

V Vegetarian
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Week 1



Sandwich Bar
Monday

Pizza Bar Selection of Topped Pizza with a Thin Crispy Base - Ham, Pineapple, Sweetcorn V, Mushrooms V, Mixed Roasted Peppers V

Cheese & Tomato Pizza with a Thin Crispy Base V

Jacket Wedges, Seasonal Salad Selection, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream

Sandwich Bar
Tuesday

Pork Sausages Farm Assured Pork Sausages served with a Rich & Tasty Gravy

Vegetarian Sausage served with Gravy V

Creamed Potato, Seasonal Salad Selection, Seasonal Salad Selection, Homemade Bread Selection

Apple Crumble & Custard

Sandwich Bar
Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat

Oven Roasted Vegetables Served in a Yorkshire Pudding & topped with Mature Cheese V

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Homemade Chocolate Shortbread

Sandwich Bar

Available daily by pre order

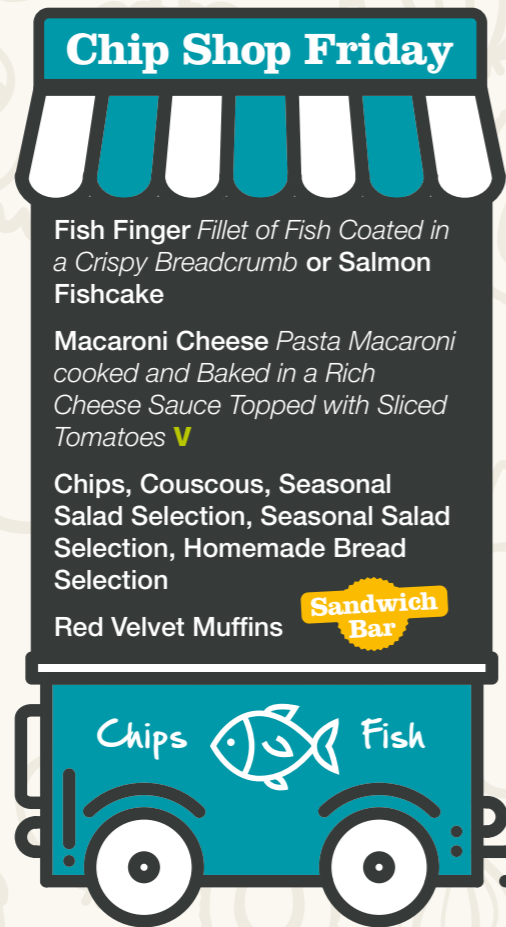
Sandwich Bar
Thursday

Beef Bolognese Farm Assured Minced Beef cooked in a Rich Tomato based Sauce or Lasagne Minced Beef cooked in a Rich Tomato based Sauce, layered with pasta sheets & topped with Mature Cheese Sauce

Vegetarian Bolognese Quorn Mince & Seasonal Vegetables in a Chef's Bolognese Sauce V

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse



Chip Shop Friday
Fish Finger Fillet of Fish Coated in a Crispy Breadcrumbs or Salmon Fishcake

Macaroni Cheese Pasta Macaroni cooked and Baked in a Rich Cheese Sauce Topped with Sliced Tomatoes V

Chips, Couscous, Seasonal Salad Selection, Seasonal Salad Selection, Homemade Bread Selection

Red Velvet Muffins

Sandwich Bar

Week 2



Sandwich Bar
Monday

Gluten Free Pork Meatballs Farm Assured Pork Meatballs served with a Rich Tomato Sauce or Gravy

Vegetarian Balls Vegetable Balls served with a Rich Tomato Sauce or Gravy V

Pasta Twists, Spaghetti, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

Sandwich Bar
Tuesday

Big Breakfast Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg V

Vegetarian Sausage V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Homemade Bread Selection

Homemade Cookie Selection

Sandwich Bar
Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat

Vegetable & Bean Parcel Roast Vegetables, Mixed Beans & Rich & Tasty Gravy encased in Puff Pastry V

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Homemade Iced Sponge & Custard

Sandwich Bar
Thursday

Chicken Curry Tender pieces of Farm Assured Chicken in a Chef's Curry Sauce or Sweet & Sour Chicken Tender pieces of Farm Assured Chicken in a Chef's Sweet & Sour Sauce

Vegetable Curry Sweet Potato & Butternut Squash Pieces in a Chef's Curry Sauce V

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Pitta Bread

Homemade Muffin Selection



Sandwich Bar
Friday

Fish Finger Fillet of Fish Coated in a Crispy Breadcrumbs or Battered Fillet of Fish White Fillet coated in a light Batter

Cheese & Potato Bake Creamed Potato & Mature Cheese topped with Sliced Tomatoes V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Homemade Flapjack

Week 3



Sandwich Bar
Monday

Homemade Beef Burger or Hot Dog Handmade Farm Assured Minced Beef Burger or Pork Sausage In a Soft Roll

Vegetarian Hot Dog In a Soft Roll V

Jacket Wedges, Seasonal Vegetable Selection, Big Seasonal Salad Selection, Soft Bread Roll

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

Sandwich Bar
Tuesday

Homemade Chicken Dunkers Served with a Rich & Tasty Tomato Sauce

Mixed Bean & Roasted Vegetable Pasta Bake Seasonal Vegetables, Pasta & Mixed Beans in a Chef's Tomato Sauce V

Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Fruit topped Cheesecake

FUN FOOD FACTS
 Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.



FUN FOOD FACTS

The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.



Sandwich Bar
Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat

Roasted Vegetable Tart Seasonal Roasted Vegetables in a Short Crust Flan V

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Chocolate Sponge & Custard

Sandwich Bar
Thursday

Cottage Pie Farm Assured Minced Beef in a Tasty Gravy topped with Creamed Potato

Shepherdess Pie Minced Quorn & Vegetables in a Tasty Gravy topped with Creamed Potato V

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Garlic Bread

Devon Spilt with Jam & Cream filling

Sandwich Bar
Friday

Battered Fillet of Fish White Fillet coated in a light Batter or Fish Finger Fillet of Fish Coated in a Crispy Breadcrumbs

Stuffed Jacket Potato topped with Cheese V

Chips, Lemon Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Homemade Cookie Selection

Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.