

V Vegetarian
 Ve Vegan
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Week 1

Sandwich Bar Monday

Homemade Chicken Dunkers *Farm Assured Chicken coated in a Natural Breadcrumb served with Tomato Sauce* or **Fish Finger** *Fillet of Fish coated in a Crispy Breadcrumb*

Vegetable Ravioli V

Potato Waffles or Hash Browns, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Chocolate Sponge and Chocolate Sauce or Fruit Yoghurts

Sandwich Bar Tuesday

Cottage Pie *Farm Assured Minced Beef cooked with Seasonal Vegetables in a Rich & Tasty Gravy topped with Creamed Potato*

Vegetable Stir Fry, Stuffed Jacket Potato *A selection of Seasonal Vegetables & Quorn* V

Trio of Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Flapjack & Milkshake

Sandwich Bar Wednesday

Traditional Roast with a Rich & Tasty Gravy *Farm Assured Sliced meat*

Cheese and Potato Pie *Creamed Potato mixed with Mature Cheese in a shortcrust pastry flan* V

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Homemade Bread Selection

Jelly & Ice Cream & Yoghurts

Sandwich Bar

Available daily by pre order

Sandwich Bar Thursday

Chicken Curry *Tender pieces of Farm Assured Chicken in a Chef's Curry Sauce*

Macaroni Cheese *Pasta in a Creamy Cheese Chef's Sauce* V

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Naan Bread

Cupcake Selection

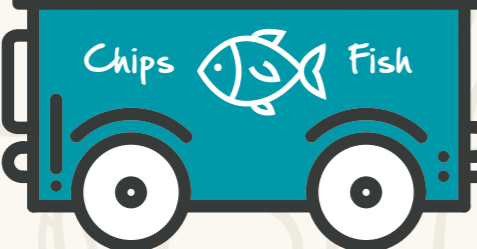
Chip Shop Friday

Pork Sausage *Farm Assured Pork Sausage* or **Battered Fillet of Fish** *White Fillet coated in a light batter*

Vegetable & Bean Pasta Bake *Mixed Bean, Roasted Vegetables & Pasta in a Tomato Sauce* V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Vanilla Shortbread Sandwich Bar



Week 2

Sandwich Bar Monday

Homemade Beef Burgers *Handmade Farm Assured Minced Beef Burger*

Cheese & Tomato Pizza *Pizza with a Deep Crust Base* V

Hash Browns, Baked Beans, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection

Jam Tart and Custard

Sandwich Bar Tuesday

Beef Lasagne *Made with Farm Assured Minced Beef* or **Jumbo Fish Finger** *Fillet of Fish coated in a Crispy Breadcrumb*

Vegetable Ratatouille *Seasonal Vegetable & Mixed Beans* V

Garlic Bread, Potato Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Chocolate Brownie

eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Sandwich Bar Wednesday

Homemade Chicken Dunkers *Farm Assured Chicken coated in a Natural Breadcrumb served with Tomato Sauce*

Vegetable Lasagne *Vegetables & Mixed Beans, layered with Pasta & Cheese Sauce* V

Potato Waffles, Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Baked Rice Pudding with Strawberry Jam

Sandwich Bar Thursday

Homemade Chicken Pie *Farm Assured Chicken & Vegetables topped with Puff Pastry*

Vegetable & Bean Pasta Bake *Roasted Vegetables with Mixed Beans in a Tomato Sauce topped with a Savoury Crumb* V

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Cornflake Syrup Tart with Custard

Sandwich Bar Friday

Pork Sausage *Farm Assured Pork Sausage* or **Battered Fillet of Fish** *White Fillet coated in a light batter*

Vegetable Curry V

Chips, Garlic Bread, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection

Peaches and Ice cream

Week 3

Sandwich Bar Monday

Homemade Chicken Dunkers *Farm Assured Chicken coated in a Natural Breadcrumb served with Tomato Sauce*

Vegetarian Burger V

Potato Waffles, Jacket Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Syrup Sponge and Custard

Sandwich Bar Tuesday

Traditional Roast with a Rich & Tasty Gravy *Farm Assured Sliced meat*

Vegetable Stir Fry, Stuffed Jacket Potato *A selection of Seasonal Vegetables & Quorn* V

Roast Potatoes, Seasonal Vegetable Selection, Homemade Bread Selection

Fruit Jelly with a Swirl of Cream

FUN FOOD FACTS

Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

FUN FOOD FACTS

The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.

Sandwich Bar Wednesday

Beef Bolognese *Farm Assured Fresh Minced Beef cooked in a Rich Tomato based Sauce*

Cheese & Tomato Pizza *with a Deep Crust Base* V

Jacket Wedges, Spaghetti, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread or Garlic Bread

Flapjack

Sandwich Bar Thursday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce*

Pasta Neapolitan *Pasta & Vegetables in a Rich Tomato Sauce topped with Mature Cheese* V

Boiled Rice, Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread or Naan Bread

Fruit upside Down Pudding with Custard

Sandwich Bar Friday

Pork Sausage or Battered Fillet of Fish *White Fillet coated in a light batter*

Vegetable Curry V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Scones with Jam and Butter

Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.