

14 JUL	WK 2	15 DEC	WK 2
7 JUL	WK 1	8 DEC	WK 1
30 JUN	WK 2	1 DEC	WK 2
23 JUN	WK 1	24 NOV	WK 1
16 JUN	WK 2	17 NOV	WK 2
9 JUN	WK 1	10 NOV	WK 1
2 JUN	WK 2	3 NOV	WK 2
26 MAY - HALF TERM		27 OCT - HALF TERM	
19 MAY	WK 2	20 OCT	WK 2
12 MAY	WK 1	13 OCT	WK 1
5 MAY	WK 2	6 OCT	WK 2
28 APR	WK 1	29 SEPT	WK 1
		22 SEPT	WK 2
		15 SEPT	WK 1
		8 SEPT	WK 2
		1 SEPT	WK 1
Summer Term 2025		Autumn Term 2025	
		5 JAN	WK 1
		12 JAN	WK 2
		19 JAN	WK 1
		26 JAN	WK 2
		2 FEB	WK 1
		9 FEB	WK 2
		16 FEB - HALF TERM	
		23 FEB	WK 2
		2 MAR	WK 1
		9 MAR	WK 2
		16 MAR	WK 1
		23 MAR	WK 2
		Spring Term 2026	

## Menu calendar



# Free School Meals

## Did you know?

**School Meals are FREE** to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

# Our ingredients

Where our food comes from

**Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.

**The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

**Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

**We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.**

**Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

**Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

**Meat** - our meat is Red Tractor sourced in the UK.

**Cheese** - produced in Nantwich, Cheshire.

**Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

**THANK YOU** to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

## Let's Dine

# Primary School Menu

APRIL

2025

TO

MARCH

2026

# Our menus



## All the good stuff

Download your copy at [www.telford.gov.uk/schoolmeals](http://www.telford.gov.uk/schoolmeals)

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



V Vegetarian  
Ve Vegan  
H Halal

# Week 1

# Week 2

## Monday

**Gluten Free Meatballs** served with a Sauce  
**Cheese Puff** V  
Spaghetti, Garden Peas, Cauliflower,  
Seasonal Salad Selection, Bread  
Lemon Drizzle Cake

## Tuesday

**Sausage Roll** Farm Assured Sausage meat  
encased in Puff Pastry  
**Spicy Chicken or Cheese Sauce** V served with  
Pasta  
Potato Wedges, Big Seasonal Salad  
Selection, Bread  
Vanilla Ice Cream

## Wednesday

**Traditional Roast of the Day** Farm Assured  
Sliced Meat served with Rich and Tasty Gravy  
and a Mini Yorkshire Pudding  
**Vegetarian Sausage** served with Rich and Tasty  
Gravy and a Mini Yorkshire Pudding V  
Roast Potatoes, Creamed Potato, Carrots,  
Broccoli, Seasonal Salad Selection, Bread  
Chocolate and Orange Sponge

## Thursday

**Build a Burger – Handmade Beef Burger**  
Farm Assured Minced Beef Burger served in a  
Soft Bread Bag  
**Vegetable Pasta Bake** V  
Diced Potatoes, Green Beans, Sweetcorn,  
Seasonal Salad Selection, Bread  
Iced Biscuit

## Friday

**Battered Fish** White fillet of Fish coated in a  
Light Batter  
**Pasta Neapolitan** V  
Chips, Couscous, Baked Beans, Garden  
Peas, Seasonal Salad Selection, Bread  
Jelly or Cook's Cake

## Monday

**Big Breakfast** Pork Sausage, Bacon, Farm  
Assured Pork Sausage, Free Range Scrambled  
Egg  
**Vegetarian Sausage**, Free Range Scrambled  
Egg V  
Hash Brown, Tomatoes, Baked Beans,  
Mushrooms, Seasonal Salad Selection, Bread  
Chocolate and Vanilla Swirl Mousse or  
Strawberry and Vanilla Swirl Mousse

## Tuesday

**Pick and Mix – Cheese and Tomato Pizza**  
V, Ham and Pineapple Pizza or Chicken  
Dunkers  
Pasta, Jacket Wedges, Broccoli, Sweetcorn,  
Seasonal Salad Selection, Bread  
Biscuit

## Wednesday

**Hot Dog**  
**Vegetable Sausage Hot Dog** V  
**Pasta Bake** V  
Diced Potatoes, Seasonal Vegetable  
Selection, Seasonal Salad Selection, Bread  
Fruit Cake and Custard

## Thursday

**Pasta Bar – Beef Bolognese, Tomato and  
Herb or Creamy Cheese Sauce** V  
**Vegetarian Bolognese** V  
Jacket Potato, Pasta, Broccoli, Mixed  
Vegetables, Seasonal Salad Selection, Bread  
Jelly



eatwell

The Eatwell project supports the Let's  
Dine ethos by cooking healthy, simple  
ingredients with the children.

## Friday

**Jumbo Fish Finger or Fishcake** White fillet of  
Fish coated in Breadcrumbs  
**Pasta Neapolitan** V  
Chips, Couscous, Baked Beans, Garden  
Peas, Seasonal Salad Selection, Bread  
Selection of Cakes

**FUN  
FOOD  
FACT**

**Potatoes were the  
first vegetable to  
be grown in space.**

**A POMEGRANATE  
CAN HOLD UP TO  
1400 SEEDS.**

**FUN  
FOOD  
FACT**

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday.  
Individual Yoghurts available Tuesday and Thursday. All items subject to availability.