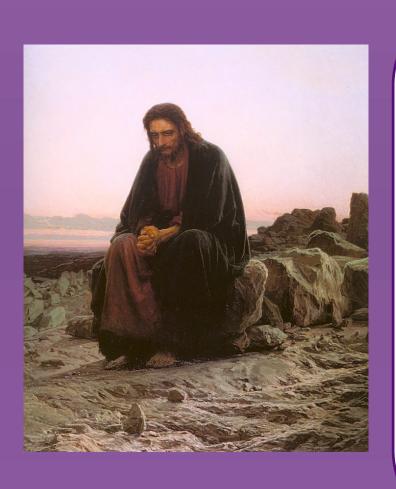
## Lent

## Facts about Lent



- Lent lasts for 40 days.
- Lent begins on Ash
  Wednesday
- At this time, our days get longer and it is the start of Spring Time.

## Why does Lent last 40 days?



- First we look at the story 'Jesus goes into the Wilderness'
- Jesus went to the desert for 40 days and nights. He didn't have any food or water.
- The devil came and tried to make Jesus eat and drink.
- He made Jesus lots of promises but Jesus said NO!

## Try something new this Lent?

- This Lent try and go on something for Lent! Something that will help others!
- Today each person will choose one thing that they will do to help others over Lent and place it on our Lenten Tree.



What can we do during Lent?

• Lent is a time when we can make a Sacrifice to remember when Jesus was in the desert with nothing to eat or anything to drink.

• If you were to give something up this lent what would it be?

