**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream

FUN FOOD FACTS

Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.



Week 2



Monday

Chicken Korma Tender pieces of Farm Assured Chicken Breast in a Chef's Curry Sauce

Cheese & Potato Slice Creamed Potato & Mature Cheese encased in Puff Pastry **V**

Boiled Rice, Diced Potatoes, Big Seasonal Salad Selection, Homemade Bread Selection

Jam Tart & Custard

Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat

Oven Roast Vegetables Served in a Yorkshire Pudding & topped with Mature Cheese **V**

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Garden Peas, Homemade Bread Selection

Fruit Cobbler & Custard

Thursday

Pizza Bar Selection of Topped Pizzas with a Deep Crust Base **V**

Diced Potatoes, Big Seasonal Salad Selection, Homemade Bread Selection

Strawberry & Vanilla Swirl Mousse

Friday

Battered Fillet of Fish White Fillet coated in a light batter or **Fish Finger** Fillet of Fish Coated in a Crispy Breadcrumbs

Vegetable Pasta Bake Seasonal Vegetables & Mixed Beans in Rich Tomato Sauce with Pasta **V Ve**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Jelly with a Swirl of Cream



Tuesday

Beef Burgers Handmade Farm Assured Minced Beef Burger

Vegetable Sausage **V Ve**, Free Range Scrambled Egg **V**

Jacket Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Sponge Cake Finger



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.

Week 3



Monday

Pork Sausage Farm Assured Pork Sausage served with Gravy

Vegetable Sausages **V Ve**

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Assorted Cake Selection

Tuesday

Red Tractor Beef Bolognese Farm Assured Fresh Minced Beef cooked in a Rich Tomato based Sauce

Vegetable Bolognese Seasonal Vegetables in a Chef's Bolognese sauce **V Ve**

Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Homemade Cookie Selection

Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat

Oven Roast Vegetables Served in a Yorkshire Pudding & topped with Mature Cheese **V**

Roast Potatoes, Creamed Potato, Carrots, Broccoli, Cauliflower, Homemade Bread Selection

Marble Sponge

Thursday

Beef Burgers Handmade Farm Assured Minced Beef Burger

Cheese & Tomato Pizza Pizzas with a Deep & Crisp Base **V**

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Fruit Salad

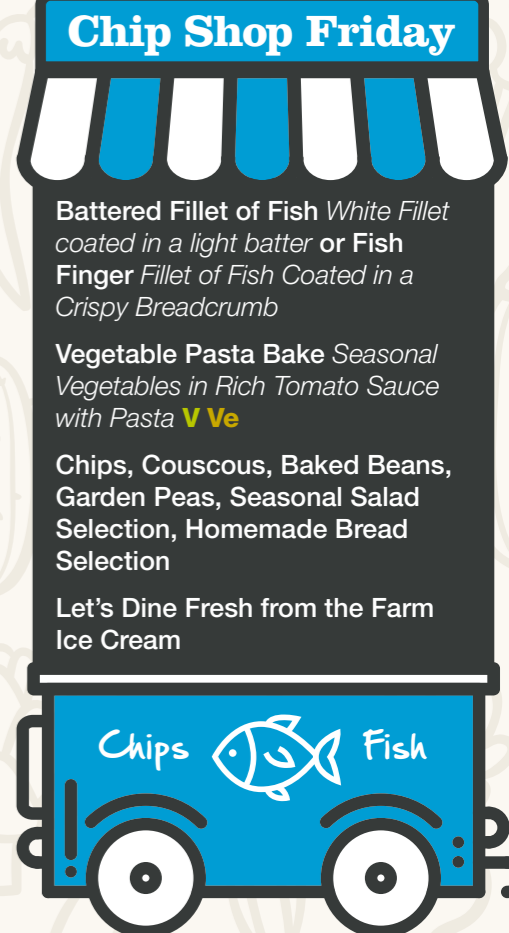
Chip Shop Friday

Battered Fillet of Fish White Fillet coated in a light batter or **Fish Finger** Fillet of Fish Coated in a Crispy Breadcrumbs

Vegetable Pasta Bake Seasonal Vegetables in Rich Tomato Sauce with Pasta **V Ve**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream



FUN FOOD FACTS

The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.

