

14 JUL	WK 3	17 NOV	WK 3	23 MAR	WK 3
7 JUL	WK 2	10 NOV	WK 2	16 MAR	WK 2
30 JUN	WK 1	3 NOV	WK 1	9 MAR	WK 1
23 JUN	WK 3	27 OCT - HALF TERM		2 MAR	WK 3
16 JUN	WK 2	20 OCT	WK 2	23 FEB	WK 2
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
Summer Term 2025		Autumn Term 2025		Spring Term 2026	

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190

- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less than £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2025

TO

MARCH

2026

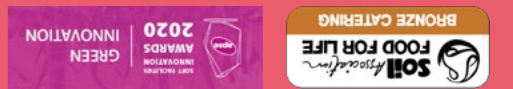
Our menus



All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Hot Dogs *Farm Assured Pork Sausage served in a Soft Bread Roll with Tomato Sauce*

Vegetarian Hot Dog *Vegetarian Sausage served in a Soft Bread Roll with Tomato Sauce V*

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Selection of Iced Cupcakes

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Cheese, Leek and Potato Pie *Creamed Potato, Cheese and Leek in a Shortcrust Pastry Flan V*

Roast Potatoes, Creamed Potato, Broccoli, Baby Carrots, Bread

Shortbread Selection

Tuesday

Pizza Bar – Cheese and Tomato Pizza *with selection of toppings*

Jacket Potato *served with Baked Beans and topped with Grated Cheese V*

Jacket Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Jelly with a Swirl of Cream

Thursday

Gluten Free Pork Meatballs *served with a Rich Tomato Sauce*

Vegetarian Balls *served with a Rich Tomato Sauce V*

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Garlic Bread, Bread

Sponge Cake and Custard

Friday

Battered Fillet of Fish *White Fillet Coated in a Light Batter or Jumbo Fish Finger*

Roasted Vegetables Pasta Bake *Roasted Vegetables and Pasta Twists in a Rich Tomato Sauce and topped with Cheese V*

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Week 2

Monday

Sausages and Creamed Potato with Rich and Tasty Gravy *Farm Assured Pork Sausages served with a Creamed Potato and Rich and Tasty Gravy*

Vegetarian Sausage *served with a Creamed Potato and Rich and Tasty Gravy V*

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Flapjack

Thursday

Chicken Nuggets *Chicken pieces coated in a light batter served with Tomato Sauce*

Quorn Nuggets *Quorn pieces coated in a light batter and baked served with Tomato Sauce V*

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Iced Sponge Cake

Tuesday

Diced Chicken Breast *Farm Assured Chicken served in a Rich Tomato Sauce*

Vegan Diced Meat *served in a Rich Tomato Sauce V*

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Garlic Bread, Bread

Jelly with a Swirl of Cream



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fillet of Fish *white Fillet Coated in a Light Batter or Jumbo Fish Finger*

Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce V*

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Strawberry and Vanilla Swirl Mousse

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy and Yorkshire Pudding*

Roasted Vegetable Pasta Bake *Seasonal Vegetables and Pasta in a Rich Tomato based Sauce and topped with Cheese V*

Roast Potatoes, Creamed Potato, Broccoli, Baby Carrots, Bread

Shortbread Selection

Week 3

Monday

Pasta Bar – a selection of Sauces for Pasta to include Spicy Chicken, Herby Tomato V, Creamy Cheese Sauce V, Baked Beans V, Grated Cheese V

Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Garlic Bread, Bread

Selection of Iced Cupcakes

Thursday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce*

Chickpea, Spinach, Lentil and Cauliflower Curry *Vegetables, Chickpeas and Lentils in a Chef's Curry Sauce V*

White Boiled Rice, Garden Beans, Cauliflower, Seasonal Salad Selection, Pitta Bread

Swiss Crumble and Custard

Tuesday

Big Breakfast *Farm Assured Pork Sausage, Bacon and Scrambled Egg V*

Vegetarian Sausage, Scrambled Egg V

Hash Browns, Button Mushrooms, Baked Beans, Chopped Tomatoes, Seasonal Salad Selection, Bread

Jelly with a Swirl of Cream

Friday

Battered Fillet of Fish *White Fillet Coated in a Light Batter or Jumbo Fish Finger*

Roasted Vegetable Pasta Bake *Roasted Vegetables and Pasta Twists in a Rich Tomato Sauce and topped with Cheese V*

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Cheese, Leek and Potato Pie *Creamed Potato, Cheese and Leek in a Shortcrust Pastry Flan V*

Roast Potatoes, Creamed Potato, Broccoli, Baby Carrots, Bread

Shortbread Selection

FUN FOOD FACT

Potatoes were the first vegetable to be grown in space.

FUN FOOD FACT

A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.