



V Vegetarian  
 Ve Vegan  
 H Halal

# Week 1



## Monday

**Pizza Bar** Selection of Topped Pizzas with a Deep Crust Base **V**

Vegetarian option available **V**

Pasta, Baked Beans, Sweetcorn, Big Seasonal Salad Selection, Homemade Bread Selection, Garlic Bread

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

## Tuesday

**Chicken Curry** Tender pieces of Farm Assured Chicken in a Chef's Curry Sauce or **Sweet & Sour Chicken** Tender pieces of Farm Assured Chicken in a Chef's Sweet & Sour Sauce

**Vegetable Curry** Seasonal Vegetables & Mixed Beans in a Chef's Curry Sauce **V**

Mixed Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Naan Bread

Iced Lemon Shortbread



## Wednesday

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced meat

**Oven Roasted Vegetables** Mixed Beans Served in a Yorkshire Pudding **V**

Roast Potatoes, Creamed Potato, Fresh Carrots, Broccoli, Cauliflower, Homemade Bread Selection

Muffin Selection

## Thursday

**Big Breakfast** - Back Bacon, Farm Assured Pork Sausage, Free Range Scrambled Egg **V**

**Vegetarian Sausage** **V**

Hash Browns, Mushrooms, Baked Beans, Plum Tomatoes, Seasonal Salad Selection, Homemade Bread Selection

Pineapple Upside Down Cake & Custard

## Friday

**Battered Fillet of Fish** White Fillet coated in a light batter or **Salmon Fishcake**

**Cheese Puff** Mature Cheese & Creamed Potato encased in Puff Pastry **V**

Chips, Couscous, Sweetcorn, Garden Peas, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream

# Week 2



## Monday

**Beef Bolognese** Farm Assured Minced Beef cooked in a Rich Tomato based Sauce

**Vegetarian Bolognese** Seasonal Vegetables & Mixed Beans in a Chef's Tomato based Sauce **V**

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread

Cookie Selection

## Tuesday

**Homemade Chicken Dunkers** Farm Assured Chicken coated in a Natural Breadcrumb

**Quorn Dunkers** Quorn pieces coated in a light batter & baked **V**

Pasta, Baked Beans, Sweetcorn, Big Seasonal Salad Selection, Homemade Bread Selection

Lemon Sponge & Custard

## Wednesday

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced meat

**Vegetable & Bean Parcel** Roast Vegetables & Mixed Beans encased in Puff Pastry **V**

Roast Potatoes, Creamed Potato, Fresh Carrots, Cauliflower, Garden Peas, Homemade Bread Selection

Fruit topped Cheesecake

### FUN FOOD FACTS

Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

## Thursday

**Wrap Selection** to include Beef Chilli, Chicken, Tuna, Cheese **V**, Spicy Mixed Bean **V**

Sliced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Marble Sponge & Custard



**eatwell**

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

## Friday

**Battered Fillet of Fish** White Fillet coated in a light batter or **Fish Finger** Fillet of Fish coated in a Crispy Breadcrumb

**Vegetable Enchilada** Seasonal Vegetables & Mixed Beans with Chilli wrapped in a floured Tortilla and topped with a Rustic Tomato sauce and Cheese **V**

Chips, Couscous, Baked Bean, Sweetcorn, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Jelly with a Swirl of Cream

# Week 3



## Monday

**Pizza Bar** Selection of Topped Pizzas with a Deep Crust Base **V**

**Jacket Wedges, Big Seasonal Salad Bar, Homemade Bread Selection,**

Chocolate Sponge & Chocolate Sauce

## Tuesday

**Homemade Sausage Rolls** Farm Assured Pork Sausage encased in Puff Pastry

**Vegetarian Bolognese** Seasonal Vegetables & Mixed Beans cooked in a Rich Tomato based Sauce **V**

Diced Potatoes, Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Jam or Lemon Tart & Custard

## Wednesday

**Traditional Roast with Rich & Tasty Gravy** Farm Assured Sliced meat

**Vegetable & Bean Parcel** Roast Vegetables & Mixed Beans encased in Puff Pastry **V**

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Garden Peas, Homemade Bread Selection

Fruit Jelly with a Swirl of Cream

## Thursday

**Chicken Curry** Tender pieces of Farm Assured Chicken in a Chef's Curry Sauce

**Crispy Garlic Bake** Selection of Seasonal Vegetables cooked with garlic & herbs topped with French Bread slices **V**

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Cookie Selection

## Chip Shop Friday

**Battered Fillet of Fish** White Fillet coated in a light batter or **Fish Finger** Fillet of Fish Coated in a Crispy Breadcrumb

**Creamy Cheese Pasta** Chef's homemade Cheese Sauce with Pasta Twists **V**

Chips, Lemon Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Muffin Selection

**Sandwich Bar**

Chips  Fish

### FUN FOOD FACTS

The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.



Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.