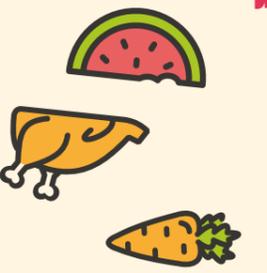


Menu calendar

Summer Term 2026	13 APR	WK 1	13 APR	WK 1
	20 APR	WK 2	20 APR	WK 2
	27 APR	WK 3	27 APR	WK 3
	4 MAY	WK 1	4 MAY	WK 1
	11 MAY	WK 2	11 MAY	WK 2
	18 MAY	WK 3	18 MAY	WK 3
25 MAY - HALF TERM	25 MAY	WK 1	25 MAY	WK 1
	1 JUN	WK 2	1 JUN	WK 2
	8 JUN	WK 3	8 JUN	WK 3
	15 JUN	WK 1	15 JUN	WK 1
	22 JUN	WK 2	22 JUN	WK 2
	29 JUN	WK 3	29 JUN	WK 3
	6 JUL	WK 1	6 JUL	WK 1
	13 JUL	WK 2	13 JUL	WK 2
Autumn Term 2026	14 DEC	WK 1	14 DEC	WK 1
	7 DEC	WK 3	7 DEC	WK 3
	30 NOV	WK 2	30 NOV	WK 2
	23 NOV	WK 1	23 NOV	WK 1
	16 NOV	WK 3	16 NOV	WK 3
	9 NOV	WK 2	9 NOV	WK 2
	2 NOV	WK 1	2 NOV	WK 1
26 OCT - HALF TERM	26 OCT	WK 1	26 OCT	WK 1
	19 OCT	WK 2	19 OCT	WK 2
	12 OCT	WK 1	12 OCT	WK 1
	5 OCT	WK 3	5 OCT	WK 3
	28 SEPT	WK 2	28 SEPT	WK 2
	21 SEPT	WK 1	21 SEPT	WK 1
	14 SEPT	WK 3	14 SEPT	WK 3
	7 SEPT	WK 2	7 SEPT	WK 2
	1 JAN	WK 2	11 JAN	WK 2
	4 JAN	WK 1	18 JAN	WK 3
Spring Term 2027	18 JAN	WK 3	25 JAN	WK 1
	15 FEB - HALF TERM		1 FEB	WK 2
	8 FEB	WK 3	8 FEB	WK 3
	1 MAR	WK 3	1 MAR	WK 3
	8 MAR	WK 1	15 MAR	WK 2
	22 FEB	WK 2	22 MAR	WK 3



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

www.telford.gov.uk/freeschoolmeals

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Our menus



All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals



- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



Telford & Wrekin Co-operative Council
Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2026 TO MARCH 2027



V Vegetarian
 Ve Vegan
 H Halal

Week 1

Week 2

Week 3

Monday

Pork Meatballs *Farm Assured served with Gravy*
Quorn Balls *served with Gravy* V
Creamed Potato, Batton Carrots, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread
Peach and Yoghurt Cake
Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Tuesday

Sweet and Sour Chicken *Farm Assured Diced Chicken in a Chef's Sweet and Sour Sauce*
Vegetarian Curry *Seasonal Vegetables and Mixed Beans in a Chef's Curry Sauce* V
Boiled Rice, Sweetcorn, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread
Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*
Vegetable Crumble *Seasonal Vegetables and Mixed Beans in a Rich and Tasty Gravy with a Crumble topping* V
New Potatoes, Roast Potatoes, Broccoli, Batton Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread
Chocolate and Pear Cake and Custard
Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Thursday

Pasta Neapolitan *Pasta Twists and Seasonal Vegetables in a Tomato Sauce* V
Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V
Green Beans, Cauliflower, Seasonal Salad Selection, Wholemeal Bread and White Bread, Garlic Bread
Banana Cake
Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Friday

Salmon Fish Star *MSC Salmon and Mashed Potato seasoned with a crispy Crumb*
Cheese and Tomato Pasta Bake *Pasta Twists in a Chef's Tomato Sauce topped with Grated Cheese* V
Chips, Creamed Potato, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread
Apple Cake
Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Monday

Beef Bolognese *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*
Vegetarian Bolognese *Seasonal Vegetables and Mixed Beans in a Chef's Rich Tomato Sauce* V
Pasta Twists, Carrots, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread
Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Tuesday

Chicken in a Tomato Sauce *Farm Assured Chicken in a Chef's Tomato Sauce*
Seasonal Vegetables and Mixed Beans *served in a Chef's Tomato Sauce* V
Boiled Rice, Sweetcorn, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread
Lemon and Mandarin Cake
Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*
Vegetable Pie *Seasonal Vegetables and Mixed Beans topped with Puff Pastry* V
Roast Potatoes, New Potatoes, Broccoli, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread
Red Velvet Muffin
Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Thursday

Cottage Pie *Farm Assured Minced Beef in a Rich and Tasty Gravy topped with Creamed Potato*
Shepherdess Pie *Seasonal Vegetables and Mixed Beans topped in a Rich and Tasty Gravy topped with Creamed Potato* V
Sprouts, Cauliflower, Seasonal Salad Selection, Wholemeal Bread and White Bread
Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit



eatwell
 The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fish *White fillet of Fish coated in a Light Batter*
Fishless Fingers V
Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread
Banana Muffin
Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Fresh Fruit available daily. All items subject to availability.

Monday

Mild Beef Chilli *Farm Assured Minced Beef in a Mild Chilli Sauce*
Vegetable Chilli *Seasonal Vegetables and Mixed Beans in a Mild Chilli Sauce* V
Boiled Rice, Garden Peas, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread
Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Tuesday

Chicken Pie *Farm Assured Chicken in a Rich and Tasty Gravy topped with Puff Pastry*
Vegetarian Pie *Quorn Pieces in Rich and Tasty Gravy topped with Puff Pastry* V
New Potatoes, Green Beans, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread
Carrot Cake
Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*
Vegetable Hot Pot *Seasonal Vegetables and Mixed Beans in a Rich and Tasty Gravy topped with Sliced Potato* V
Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread
Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Thursday

Beef Lasagne *Farm Assured Minced Beef Chef's Tomato Sauce layered with Pasta Sheets and a Creamy Sauce topped with Cheese*
Vegetable Lasagne *Vegetables and Beans in a Chef's Tomato Sauce layered with Pasta Sheets and a Creamy Sauce topped with Cheese* V
Cauliflower, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread
Peach Yoghurt Cake and Custard
Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Friday

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs*
Cheesy Potato Bake *Creamed Potato and Cheddar Cheese topped with Sliced Tomato* V
Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread
Banana Muffin
Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

FUN FOOD FACT
Ripe cranberries bounce like rubber balls

FUN FOOD FACT
Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!