

14 JUL	WK 3	17 NOV	WK 3	15 DEC	WK 1
7 JUL	WK 2	10 NOV	WK 2	8 DEC	WK 3
30 JUN	WK 1	3 NOV	WK 1	1 DEC	WK 2
23 JUN	WK 3	27 OCT - HALF TERM		24 NOV	WK 1
16 JUN	WK 2	20 OCT	WK 2		
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
Summer Term 2025		Autumn Term 2025		Spring Term 2026	

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2025

TO

MARCH

2026

Our menus



All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals

- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.



- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce or Halal diced Chicken in a Chef's Curry Sauce* **H**

Quorn pieces in a Chef's Curry Sauce **V**

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread, Pitta Bread Strips

Iced Sponge

Tuesday

Pork Sausages with a Yorkshire Pudding *and a Rich and Tasty Gravy or Halal Sausage* **H**

Vegetarian Sausage with a Yorkshire Pudding *and a Rich Tasty Gravy* **V**

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate Crunch

Wednesday

Traditional Roast of the Day *Farm Assured Slice Meat with a Rich and Tasty Gravy or Halal Chicken* **H**

Roasted Vegetable Tart **V**

Baby New Potatoes, Roast Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Thursday

Beef Burger *Farm Assured Beef Burger or Halal Chicken Burger* **H**

Vegetarian Burger **V**

Potato Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Fruit topped Cheesecake

Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs or Fishcake* **H**

Tomato Pasta Bake **V**

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Lemon Drizzle Cake

Week 2

Monday

Hotdogs *Farm Assured Pork Sausage or Halal Hotdog* **H**

Vegetarian Hotdogs **V**

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Tiger Sponge and Custard

Tuesday

Beef and Tomato Meatballs *with Sauce or Halal Meatballs with Sauce* **H**

Vegetarian Balls **V**

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate Fudge Cake

Wednesday

Traditional Roast of the Day *Farm Assured Slice Meat with a Rich and Tasty Gravy or Halal Chicken* **H**

Roasted Vegetables and Mixed Beans with a Yorkshire Pudding **V**

Creamed Potato, Roast Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Flapjack

Thursday

Handmade Chicken Dunkers *Farm Assured Chicken or Halal Chicken Dunkers* **H**

Vegetarian Sausage **V**

Savoury Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs* **H**

Quorn Dunkers **V**

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Cooks Choice of Cookies

Week 3

Monday

Ham and Cheese Pizza

Cheese and Tomato Pizza **H V**

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Golden Shortbread

Tuesday

Big Breakfast *Farm Assured Sausage, Bacon, Halal Sausage* **H**

Quorn Sausage **V**

Hash Browns, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Fruit or Plain Jelly

Wednesday

Traditional Roast of the Day *Farm Assured Slice Meat with a Rich and Tasty Gravy or Halal Chicken* **H**

Roasted Vegetables and Mixed Beans with a Yorkshire Pudding **V**

Creamed Potato, Roast Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Victoria Sponge

Thursday

Taco Bar – Chef's Mild Chili or Halal Mild Chili **H**

Vegetarian Curry *Seasonal Vegetables and Mixed Beans in a Chef's Curry Sauce* **V**

Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

Friday

Battered Fish *White fillet of fish coated in a light batter* **H**

Tomato Pasta Bake **V**

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate Brownie

**FUN
FOOD
FACT**

**Potatoes
were the first
vegetable to be
grown in space.**

Sandwich Option
Packed lunch available

**FUN
FOOD
FACT**

**A POMEGRANATE
CAN HOLD UP TO
1400 SEEDS.**

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.