

15 JUL	WK 3	16 DEC	WK 1
8 JUL	WK 2	9 DEC	WK 3
1 JUL	WK 1	2 DEC	WK 2
24 JUN	WK 3	25 NOV	WK 1
17 JUN	WK 2	18 NOV	WK 3
10 JUN	WK 1	11 NOV	WK 2
3 JUN	WK 3	4 NOV	WK 1
27 MAY - HALF TERM		28 OCT - HALF TERM	
20 MAY	WK 1	21 OCT	WK 2
13 MAY	WK 3	14 OCT	WK 1
6 MAY	WK 2	7 OCT	WK 3
29 APR	WK 1	30 SEPT	WK 2
22 APR	WK 3	23 SEPT	WK 1
15 APR	WK 2	16 SEPT	WK 3
8 APR	WK 1	9 SEPT	WK 2
Summer Term 2024		2 SEPT	WK 1
13 JAN	WK 2	6 JAN	WK 1
20 JAN	WK 3	Spring Term 2025	
27 JAN	WK 1		
3 FEB	WK 2		
10 FEB	WK 3		
17 FEB - HALF TERM			
24 FEB	WK 2		
3 MAR	WK 3		
10 MAR	WK 1		
17 MAR	WK 2		
24 MAR	WK 3		
31 MAR	WK 1		
7 APR	WK 2		

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue & Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

our menus

All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2024

to

MARCH

2025

V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Pizza with selection of toppings
Cheese and Tomato Pizzas on a Deep
Crust Base with a Cheese Topping

Quorn Fillet with BBQ Sauce V

**Pasta, Sweetcorn, Baton Carrots,
Seasonal Salad Selection, Bread
Selection**

Mousse

Tuesday

Traditional Savoury Sausage Roll
Pork sausage meat encased in Puff
Pastry

Vegetarian Sausage V

**Potato Wedges, Mixed Seasonal
Vegetables, Green Beans, Seasonal
Salad Selection, Bread Selection**

Iced Chocolate Cake with sprinkles

Wednesday

**Traditional Roast with a Rich and
Tasty Gravy** Farm Assured Sliced
Meat

Vegetable Filled Yorkshire Pudding
Roasted vegetables and Beans in a
Gravy sauce in a Yorkshire Pudding
V H

**Roast Potatoes, Creamed
Potatoes, Seasonal Mixed
Vegetables, Seasonal Salad
Selection, Bread Selection**

Flapjack

Thursday

Chicken Goujons Farm
Assured Chicken Strips coated in
Breadcrumbs served with BBQ
Sauce

**Mixed Bean and Vegetable and
Tomato** Seasonal Vegetables and
Tomatoes with a Trio of Beans in
a Tomato Sauce and Pasta twists
baked with Mozzarella cheese V H

**Rice, Green Beans, Sweetcorn,
Seasonal Salad Selection, Bread
Selection**

Muffin Selection

Friday

Battered Fish Fillet of Fish Coated
in a Crispy Batter or Salmon
Fishcake H

Mac and Cheese Bake Macaroni
with A Rich Cheese sauce baked in
the oven V H

**Chips, Baked Beans, Peas,
Seasonal Salad Selection, Bread
Selection**

Shortbread

Week 2

Monday

Meatballs Farm Assured Red Tractor
Pork Meat Balls served in Gravy or
Tomato Sauce

Vegetarian Bites Individual Shaped
Pattie coated in Crispy Breadcrumbs
V H

**Savoury Rice, Green Beans,
Sweetcorn, Seasonal Salad
Selection, Bread Selection**

Mousse

Thursday

Beef Burger in Bap Beef Burger
served in Seeded Bap or Hot Dog
served a torpedo roll

Vegetable Pattie served in a soft
Bap V

**Potato Wedges, Sweetcorn,
Carrots, Seasonal Salad
Selection, Bread Selection**

Chocolate Crunch

Tuesday

Big Breakfast Farm Assured Back
Bacon, Pork Sausage, Free Range
Scrambled Egg

**Vegetarian Sausage, Free Range
Scrambled Egg** V H

**Potato Waffles, Seasonal Mixed
Vegetables, Seasonal Salad
Selection, Bread Selection**

Ice Sponge and Custard



The Eatwell project supports
the Let's Dine ethos by
cooking healthy, simple
ingredients with the children.

Friday

Battered Fillet of Fish White Fillet
coated in a light Batter

Fishless Fingers Quorn Vegan fish
less fingers V H

**Chips, Couscous, Peas, Baked
Beans, Seasonal Salad Selection,
Bread Selection**

Flapjack

Wednesday

**Traditional Roast with a Rich and
Tasty Gravy** Farm Assured Sliced
Meat

Cheese Quiche Shortcrust Pastry
case filled with savoury Cheese filling
V H

**Roast Potatoes, Mashed Potato,
Broccoli, Cauliflower, Carrots,
Seasonal Salad Selection, Bread
Selection**

Jelly and Cream

Week 3

Monday

Big Breakfast Farm Assured Pork
Sausage, Back Bacon, Free Range
Scrambled Egg

**Vegetarian Sausage, Free Range
Scrambled Egg** V H

**Potato Waffles, Tomatoes, Baked
Beans, Seasonal Salad Selection,
Bread Selection**

Ice Cream

Tuesday

Beef Bolognese Farm Assured
Minced Beef cooked in a Rich Italian
Tomato based Sauce

Cheese and Tomato Pizzas on
a Deep Crust Base with a Cheese
Topping V H

**Pasta, Green Beans, Carrots,
Seasonal Salad Selection, Bread
Selection**

Fresh Fruit Salad

Thursday

Chicken Goujons Farm Assured
Chicken Strips coated in
Breadcrumbs served with BBQ or
Sweet and Sour Sauce

Vegetable and Bean Pasta Bake
Roasted Vegetables with Mixed
Beans in a Tomato Sauce topped
with Cheese V H

**Rice, Sweetcorn, Peas, Seasonal
Salad Selection, Bread Selection**

Cheesecake

Friday

Battered Fillet of Fish White Fillet
coated in a light Batter

Quorn Nuggets V

**Chips, Peas, Baked Beans,
Seasonal Salad Selection, Bread
Selection**

Shortbread

Wednesday

**Traditional Roast with Rich and
Tasty Gravy** Farm Assured Sliced
Meat

Cauliflower and Broccoli Bake
Broccoli and Cauliflower baked in a
Cheese Sauce V

**Roast Potatoes, Mashed Potato,
Seasonal Vegetable Selection,
Seasonal Salad Selection, Bread
Selection**

Plain or Chocolate Shortbread

**Lemons float,
but limes sink...
and ripe cranberries
bounce like rubber balls.**

**FUN
FOOD
FACT**

Sandwich Option
Packed lunch available
by preorder

**RHUBARB
GROWS SO
QUICKLY THAT
YOU CAN
HEAR IT.**

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday.
Individual Yoghurts available Tuesday and Thursday. All items subject to availability.