

14 JUL	WK 3	17 NOV	WK 3	15 DEC	WK 1
7 JUL	WK 2	10 NOV	WK 2	8 DEC	WK 3
30 JUN	WK 1	3 NOV	WK 1	1 DEC	WK 2
23 JUN	WK 3	27 OCT - HALF TERM		24 NOV	WK 1
16 JUN	WK 2	20 OCT	WK 2		
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
Summer Term 2025		Autumn Term 2025		Spring Term 2026	

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less than £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2025

TO

MARCH

2026

Our menus



All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals

- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.



- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



V Vegetarian
Ve Vegan
H Halal

Week 1

Week 2

Week 3

Monday

Beef Chili *Farm Assured Minced Beef in a Chef's Mild Chili Sauce*

Cheese and Tomato Pizza V

Boiled Rice, Potato Wedges, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Vanilla Ice Cream or Fruit Jelly

Tuesday

Pork Meatballs *Farm Assured Pork Meatballs served with Rich Tomato Sauce or Rich and Tasty Gravy*

Macaroni Cheese *Macaroni Pasta with a Chef's Creamy Cheese Sauce* V

Spaghetti, Herby Diced Potatoes, Broccoli, Sweetcorn, Seasonal Salad Selection, Bread

Assorted Cupcakes

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Shepherdess Pie *Seasonal Vegetables and Mixed Beans with a Creamed Potato topping* V

Roast Potatoes, Creamed Potato, Cabbage, Cauliflower, Carrots, Seasonal Salad Selection, Bread

Fruit Crumble and Custard

Thursday

Handmade Chicken Dunkers *Farm Assured Chicken coated in Breadcrumbs and served with Curry Sauce or BBQ Sauce*

Quorn Dippers V

Boiled Rice, Baby Potatoes, Green Beans, Carrots, Seasonal Salad Selection, Bread

Flapjack or Fruit Salad

Friday

Battered Fish *White fillet of fish coated in a light batter or Salmon Fishcake*

Vegetable and Bean Parcel *Seasonal Vegetables and Mixed Beans in a Tomato Sauce encased in Puff Pastry* V

Chips, Couscous, Baked Beans, Sweetcorn, Mushy Peas, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse

Monday

BBQ Chicken *Farm Assured Chicken in a Chef's BBQ Sauce*

Cheese and Tomato Pizza V

Pasta, Rice, Sweetcorn, Carrots, Seasonal Salad Selection, Bread

Chocolate Crunch or Fruit Salad

Tuesday

Beef Burger *Farm Assured Minced Beef Burger*

Quorn Burger V

Potato Wedges, Tomato Pasta, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Vanilla Ice Cream or Fruit Jelly

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Sweet Potato and Red Pepper Bake V

Roast Potatoes, Creamed Potato, Carrots, Broccoli, Cabbage, Seasonal Salad Selection, Bread

Iced Sponge and Custard

Thursday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Quorn Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fish *White fillet of fish coated in a light batter or Jumbo Fish Finger* *White fillet of fish coated in breadcrumbs*

Vegetarian Sausage Roll *Vegetarian Sausage encased in Puff Pastry* V

Chips, Couscous, Peas, Sweetcorn, Seasonal Salad Selection, Bread

Fruit Muffins

Sandwich Option
Packed lunch available

Monday

Beef Bolognaise *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Cheese and Tomato Pizza V

Pasta, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse

Tuesday

Hot Dog *Farm Assured Pork Sausage served in a Soft Bread Roll*

Quorn Sausage V

Potato Wedges, Baked Beans, Green Beans, Seasonal Salad Selection, Bread

Red Velvet Cupcakes

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Pasta Neapolitan V

Roast Potatoes, Creamed Potato, Carrots, Garden Peas, Cabbage, Seasonal Salad Selection, Bread

Sticky Toffee Pudding

Thursday

Handmade Chicken Dunkers *Farm Assured Chicken coated in Breadcrumbs and served with Rich Tomato Sauce or BBQ Sauce*

Quorn Dippers V

Pasta, Rice, Broccoli, Carrots, Seasonal Salad Selection, Bread

Biscuit Selection or Fruit Salad

Friday

Battered Fish *White fillet of fish coated in a light batter or Jumbo Fish Finger* *White fillet of fish coated in breadcrumbs*

Cheese Flan V

Chips, Couscous, Sweetcorn, Baked Beans, Seasonal Salad Selection, Bread

Vanilla Ice Cream or Fruit Jelly

FUN FOOD FACT

Potatoes were the first vegetable to be grown in space.

FUN FOOD FACT

A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.