

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



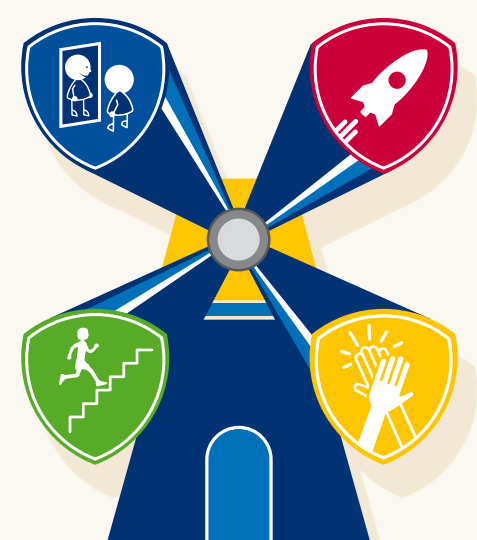
Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough

Let's Dine Primary School Menu

April 2025 to March 2026

Download your copy at www.telford.gov.uk/schoolmeals



DESIGNED by the children for the children

Free School Meals DID YOU KNOW?



Autumn Term 2025	15 DEC	WK 1	Spring Term 2026	5 JAN	WK 1
	8 DEC	WK 3		12 JAN	WK 2
	1 DEC	WK 2		19 JAN	WK 3
	24 NOV	WK 1		26 JAN	WK 1
Summer Term 2025	17 NOV	WK 3	23 MAR	WK 3	
	10 NOV	WK 2	16 MAR	WK 2	
	3 NOV	WK 1	9 MAR	WK 1	
	27 OCT - HALF TERM		2 MAR	WK 3	
	20 OCT	WK 2	23 FEB	WK 2	
	13 OCT	WK 1	16 FEB - HALF TERM		
	6 OCT	WK 3	9 FEB	WK 3	
	29 SEPT	WK 2	2 FEB	WK 2	
	22 SEPT	WK 1	26 JAN	WK 1	
	15 SEPT	WK 3	19 JAN	WK 3	
	8 SEPT	WK 2	12 JAN	WK 2	
	1 SEPT	WK 1	5 JAN	WK 1	

V Vegetarian
Ve Vegan
H Halal

A school where we **IGNITE** something inside children which will grow and flourish

Week 1



Week 2



Week 3



Sandwich Bar

Monday

Chicken Dunkers *Farm Assured Chicken coated in Breadcrumbs*

Quorn Nuggets V

Magic Windows, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Assorted Mousses

Sandwich Bar

Tuesday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce*

Mac 'n' Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Boiled Rice, Squeaky Beans, Sweetcorn, Seasonal Salad Selection, Bread

Flapjack

Sandwich Bar

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Quorn pieces in a Rich and Tasty Gravy V

Mashed Potato, Roast Potatoes, Yorkshire Pudding, Broccoli, Carrot, Garden Peas, Seasonal Salad Selection, Bread

Assorted Muffins

Sandwich Bar

Thursday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns, Mushrooms, Baked Beans, Tomatoes, Seasonal Salad Selection, Bread

Chefs' choice of Dessert

Sandwich Bar

Friday

Battered Fish *White fillet of fish coated in a light batter or Jumbo Fish Finger White fillet of fish coated in breadcrumbs or Fishcake*

Stuffed Jacket Potatoes V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Assorted Shortbread Biscuits

Sandwich Bar

Monday

Pork Sausages *Farm Assured Pork Sausages*

Quorn Sausage V

Mash Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Assorted Shortbread Biscuits

Sandwich Bar

Tuesday

Cheese and Tomato Pizza V

Quorn with a Chef's BBQ Sauce V

Magic Windows, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Jelly

Sandwich Bar

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Quorn fillet with a Rich and Tasty Gravy V

Mash Potato, Roast Potatoes, Yorkshire Pudding, Broccoli, Sweetcorn, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar

Available daily by pre order

Sandwich Bar

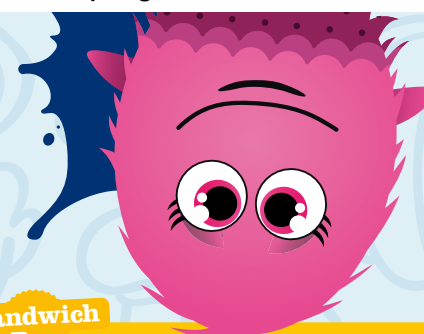
Thursday

BBQ Chicken and Wedges Bake *Farm Assured Chicken with a Chef's BBQ Sauce on a bed of Potato Wedges*

Cheese and Potato Pie *Creamed Potato and Grated Cheese in a Short crust Pastry Case* V

Pasta Twists, Sweetcorn, Roasted Peppers, Big Salad Bar, Bread

Iced Sponge



Sandwich Bar

Friday

Battered Fish *White fillet of fish coated in a light batter or Jumbo Fish Finger White fillet of fish coated in breadcrumbs*

Stuffed Peppers V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chefs' choice of Dessert

Sandwich Bar

Monday

Beef and Tomato Meatballs *served with a Rich Tomato Sauce or Rich and Tasty Gravy*

Quorn Balls V

Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar

Tuesday

Cowboy Pie *Farm Assured Pork Sausage, Baked Beans and Creamed Potato*

Mac 'n' Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Farmhouse Vegetables, Big Salad Bar, Bread

Chocolate Brownie

Sandwich Bar

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Lightly Spiced Quorn Mince *served in a Roasted Pepper* V

Mashed Potato, Roast Potatoes, Broccoli, Carrot, Peas, Seasonal Salad Selection, Bread

Assorted Shortbread Biscuits

Sandwich Bar

Thursday

Sausage Roll

Vegetarian Sausage V

Potato Waffles, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chefs' choice of Dessert

Sandwich Bar

Friday

Windmill Chippy Day – Battered Fish *White fillet of fish coated in a light batter or Pork Sausage Farm Assured Pork Sausage*

Vegetarian Burger V

Chips, Couscous, Curry Sauce, Gravy, Baked Beans, Mushy Peas, Seasonal Salad Selection, Bread

Cookie Selection



FUN FOOD FACTS

Potatoes were the first vegetable to be grown in space and a pomegranate can hold up to 1400 seeds!

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

