



V Vegetarian  
 Ve Vegan  
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# Week 1



Sandwich Bar **Monday**

**Big Breakfast** Farm Assured Pork Sausage, Back Bacon  
**Vegetarian Sausage** V  
 Hash Browns or Potato Waffles, Mushrooms, Baked Beans, Plum Tomatoes, Seasonal Salad Selection, Homemade Bread Selection  
 Rice Pudding & Jam

Sandwich Bar **Tuesday**

**Tortilla Wrap Day** Selection of fillings to include vegetarian option V  
**Macaroni Cheese or Vegetable Pasta Bake** V  
 Pasta, Big Seasonal Salad Selection, Homemade Bread Selection  
 Fruit Crumble & Custard



Sandwich Bar **Wednesday**

**Traditional Roast Day** Farm Assured Sliced Meat with a Rich & Tasty Gravy  
 Oven Roasted Vegetables & Mixed Beans in a Yorkshire Pudding V  
 Roast Potatoes, Creamed Potato, Carrots, Broccoli, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection  
 Iced Bakewell Tart

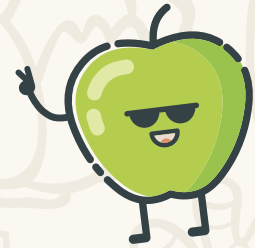
Sandwich Bar **Thursday**

**Beef Bolognaise** Farm Assured Minced Beef cooked in a Rich Tomato based Sauce  
**Pasta Neapolitan** V  
 Spaghetti & Garlic Bread, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection  
 Jam & Coconut Sponge & Custard

Sandwich Bar **Friday**

**Battered Fillet of Fish or Pork Sausage with Gravy or Curry Sauce**  
**Vegetable & Bean Parcel** V  
 Chips, Couscous, Baked Beans, Mushy Peas, Seasonal Salad Selection, Homemade Bread Selection  
 Let's Dine Fresh from the farm Ice Cream

**FUN FOOD FACTS**  
 Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.



# Week 2



Sandwich Bar **Monday**

**Homemade Cheese & Potato Pie** Creamed Potato & Grated Cheese cooked in a Shortcrust Pastry Case topped with Sliced Tomato V  
 Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection  
 Chocolate Crunch & Peppermint Custard

Sandwich Bar **Tuesday**

**Chicken Curry** Farm Assured Chicken in a Chef's Curry Sauce  
**Vegetarian Curry** V  
 Boiled Rice & Naan Bread, Broccoli, Cauliflower, Seasonal Salad Selection, Homemade Bread Selection  
 Fresh Fruit Salad

Sandwich Bar **Wednesday**

**Tortilla Wrap Day** Selection of fillings to include vegetarian option V  
**Vegetable Pasta Bake** V  
 Pasta Salad, Big Seasonal Salad Selection, Homemade Bread Selection  
 Trifle

**Sandwich Bar**  
 Available daily by pre order

Sandwich Bar **Thursday**

**Homemade Chicken Pie with a Rich & Tasty Gravy** Farm Assured diced Chicken topped with Pastry  
 Oven Roasted Vegetables Served in a Yorkshire Pudding & topped with Mature Cheese V  
 Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection  
 Flapjack Selection

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Sandwich Bar **Friday**

**Battered Fillet of Fish or Pork Sausage or Salmon Fishcake** with Gravy or Curry Sauce  
**Vegetable & Bean Parcel** V  
 Chips, Couscous, Mushy Peas, Seasonal Salad Selection, Homemade Bread Selection  
 Let's Dine Fresh from the Farm Ice Cream

# Week 3



Sandwich Bar **Monday**

**Pork Meatballs** Farm Assured Pork Meatballs served with a Rich & Tasty Tomato Sauce  
**Vegetarian Balls** V  
 Spaghetti, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection  
 Iced Sponge & Custard

Sandwich Bar **Tuesday**

**Sliced Roast Chicken with a Rich & Tasty Gravy**  
**Oven Roasted Vegetables** Seasonal Vegetables & Mixed Beans Served in a Yorkshire Pudding V  
 Roast Potatoes, Creamed Potato, Carrots, Broccoli, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection  
 Fruit Crumble & Custard

Sandwich Bar **Wednesday**

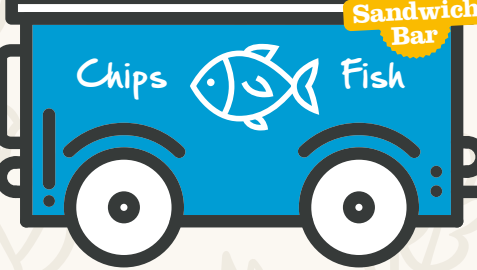
**Pizza Wheels** Various options to choose from, to include Vegetarian option V  
 Sliced Potatoes, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection  
 Cookie Selection

Sandwich Bar **Thursday**

**Hunters Chicken** Farm Assured Chicken in a Chef's BBQ Sauce  
**Cheese Puff** Creamed Potato & Cheese encased in Puff Pastry V  
 Roast Potatoes, Boiled Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection  
 Let's Dine Fresh from the Farm Ice Cream

**Chip Shop Friday**

Battered Fillet of Fish or Jumbo Fish Finger or Pork Sausage with Gravy or Curry Sauce  
 Vegetable & Bean Parcel V  
 Chips, Baked Potato, Mushy Peas, Seasonal Salad Selection, Homemade Bread Selection  
 Fresh Fruit or Cheese & Crackers



**FUN FOOD FACTS**  
 The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.



Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.