

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough



Let's Dine Primary School Menu

April 2025 to March 2026

Designed
by the
School
Council



Our menus

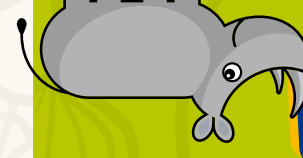
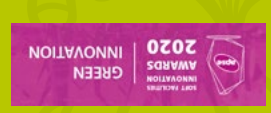
Download your copy at www.telford.gov.uk/schoolmeals



- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, altered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



Our Wallace and Gromit pasta meals raise funds to improve the quality of life of sick children in hospitals and hospices throughout the country.



Free School Meals DID YOU KNOW?

Menu calendar

Summer Term 2025		Autumn Term 2025		Spring Term 2026		
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2	
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3	
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM		
16 JUN	WK 2	20 OCT	WK 2	23 FEB	WK 2	
23 JUN	WK 3	27 OCT - HALF TERM		2 MAR	WK 3	
30 JUN	WK 1	3 NOV	WK 1	9 MAR	WK 1	
7 JUL	WK 2	10 NOV	WK 2	16 MAR	WK 2	
14 JUL	WK 3	17 NOV	WK 3	23 MAR	WK 3	
Summer Term 2026		Autumn Term 2026		Spring Term 2027		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2027		Autumn Term 2027		Spring Term 2028		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2028		Autumn Term 2028		Spring Term 2029		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2029		Autumn Term 2029		Spring Term 2030		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2030		Autumn Term 2030		Spring Term 2031		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2031		Autumn Term 2031		Spring Term 2032		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2032		Autumn Term 2032		Spring Term 2033		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2033		Autumn Term 2033		Spring Term 2034		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2034		Autumn Term 2034		Spring Term 2035		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2035		Autumn Term 2035		Spring Term 2036		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2036		Autumn Term 2036		Spring Term 2037		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2037		Autumn Term 2037		Spring Term 2038		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2038		Autumn Term 2038		Spring Term 2039		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2039		Autumn Term 2039		Spring Term 2040		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2040		Autumn Term 2040		Spring Term 2041		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2041		Autumn Term 2041		Spring Term 2042		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2042		Autumn Term 2042		Spring Term 2043		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2043		Autumn Term 2043		Spring Term 2044		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2044		Autumn Term 2044		Spring Term 2045		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22 SEPT	WK 1	26 JAN	WK 1	
29 SEPT		29 SEPT		29 SEPT		
2 FEB	WK 2	6 OCT	WK 3	2 FEB	WK 2	
16 FEB - HALF TERM		16 FEB - HALF TERM		16 FEB - HALF TERM		
23 FEB	WK 2	27 OCT - HALF TERM	27 OCT - HALF TERM		23 FEB	WK 2
2 MAR	WK 3	3 NOV	WK 1	2 MAR	WK 3	
9 MAR	WK 1	10 NOV	WK 2	9 MAR	WK 1	
16 MAR	WK 2	17 NOV	WK 3	16 MAR	WK 2	
Spring Term 2045		Autumn Term 2045		Spring Term 2046		
5 JAN	WK 1	1 SEPT	WK 1	5 JAN	WK 1	
12 JAN	WK 2	8 SEPT	WK 2	12 JAN	WK 2	
19 JAN	WK 3	15 SEPT	WK 3	19 JAN	WK 3	
26 JAN	WK 1	22				

V Vegetarian
Ve Vegan
H Halal

PLANTING THE SEEDS, GROWING THE FUTURE

Week 1

Week 2

Week 3

Sandwich Bar Monday

Gluten Free Pork Meatballs *Farm Assured Minced Pork with an appropriate Sauce*

Quorn Balls *served with an appropriate Sauce* V

Spaghetti, Boiled Rice, Sweetcorn, Green Beans, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar Tuesday

Big Breakfast *Farm Assured Sausage, Bacon*

Quorn Sausage V

Potato Smiles, Baked Beans, Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Assorted Handmade Muffins

Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Shepherdess Pie V

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Broccoli, Seasonal Salad Selection, Bread

Golden Shortbread

Sandwich Bar Thursday

Chicken Enchiladas *Farm Assured Chicken with a Sauce wrapped in a Floured Wrap topped with Grated Cheese*

Vegetable and Bean Enchiladas V

Jacket Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Ice Cream Roulade

Sandwich Bar Friday

Battered Fish *White fillet of fish coated in a light batter* or **Salmon Fishcake**

Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chocolate Brownie



Sandwich Bar Monday

Cheese and Tomato Pizza V

Quorn Sausage V

Potato Wedges, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Jelly with a Swirl of Cream

Sandwich Bar Tuesday

Chicken Nuggets *served with BBQ or Sweet and Sour Sauce*

Quorn Dunkers *Oven baked Tender Quorn pieces in a Light Batter* V

Pasta, Sweetcorn, Broccoli, Seasonal Salad Selection, Bread

Iced Sponge

Sandwich Bar Wednesday

Gammon and Pineapple *Farm Assured Sliced Gammon*

Cheese and Potato Pie *Grated Cheese and Creamed Potato in a Shortcrust Pastry Flan topped with Sliced Tomato* V

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Broccoli, Seasonal Salad Selection, Bread

Golden Shortbread

Sandwich Bar Thursday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce* or **Beef Chili** *Farm Assured Minced Beef in a Chef's Mild Chili Sauce*

Quorn and Vegetable Curry *Tender Quorn pieces in a Chef's Curry Sauce* V

Boiled Rice, Jacket Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream



Sandwich Bar Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs* or **Salmon Fishcake**

Tomato Pasta Bake *Pasta Twists in a Chef's Tomato Sauce* V

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Cookie Selection

Sandwich Bar Monday

Cheese and Tomato Pizza *with various toppings* V

Potato Waffles, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar Tuesday

Chicken Fillet *Farm Assured Chicken fillet* or **Beef Burger** *Farm Assured Minced Beef*

Quorn Burger V

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Soft Bread Roll

Cook's Choice of Sponge and Custard

Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Quorn and Oven Roasted Vegetables V

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Broccoli, Seasonal Salad Selection, Bread

Golden Shortbread

Sandwich Bar Thursday

Beef Bolognese *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Quorn Bolognese *Quorn Mince in a Chef's Rich Tomato Sauce* V

Pasta, Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Flapjack

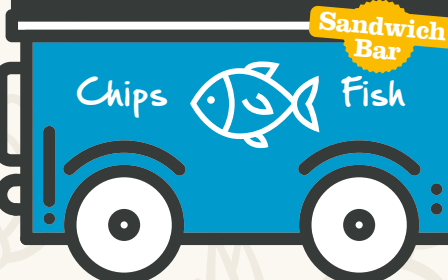
Chip Shop Friday

Battered Fish *White fillet of fish coated in a light batter* or **Pork Sausage** *Farm Assured Pork Sausage*

Cheese Pastie V

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Strawberry Mousse or Chocolate Mousse



Sandwich Bar

Available daily by preorder

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.