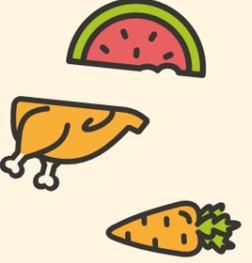


Spring Term 2027		Autumn Term 2026		Summer Term 2026	
22 MAR	WK 3	14 DEC	WK 1	13 APR	WK 1
15 MAR	WK 2	7 DEC	WK 3	20 APR	WK 2
8 MAR	WK 1	30 NOV	WK 2	27 APR	WK 3
1 MAR	WK 3	23 NOV	WK 1	4 MAY	WK 1
22 FEB	WK 2	16 NOV	WK 3	11 MAY	WK 2
15 FEB	WK 1	9 NOV	WK 2	18 MAY	WK 3
8 FEB	WK 3	2 NOV	WK 1	25 MAY	WK 1
1 FEB	WK 2	26 OCT - HALF TERM		1 JUN	WK 2
25 JAN	WK 1	19 OCT	WK 2	8 JUN	WK 3
18 JAN	WK 3	12 OCT	WK 1	15 JUN	WK 1
11 JAN	WK 2	5 OCT	WK 3	22 JUN	WK 2
4 JAN	WK 1	28 SEPT	WK 2	29 JUN	WK 3
		21 SEPT	WK 1	6 JUL	WK 1
		14 SEPT	WK 3	13 JUL	WK 2
		7 SEPT	WK 2		
		1 SEPT	WK 1		

### Menu calendar



## Free School Meals

### Did you know?

**School Meals are FREE** to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need to revert to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

# Our ingredients

## Where our food comes from

**Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.

**The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

**Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

**Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

**Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

**Meat** - our meat is Red Tractor sourced in the UK.

**Cheese** - produced in Nantwich, Cheshire.

**Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

**THANK YOU** to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

# Our menus

## All the good stuff

Download your copy at [www.telford.gov.uk/schoolmeals](http://www.telford.gov.uk/schoolmeals)



- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



Telford & Wrekin Co-operative Council  
Protect, care and invest to create a better borough

# Let's Dine

## Primary School Menu

APRIL 2026 TO MARCH 2027



V Vegetarian  
Ve Vegan  
H Halal

# Week 1

## Monday

**Big Breakfast** *Farm Assured Pork Sausage and Free-Range Scrambled Egg*

**Quorn Sausage, Free Range Scrambled Egg** V

Hash Browns, Baked Beans, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Wholemeal Bread

Iced Sponge

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Tuesday

**Pizza Bar** – Cheese and Tomato or Chicken Pizza with a selection of toppings

**Cheese and Tomato Pizza** V

Potato Wedges, Sweetcorn, Garden Peas, Seasonal Salad Selection, Bread

Chocolate Fudge Cake

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

**Vegetable and Bean Pasta Bake** *Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Tomato Sauce* V

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Cauliflower, Seasonal Salad Selection, Bread

Chocolate Shortbread

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Thursday

**Handmade Breaded Chicken Dunkers** *Farm Assured Chicken coated in Natural Breadcrumbs served with BBQ Sauce*

**Cheese Puff** *Puff Pastry filled with Cheese, Creamed Potato, Mixed Beans and Onion* V

Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Fruit Jelly

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Friday

**Battered Fish** *White fillet of Fish coated in a Light Batter or Salmon Fishcake Stars or Pork Sausage and Curry Sauce*

**Chickpea Macaroni Cheese** *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread

Vanilla Ice Cream

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

# Week 2

## Monday

**Pizza Bar** Cheese and Tomato or Chicken Pizza with a selection of toppings

**Cheese and Tomato Pizza** V

Potato Wedges, Sweetcorn, Green Beans, Seasonal Salad Selection, Bread

Sponge and Custard

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Tuesday

**Mini Chicken Pie** *Farm Assured Chicken Cooked with Vegetables in a Rich and tasty Gravy topped with Pastry*

**Vegetable and Bean Pasta Bake** *Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Tomato Sauce* V

Pasta Twists, Mixed Farmhouse Vegetables, Seasonal Salad Selection, Wholemeal Bread

Shortbread

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Wednesday

**Pork Sausage** *Farm Assured Pork Sausages with Gravy*

**Vegetable Sausage** *Savoury, meat-free Sausage* V

Creamed Potato, Garden Peas, Carrot Batons, Seasonal Salad Selection, Wholemeal Bread

Muffins

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Thursday

**Sweet 'n' Sour Chicken** *Farm Assured Chicken in a Chef's Sweet 'n' Sour Sauce*

**Cheese Puff** *Puff Pastry filled with Cheese, Creamed Potato, Mixed Beans and Onion* V

Spaghetti, Noodles, Sweetcorn, Baby Carrots, Seasonal Salad Selection, Bread

Fruit Jelly

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

## Friday

**Battered Fish** *White fillet of Fish coated in a Light Batter or Salmon Fishcake Stars or Pork Sausage and Curry Sauce*

**Chickpea Macaroni Cheese** *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

# Week 3

## Monday

**Meatballs** *Gluten Free Pork Meatballs served in Gravy or Tomato Sauce*

**Quorn Meatballs** *Gluten Free Quorn Meatballs served in Gravy or Tomato Sauce* V

Spaghetti, Sweetcorn, Green Beans, Seasonal Salad Selection, Wholemeal Bread

Iced Sponge

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Tuesday

**Chicken Pasta Bake** *Farm Assured Chicken, Seasonal Vegetables, Pasta Twists in a Tomato Sauce*

**Cauliflower and Broccoli Bake** *Cauliflower and Broccoli Florets in a Chef's Creamy Sauce* V

Pasta Twist, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Fruit Jelly

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

**Vegetable and Bean Pasta Bake** *Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Tomato Sauce* V

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Carrot Batons, Seasonal Salad Selection, Bread

Flapjack

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Thursday

**Chicken Curry** *Farm Assured Chicken in a Chef's Curry Sauce*

**Cheese Puff** *Puff Pastry filled with Cheese, Creamed Potato, Mixed Beans and Onion* V

Boiled Rice, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread

Vanilla Ice Cream

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

## Friday

**Battered Fish** *White fillet of Fish coated in a Light Batter or Salmon Fishcake Stars or Pork Sausage and Curry Sauce*

**Chickpea Macaroni Cheese** *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chocolate Brownie

**Early Years options:** Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

**FUN FOOD FACT**

Ripe cranberries bounce like rubber balls

**Sandwich Option**  
Packed lunch available

**FUN FOOD FACT**

Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!

● Fresh Fruit available daily. All items subject to availability. ●